

VINISHA NAIR

Registered Nurse (MOH & DHA eligible)

Compassionate RN with 6+ years' experience in outpatient care, cardiology, NICU, emergency, pediatrics, and dermatology. Expertise in clinical procedures, medication administration, and patient education. Deliver safe, evidence-based care with a focus on positive patient outcomes. DHA and MOH eligible.



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Butina, Sharjah, UAE

EXPERIENCE

Registered Nurse- Healthhub by AI Futtaim, Dubai, UAE. May 2023 - Apr 2025

- Utilized critical thinking skills to prioritize nursing interventions based on patient's acuity levels and individual needs.
- Prevented the spread of infections by consistently adhering to strict infection control protocols and educating patients on proper hygiene practices.
- Administered medications safely according to established guidelines while closely monitoring for side effects or adverse reactions requiring intervention.
- Assisting cardiologists by providing direct support to patients facing acute or chronic heart conditions in outpatient setting.
- Assisting in performing cardiac diagnostic tests like ECGs, 2D Echo, Ambulatory BP monitoring, ECG Holter and Cardiovascular stress tests.
- Administered vaccinations to both adult and pediatric patients, ensuring adherence to safety protocols and providing education on vaccine benefits and potential side effects. Following the HASANA portal to efficiently manage and track immunization records, ensuring compliance with health regulations and enhancing patient care.
- Assisting Dermatologists in Procedures like Skin biopsy, Cryotherapy, Platelet-rich plasma (PRP) Injections. Improved patient outcomes by implementing evidence-based nursing interventions and individualized care plans.
- Enhanced patient satisfaction by providing compassionate, holistic nursing care that addressed physical, emotional, and spiritual needs.
- Documented treatments delivered, medications and IVs administered, discharge instructions, and follow-up care.
- Monitored patient reactions after administering medications and IV therapies. Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Participated in evidence-based practice project implementation, nursing competency development and nursing simulation activities.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.
- Performed triage on incoming patients and determined severity of injuries and illnesses.
- Worked with healthcare team to develop new treatment flow sheet and other log forms, improving clinical documentation and accountability.

SKILLS

Professional

- Knowledgeable in Medical Terminology and Procedures
- Documentation
- Vitals monitoring
- Medication and IV administration
- Infection control measures
- Patient quality care
- Patient education and counseling

Personal

- Patient Advocacy
- Honesty and Integrity
- Teamwork Skills
- Strong Interpersonal Communication Skills

ACHIEVEMENTS

- **DAISY Award Nominee (Jan 2025):** Recognized with the DAISY Award Nomination for exceptional nursing care, compassion, and dedication to patients and families.
- **Winner of the Theme 'Safe medication Innovation Vision board':** Recognized as the winner for the 'most futuristic' vision board held by AI-Futtaim Health Clinical education Team.
- **Inter unit quiz competition:** Achieved 3rd place in an inter-unit quiz competition held by AI-Futtaim Health Clinical education Team, demonstrating strong knowledge and teamwork skills.

Staff Nurse (General Medicine, OPD) - June 2019 - August 2022
- Advance Dental Clinic, Maharashtra, India

- Assist in life saving resuscitation -Defibrillation, and CPR Techniques
- Admission Procedure, Nursing Assessment
- Orientation, Physical Examination
- Taking vital signs, reporting and recording
- Maintain the IV line
- Administrating IV Fluids, blood and blood products and drugs
- Collection of sterile specimens
- Follow universal precautions while doing any procedures
- Meeting patients personal hygiene and maintaining sanitation
- Health education to patients and their relatives
- Providing direct patient care for newborn babies
- Analyzing and evaluation the effectiveness of care to babies and mothers
- Maintenance of documents
- Manage patient in ventilator support

Staff Nurse (Gynecology, pediatric & NICU) June 2016 - June 2018
- Christ Hospital, Maharashtra, India

- Receiving and admission of patients
- Data collection
- Assembly of vital signs
- Physical examination of diagnostic evaluation
- Continuous monitoring of patients
- Following physician rounds and carrying out the orders prescribed, assisting for diagnostic and therapeutic procedures
- Planning and implementation of patient care (include hygiene, nutrition, comfort measures, elimination and administration of medicines)
- Health education
- Discharge and follow up cares
- Maintaining records and reports

REFERENCES:

- 1) Name: Alaa Elqasass, Head Nurse, Healthhub clinic, Dubai, UAE
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- 2) Name: Dr. Omar Habo (Medical Director, Family Medicine specialist) Healthhub clinic, Dubai, UAE
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- 3) Name: Dr. Ahmad Amanat (Cardiologist) Healthhub clinic, Dubai, UAE
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DISCLAIMER:

I solemnly declare that the above statement is entrusted and true to the best of my knowledge and belief.

EDUCATION

Bachelor of Science, Nursing

Smt. Radhikabai Meghe Memorial College of Nursing, Maharashtra, India.
(2011-2015)

CERTIFICATIONS

·Basic Life Support (BLS) Certification:

Certified in basic life support techniques, including CPR and AED use.

·Advanced Cardiovascular Life Support (ACLS) Certification:

Certified in advanced cardiovascular life support techniques, including cardiac arrest management.

·Evidence-based nursing certification:

Demonstrating expertise in critically appraising and applying research to improve patient outcomes.

·INSPIRE - Fundamentals of Leadership certificate:

Demonstrating a commitment to excellence in patient care, continuous professional development, and leadership in the nursing practice.

LANGUAGES

- English
- Hindi
- Malayalam
- Marathi