

DR. ASHELY ANN VARGHESE

Clinical Pharmacist

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Summary

DHA-licensed Clinical Pharmacist with 2.5 years of experience in acute care and inpatient hospital settings. Skilled in antimicrobial stewardship, medication reconciliation, pharmacovigilance, and regulatory compliance audits (NABH standards). Proven experience in collaborating with multidisciplinary teams, ensuring medication safety, and educating patients. Seeking to apply clinical expertise in a dynamic healthcare environment in the UAE.

Skills

- Medication Therapy Management (MTM)
- Antimicrobial Stewardship
- Medication Reconciliation
- Inpatient Care
- Resolving medication inquiry
- Drug Formulary Management
- Drug Interaction Analysis
- Prescription and Narcotic Drug Audits
- Medicine dilution and Dose Calculation
- Pharmacy and therapeutic committee
- Medication Safety and ADR assessment
- Patient Counseling and Medication Dispensing
- Therapeutic Drug Monitoring
- Regulatory Compliance and Hospital Accreditation Audits
- EMR, Clinical Documentation and Data Entry (MS Word, Excel, PowerPoint)
- Interdisciplinary Collaboration
- Communication and Leadership

Experience

Caritas Hospital

Kerala, India

Clinical Pharmacist

Nov 2023 – May 2025

- Provided evidence-based drug recommendations during daily ICU rounds for 15–20 patients.
- Led antibiotic stewardship initiatives, supporting de-escalation and IV-to-oral conversion.
- Monitored and reported 20+ ADRs annually to national centers; analyzed safety trends.
- Reviewed 200+ inpatient orders monthly for interactions, duplications, and formulary compliance.
- Conducted root cause analysis on medication errors and implemented corrective actions, reducing recurrence by 10–15%.
- Educated patients on medication use, side effects, adherence, and lifestyle modifications.
- Participated in NABH activities, including high-alert drug monitoring, crash cart checks and LASA management.
- Audited 50+ discharge summaries weekly; trained junior staff on reconciliation.
- Performed monthly narcotic audits to ensure 100 % regulatory compliance and reduce diversion risks.
- Led continuous medication education sessions for staff, enhancing clinical knowledge and patient care quality.

Mitera Hospital

Kerala, India

Clinical Pharmacist

Oct 2022 – Nov 2023

- Conducted medication reviews for 10+ inpatients daily and advised on therapy optimization.
- Participated in multidisciplinary rounds and hospital accreditation audits.
- Managed pharmacy operations including billing, stock checks, and crash cart replenishment, ensuring continuous medication availability and adherence to safety standards.
- Collaborated with pharmacy and medical teams to update hospital formulary, ensuring essential medications were available.

- Educated patients on device use, therapy adherence, and safe medication practices.
- Audited surgical prophylaxis and monitored antimicrobial use for 50+ patients monthly.
- Dispensed 10+ outpatient prescriptions daily with counseling on proper use and adherence.

Believers Hospital

Clinical Pharmacist Intern

Kerala, India

Sept 2021 – Sept 2022

- Recorded ADRs and supported pharmacovigilance documentation.
- Supported clinical audits and pharmacy-based reviews of antimicrobial use.
- Verified discharge prescriptions and participated in quality rounds.

Education

Doctor of Pharmacy (PharmD), PCI-accredited

Nazareth College of Pharmacy, Kerala, India

2016-2022

GPA: 3.0/4.0 (74.2%)

Higher Secondary

Holy Angel's English Medium H.S. School, Kerala, India

2014-2016

GPA: 3.8/4.0 (94%)

Projects & Publications

- Active surveillance of adverse events following the first dose of COVID-19 vaccination - Oxford-AstraZeneca (Covishield) vaccine
- Effect of paracetamol as a prophylactic in Covishield vaccine
- Case Reports- Lithium Toxicity & Cerbera Odollam Poisoning

Licenses & Certifications

- DHA Licensed Clinical Pharmacist- Dubai Health Authority, UAE (DHA Unique ID: 04130359)
- Registered Pharmacist- Kerala State Pharmacy Council, India (PRC No: 83734)
- Basic Life Support (BLS)- American Heart Association (AHA), Certificate ID: EHS/CPD/25/041 WR
- Antimicrobial Stewardship- Apollo Adlux & Dept. of Clinical Pharmacy (2025)

Languages

- English- Proficient
- Hindi- Proficient
- Arabic- Basic
- Malayalam- Native

References

Available upon request.