



LIJOMOL MATHEW

REGISTERED NURSE

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E Lijomol91@gmail.com

A Muweileh , Sharjah

W DHA LICENSED

OBJECTIVES

Dedicated and compassionate registered nurse with more than 10 years of experience in providing high quality patient care. Skilled in assessing and monitoring patients, administering medications and collaborating with healthcare teams to deliver comprehensive treatment plans. Strong Knowledge of medical procedure, protocols and documentation requirements. Excellent interpersonal and communication skills, fostering relationships with patients, families and colleagues. Committed to upholding patient safety, promoting health education and advocating for the well being of individuals under care.

EXPERIENCES

15h July 2024 – Up to Present

Registered Nurse – Dental Department

Medcare Hospitals and Medical Centers ,Mirdiff City Center Branch
Dubai, UAE

30th Sept 2022 – 30th May 2024

Registered Nurse – Dental Department

Holistic Dental Center
Abu Dhabi, UAE

01st July 2019-1st July 2022

Registered Nurse – Medical Outpatient Department

New Sadd Mareeb Medical Center
Abu Dhabi, UAE

31st January 2018-5th June 2019

Registered Nurse – Medical Outpatient Department

Apollo Medical Center
Abu Dhabi, UAE

3rd May 2014 – 30th December 2016

Registered Nurse – Medical-Surgical Ward

ACPM Medical Collage
Dhule, Mumbai, India

EDUCATION

University of Health Sciences

SY : 2009-2013

Nashik, Mumbai, India

Bachelor of Science in Nursing

PROFESSIONAL LICENSE

- **DHA REGISTERED NURSE LICENSURE**

DHA LICENSE NO: 07004459-001

ISSUE DATE: 08-07-2024

EXPIRY DATE : 08-07-2025

- **BLS CERTIFIED**

ISSUE DATE : 13-08-2023

EXPIRY DATE : 08/2025

- **UAE DRIVERS LICENSE LICENSE ID: 2701809**

ISSUE DATE : 25-08-2021

EXPIRY DATE : 02-10-2028

EXPERTISE

- ECG MACHINE
- GLUCOMETER
- NEBULIZER
- INFECTION CONTROL
- TRACTION & SPLINTS
- MAJOR & MINOR SURGICAL INSTRUMENTS
- BLOOD TRANSFUSION
- SPIROMETRY
- DENTAL XRAY
(PANORAMIC XRAY, CBCT XRAY, CEPHALOMETRIC XRAY)

DENTAL KEY RESPONSIBILITIES :

- Provide chair-side assistance to dentists and/or dental hygienists in the performance of dental procedures, to include operative, preventive, periodontal, endodontic, prosthetic, and/or oral surgical procedures.
- Prepare, sterilize, organize, and set up dental equipment. Ensure that all dental instruments are cleaned, dated, and processed according to established clinic guidelines and standards.
- Monitor and maintain dental equipment, system, radiographic developing equipment, sterilizer, and light curing units, in accordance with manufacturers' guidelines.
- Develop and process dental radiograph in accordance with guidelines, assists in the monitoring and maintenance of radiation safety procedures and protocols.
- Follow and maintain all relevant UAE regulations, guidelines, policies, and standards for the provision of dental clinical services.
- Apply effective communication techniques with a variety of patients and provide patients with preventative and oral hygiene instruction.
- Demonstrate knowledge and practice of Prevention and management of dental medical emergencies.
- Assist with basic restorative, periodontal, endodontic and surgical extraction procedures using the concept of four handed dentistry.
- Maintain a field of operation during dental procedures through the use of retraction, suction, irrigation, drying, placing and removing of cotton wool balls etc.
- Prepare dental materials, cements, composite, and impression materials.

MEDICAL RESPONSIBILITIES :

- Assessing, Planning, implementing and evaluating nursing process
- Administering medication and evaluating medication response
- Rendering evidence based care according to patient assessment
- Administering blood and blood products
- Pre-operative and Post-Operative care
- Work directly under the physician to evaluate patient symptoms, develop treatment plans and monitoring patient response.
- Providing immediate medical and surgical care to the patient.
- Preparing patients for procedures like X-ray, CT scan, ECG, ECHO, abdominal surgeries, gynaecological surgeries.
- Administration of enema, bowel wash, bladder wash and suppositories.
- Keeping records and maintaining all inventories during each shift
- Care of patient with fluid replacement therapy.

PERSONAL DETAILS

DOB : 08-11-1991

Nationality : Indian

Marital Status : Married

Religion : Christian

Visa Status : Employment Visa

Passport Details : N7899919

LANGUAGES

- ENGLISH
- MALAYALAM
- HINDI