

# ATHIRA BABU

## Operation Theatre Nurse — Registered Nurse (BSc Nursing)

DHA ID: 57718749 (Valid till 18 Dec 2026)  
+971 543375889 — 03athirababu2002@gmail.com — Dubai, UAE



### PROFESSIONAL SUMMARY

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Dedicated and compassionate **Operation Theatre Nurse** with professional experience in perioperative nursing, patient assessment, and clinical care. Skilled in **preoperative and postoperative care, infection control, emergency response, and surgical assistance**. Certified in **BLS and ACLS**. Experienced in handling critical patients and operating advanced medical equipment. Committed to delivering high-quality patient-centered care while ensuring safety, accuracy, and compliance with healthcare standards.

### CORE COMPETENCIES

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- Operation Theatre Nursing & Surgical Assistance
- Patient Assessment & Care Planning
- Preoperative and Postoperative Nursing Care
- Infection Control & Sterilization Protocols
- Emergency Response (CPR, ACLS, BLS)
- Medication Administration & IV Therapy
- Clinical Documentation & Reporting
- Team Collaboration & Communication
- Medical Equipment Handling
- Patient Safety & Quality Assurance

### PROFESSIONAL EXPERIENCE

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#### **Voluntary Staff Nurse – Operation Theatre**

*Jul 2025 – Present*

*Taluk Head Quarters Hospital, Vaikom, Kottayam, Kerala*

- Provided perioperative nursing care including patient preparation, intraoperative assistance, and postoperative monitoring.
- Assisted surgeons and anesthetists during general, orthopedic, neurological, gynecological, and laparoscopic surgeries.
- Monitored vital signs and ensured patient safety during surgical procedures.
- Maintained accurate nursing documentation and patient records.
- Ensured strict compliance with infection control and sterilization standards.
- Operated and monitored medical equipment such as cardiac monitors, ventilators, defibrillators, and infusion pumps.
- Identified and communicated patient condition changes to medical teams promptly.

### PROFESSIONAL QUALIFICATION

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#### **Bachelor of Science in Nursing (BSc Nursing)**

BCF College of Nursing, Chemmanakary, Vaikom, Kottayam  
Kerala University of Health Sciences (Thrissur)

## REGISTRATION

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Registered Nurse – Kerala Nursing Council  
Registration No: KL03202501950 (23-05-2025)

## SPECIAL TRAINING

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- Basic Life Support (BLS)
- Advanced Cardiac Life Support (ACLS)

## MEDICAL EQUIPMENT HANDLED

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- Infusion Pumps, ECG Machine, Cardiac Monitor, Defibrillator
- Ventilators, Nebulizers, Pulse Oximeter, Oxygen Flow Meter
- CPR Trolley, Incubators, Warmers, Phototherapy Unit
- Portable X-Ray Machine, Laryngoscope, Ambu Bag
- Suction Apparatus, ABG Machine, Syringe Destroyer

## CLINICAL PROCEDURES

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- IV Cannulation, Injection Administration (IM, IV, SC)
- Catheterization, Ryle's Tube Insertion, Jejunostomy Feeding
- Suture Removal and Wound Care
- CPR and Emergency Care
- Blood Transfusion and Exchange
- Assisting in Intubation, Central Line Cannulation, Tracheostomy
- Preoperative and Postoperative Patient Care

## LANGUAGES

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English, Malayalam

## PERSONAL DETAILS

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Date of Birth: 03 March 2002

Gender: Female

Marital Status: Single

Nationality: Indian

Passport No: AB666920

## DECLARATION

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I hereby declare that the above information is true and correct to the best of my knowledge and belief.

**Signature:** Athira Babu