






Maya Thomas

CONTACT

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SKILLS

- Stress management
- Emotional intelligence
- Work under pressure
- Teamwork
- Quick decision-making
- Leadership
- Time management
- Adaptability
- Triage skills
- Emergency response
- Cardiopulmonary Resuscitation
- Medication Administration
- Life Support Systems Operation
- Knowledge of intubation procedures
- Wound dressing
- Electronic health records

LANGUAGES

English

Fluent

Hindi

Fluent

Arabic

Beginner

PROFESSIONAL SUMMARY

Dedicated professional with a strong foundation in stress management, emotional intelligence, and the ability to work under pressure. Demonstrates exceptional teamwork and leadership skills, complemented by quick decision-making and adaptability. Proficient in triage skills, emergency response, and life support systems operation, with expertise in cardiopulmonary resuscitation and medication administration. Skilled in wound dressing and knowledgeable about intubation procedures, while maintaining accurate electronic health records. Committed to enhancing patient care through effective time management and continuous professional development.

WORK HISTORY

Registered nurse 07/2019 - 10/2024

Huraymala General Hospital - Riyadh, Saudi Arabia

- Provided exceptional patient care in accordance with established nursing standards and protocols.
- Administered medications, diligently monitoring patient responses and documenting progress.
- Collaborated extensively with multidisciplinary healthcare teams to deliver comprehensive patient care.
- Educated patients and families on health conditions and available treatment options.
- Skillfully managed and prioritized multiple patient needs in a dynamic and demanding healthcare environment.

Registered nurse 03/2016 - 07/2018

Jehangir Hospital - Pune, India

- Delivered exceptional patient care in alignment with established nursing standards and protocols.
- Administered medications, meticulously monitoring patient responses and documenting progress.
- Fostered collaboration with multidisciplinary healthcare teams to ensure comprehensive patient care.
- Educated patients and their families regarding health conditions and treatment options.
- Effectively managed and prioritized multiple patient needs within a high-pressure healthcare environment.

EDUCATION

Bachelor of Science: NURSING, 07/2011 - 07/2015

Holy Cross College of Nursing

CERTIFICATIONS

- Dubai Health Authority License, 84928712
- ACLS and BLS Certification

CUSTOM

- Madam Rosario C Bernardo, Nursing Director, Huraymala General Hospital, Worked together at Huraymala General Hospital
- Mrs. Nirmala Iyer, Nursing Director, Jehangir Hospital, Worked together at Jehangir Hospital, ruh.hos.hh@moh.gov.sa, +966 532072786
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PERSONAL INFORMATION

Visa status: Sponsored Resident Visa