



SITHARA YASMIN

REGISTERED NURSE

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PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse with over 1 year of experience in the Neonatal Intensive Care Unit. Proficient in-patient assessment, medication administration, infection prevention and control, and critical care procedures. Certified in Basic Life Support (BLS), Pediatric advance life support (PALS) and evaluated by the Ministry of Health and Prevention (MOHAP), UAE. Committed to delivering safe, high-quality patient care while collaborating effectively within multidisciplinary healthcare teams. Seeking opportunities in the UAE healthcare sector to contribute expertise and support positive patient outcomes.

WORK EXPERIENCE

Registered Nurse – Neonatal Intensive Care Unit (NICU)

JULY 2024 – JULY 2025

Sree Avittom Thirunal Hospital, Govt. Medical College, Thiruvananthapuram

- Delivered direct nursing care to critically ill neonates, ensuring safety, stabilization, and recovery.
- Administered medications, monitored vital signs, and maintained accurate clinical documentation.
- Collaborated with physicians and multidisciplinary teams to optimize patient care and outcomes.
- Assisted in emergency and critical care procedures while providing education and emotional support to families.

EDUCATION

- B.Sc. Nursing – Govt. College of Nursing, Thiruvananthapuram (Kerala University of Health Sciences, Thrissur) – First Class
- Higher Secondary (Plus Two) – Board of Higher Secondary Examination, Kerala

CERTIFICATIONS

- ◆ MOHAP RN Evaluation (UAE)
- ◆ Basic Life Support (BLS)
- ◆ Nursing Essentials & Emergency Nursing Training – Apex Trauma & Emergency Learning Centre
- ◆ Infection Prevention & Control – Govt. Medical College, Thiruvananthapuram
- ◆ Pediatric advance life support (PALS)

SKILLS

- ◆ Neonatal & Critical Care Nursing
- ◆ Patient Care & Safety Monitoring
- ◆ Medication Administration Infection
- ◆ Prevention & Control
- ◆ Clinical Documentation & Record Keeping Team
- ◆ Collaboration & Communication

LANGUAGES

- ◆ English (Fluent)
- ◆ Malayalam (Fluent)
- ◆ Hindi (Intermediate)
- ◆ Arabic (Basic)
- ◆ Tamil (Basic)

REFERENCES

- ◆ Shameela J, Senior Nursing Officer, Department of neonatology, SAT Hospital, Govt medical college, Thiruvananthapuram.
- ◆ Email: Shameelanmuhammad@gmail.com

