



SUMITHA S

Registered Nurse (RN)

UAE MOH Licensed

BLS & ACLS



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sumithas992@gmail.com



Al Qasimia, Sharjah-UAE

About

Experienced and compassionate Registered Nurse with 5 years of hands-on expertise in the Medical Intensive Care Unit (MICU) and Orthopedic Ward. Adept at managing critical and post-operative patients with precision and empathy in fast-paced, high-pressure environments. Holds current ACLS and BLS certifications, demonstrating a strong commitment to patient safety and evidence-based care. Known for excellent clinical judgment, effective communication, and a collaborative approach to multidisciplinary teamwork.

Education

PB BSc Nursing

St. Joseph's College Of Nursing,
Kothamangalam, Kerala
2015 - 2017

General Nursing & Midwifery

Mar Baselios Medical Mission
Hospital, Kothamangalam, Kerala
2010 - 2014

Higher Secondary Education

St. Augustine's Girls HSS,
Kothamangalam, Kerala
2008 - 2010

Language

• English



• Hindi



• Tamil



• Malayalam



Experience

Registered Nurse

Medical Intensive Care Unit (MICU) and Orthopedic Ward

2018 - 2024

St. Joseph Hospital, Ernakulam, Kerala

- Delivered comprehensive nursing care to critically ill patients in the MICU, including ventilator management, hemodynamic monitoring, and administration of high-risk medications.
- Provided specialized post-operative care to orthopedic patients, including pain management, mobility assistance, and wound care.
- Monitored vital signs and clinical indicators to quickly detect changes in patient condition and initiate timely interventions.
- Collaborated with physicians, physiotherapists, and other healthcare professionals to implement individualized care plans.
- Educated patients and families on treatment plans, post-discharge care, and rehabilitation strategies to ensure optimal recovery.
- Maintained accurate documentation of assessments, interventions, and outcomes in electronic health records.
- Ensured compliance with infection control standards and hospital protocols to maintain a safe patient care environment.
- Supported emergency response efforts including code blue and rapid response situations, utilizing ACLS protocols.
- Supervised and mentored junior nursing staff and nursing students, fostering professional development and adherence to best practices.
- Participated in continuous quality improvement initiatives to enhance patient outcomes and nursing efficiency.

Professional Certifications

- UAE MOH - License No: 334303
- BLS Provider - 2027 March
- ACLS Provider - 2027 March
- Kerala Nurses & Midwifery Council (Reg No: KL01201402640)

Skills

- Critical Care Nursing
- Post-Operative Patient Care
- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS)
- Patient Assessment & Monitoring
- Medication Administration & IV Therapy
- Ventilator & Life Support Equipment Management
- Wound Care & Pain Management
- Infection Control & Safety Compliance
- Electronic Health Records (EHR) Documentation
- Multidisciplinary Team Collaboration
- Patient & Family Education
- Emergency Response & Code Management
- Time Management & Prioritization
- Compassionate and Culturally Competent Care

Personal Information

Nationality

Indian

Visa Status

Husband Visa

Passport Number

C3531984

Date Of Birth

01-07-1992

Marital Status

Married

References

References provided upon request