

Mrs. Shambhavi Prasad Joshi

Clinical Dietitian, RD, DOH, DHA (Valid Licence)

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PROFESSIONAL SNAPSHOT:

- An Experienced **Clinical Dietitian, DOH Licensed**. More than 15+ years of work experience in UAE & India facilitating hospitalized patients to cope with their chronic medical conditions through successful nutrition care management. Has outstanding skills in educating patients & their families for adequate nutrition care.
- Result oriented Dietitian with substantial experience in clinical setting, committed to use evidence-based practice to improve patients' health effectively by providing adequate & accurate nutrition by following appropriate nutrition care process.
- Strong communicator with outstanding active listening skills.
- Demonstrated success in collaborating with clinicians & interdisciplinary teams for optimizing patient care plans.
- Thrives in challenging, fast-paced settings when managing multiple tasks and working with various patients.
- A Driven Health Professional committed to improving the Health and Wellbeing of all the patients at their respective level of readiness.

SKILLS:

- Interest in working in care base setting. Has caring & compassionate approach towards patients for adequate patient care
- Knowledge of proper Nutrition care process.
- Evidence based Nutrition Education, dietary advice for patient/clients regarding therapeutic restrictions, confident in providing customized diet modifications to optimize the patient's centered care.
- Skilled in handling patients in Weight Management, Diabetes Management, Critical care Nutrition, Renal care & Oncology Care Nutrition. Has ability to explain complex ideas by simplifying & excellent interpersonal skills to develop relationship with patients/caregivers.
- Team working skills to work effectively with multidisciplinary health care teams of hospitals for optimum patient care
- Skilled in Menu Development & implementing hospital diets & designing choice menus for hospital setups.
- Strong Communication skills - Effective verbal & written communication.
- Time management skills, has adequate ability to prioritize work & manage caseload
- Nutritional software proficiency with adequate IT skills for documenting patients' records and access patient records.

WORK EXPERIENCE:

United Arab Emirates (UAE)



Sept 24 till Date



Jan 24 to Aug 24



July 2021

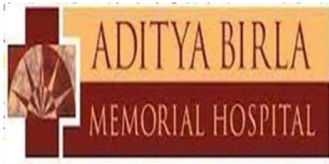


Oct 18 to Oct 20



July 16 to Aug-18

India



July 2010 – October 2015



April 2007 – April 2010

- **SEHA Clinics (Ambulatory Healthcare Services):** Clinical Dietitian from September 2024 till Date
- **Summerland Medical Centre L.L.C , ABU DHABI:** Clinical Dietitian from Januray2024 -July 2024.
- **Gentle-Max laser & Cosmetic Clinic, DUBAI:** Clinical Dietitian from June 2023 till December 2023.
- **Fakeeh University Hospital, DUBAI:** Clinical Dietitian July 2021- August 2021.
- **Zulekha Hospital, DUBAI:** Clinical Dietitian October 2018 - October 2020.
- **International Modern Hospital, DUBAI:** Clinical Dietitian and Dietary Department In charge from July 2016 till Aug 2018.
- **Aditya Birla Memorial Hospital, INDIA:** Senior Clinical Dietitian from August 2010 - September 2015.
- **Ruby Hall Clinic, INDIA:** Junior Clinical Dietitian April 2007 – July 2010

ROLES & RESPONSIBILITY:

- Presently Handling Outpatient clinic at Seha Clinics. Conducting Dietary Assessment, Intervention & Education for patients with all chronic medical conditions & lifestyle diseases. Conducting Educational Awareness program for community regarding healthy lifestyle & wellbeing.
- Undertook Comprehensive Nutrition Care Management for wide range of patients with complex conditions for therapeutic modifications. Devise, Monitor, Review, and Improve Nutritional Care Plans for patients specifically in Weight Management Clinics. Collaborated with physicians & core team regularly for formulating individualized nutrition intervention in Antenatal Clinics and Pediatric Clinics for improving health status.
- Undertook comprehensive Assessment for patients at Diabetes, Cardiac & Surgical Clinics, Oncology & Dialysis Units patients, intervened and implemented adequate nutritional care plan. supporting patients with improvised healthier outcomes.
- Educated and advised patients with diet – related disorders in practical ways in which they can improve their health by supporting them to make appropriate healthier lifestyle and food choices.

- Worked with Multidisciplinary teams of hospitals to ensure adequate patient centered care provided for all patient for a healthier outcome. Liaise with other hospital staff to ensure the smooth transition of dietary support to all the patients till their discharge.
- Worked on Critical Care Nutrition for ICU patients, revived laboratory reports, and then formulated individualized nutrition plans based on specific needs.
- Worked in liaison with the F&B department for planning and implementing hospital diets, choice menu for patients and healthy diets for staff cafeteria, supervision of overall hospital food safety and hygiene by following Local Municipality Protocol.
- Delivered Group sessions to other healthcare professionals' patient Groups to promote health and wellbeing by informing them about Importance of Diet and nutrition. Conducted Nutrition awareness programs for public & health care professionals.
- Active Team member for JCI recertification Audit
- Maintained all Assessments and Interventions reports, case notes for department. Looked after administrative work of the department. Preparation of Informational packs, Flyers and Discharge Diets for patients.
- Coordinated Internship programs for Trainee Dietitians.

EDUCATIONAL QUALIFICATION & CERTIFICATION:

- Have a Certified Active **DOH, DHA license**
- A Registered Dietitian from Indian Dietetics Association.
- Master's in Clinical Nutrition & Dietetics from S.N.D.T Women's University, India.
- Member of Indian Dietetic Association.
- Certified Diabetes Educator from International Diabetes Federation
- Certification in Nutrition focused on physical Assessment.
- ECNS certification in renal disease & Critical Care Nutrition.
- BLS Certification from American Heart Association

PERSONAL DETAILS:

Name	Mrs. Shambhavi Prasad Joshi
Address	Al Hilal Tower, E6, Hamdan street, Abu Dhabi
Birth Date	24 th April 1985.
Gender	Female
Marital status	Married
Languages	English, Hindi, Marathi, Kannada, Arabic
Passport Number	V2877717
UAE Driving License	Yes
DHA License No	00161612
DOH license No	GT33288