



# LAMIS SALHIYA

DHA LICENSED PHYSIOTHERAPIST

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## LICENSE AND CERTIFICATE

- Dubai Health Authority (DHA), Dubai
- UAE Driving License, Ministry of Interior, Sharjah
- Advanced Cardiovascular Life Support (ACLS), NATIONAL HEALTH CARE PROVIDERS, LLC
- Basic Life Support (BLS), NATIONAL HEALTH CARE PROVIDERS, LLC
- CPR/AED/First Aid, NATIONAL HEALTH CARE PROVIDERS, LLC
- Lifeguarding and Blood borne Pathogens Training, NATIONAL HEALTH CARE PROVIDERS, LLC
- Paediatric Advanced Life Support (PALS), NATIONAL HEALTH CARE PROVIDERS, LLC
- Basic Life Support for Healthcare and Public Safety (BLS), Gulf Medical University
- Dry needling course

## SKILLS

- Assessment & Diagnosis
- Manual Therapy Techniques
- Rehabilitation Planning
- Therapeutic Exercise
- Electrotherapy
- Medical Research
- Time Management
- Communication & Documentation
- Team work
- Dry needling

## PROJECT

Comparative Study: PNF vs Conventional Physiotherapy for Balance Improvement in Spastic CP

- Explored the efficacy of Proprioceptive Neuromuscular Facilitation(PNF) techniques compared to conventional therapy for improving balance and gait in children with spastic cerebral palsy.

## LANGUAGES

- English (Fluent)
- Arabic (Fluent)

## REFERENCE

Dr. Alaa Abbadi  
Physiotherapist Manager  
Phone: +971 0556622744  
Email:infodubai@drsulimanalhabib.com

## PROFESSIONAL SUMMARY

DHA-licensed physiotherapist with over 4 years of clinical training and internship experience in musculoskeletal, neurological, cardiovascular, sports, paediatric, ICU, and post-surgical rehabilitation. Skilled in patient assessment, rehabilitation planning, manual therapy, electrotherapy, therapeutic exercise, and dry needling. Certified in BLS, ACLS, PALS, CPR/First Aid, Lifeguarding, Blood borne Pathogens, and Dry Needling. Holder of a UAE driving license. Strong in teamwork, communication, and time management skills; fluent in Arabic and English

## EDUCATION

Bachelor of Physiotherapy (BPT)

Gulf Medical University – Ajman, UAE | 2019 – 2023

- Completed a comprehensive 4-year program covering musculoskeletal, neurological, cardiopulmonary, paediatric, and sports physiotherapy.

## PROFESSIONAL EXPERIENCE

Healthcare coordinator

AlDar Academy for Vocational Education, Dubai, UAE | sep 2025- present

- Coordinate, monitor, and facilitate student field training placements in hospitals, healthcare centres, and other institutions.
- Ensure training environments meet academic and professional standards.
- Act as the primary point of contact for partner organizations regarding training logistics.

## INTERSHIP EXPERIENCE

Physiotherapist Intern

Dr Suleiman Al Habib Medical Group – Dubai, UAE | Nov 2023 – May 2024

- Contributed to rehabilitation planning for ICU, post-surgical, orthopaedic, and neurological patients.
- Monitored patient progress and adjusted therapeutic interventions under senior supervision.
- Worked within a multidisciplinary care team to deliver holistic treatment approaches.

## TRAINEE EXPERIENCE

Physiotherapist Trainee

Al Kuwaiti Hospital – Dubai, UAE | Mar 2023 – Apr 2023

- Assisted in physiotherapy care for neurological and orthopaedic patients.
- Collaborated with physiotherapists to plan individualized rehabilitation programs.
- Encouraged patient motivation and compliance with therapy.

Physiotherapist Trainee (Clinical Rotations)

Thumbay University Hospital & Thumbay Physical Therapy & Rehabilitation Hospital – Ajman, UAE | Jan 2020 – Aug 2023

- Supported rehabilitation for musculoskeletal, sports injuries, and post-operative cases.
- Guided patients through therapeutic exercise-based programs.
- Assisted with manual therapy, electrotherapy, and mobility training.
- Educated patients and families on safe home exercise practices.

## WORKSHOPS AND COURSES

- Attendee, COVID Science A-Z Course, Gulf Medical University Online Ajman, UAE |2021
- Attendee-Physical Therapy and Osteoarthritis on delivered by international expert speakers-Gulf Medical University Online Ajman,UAE |2022
- Attendee Research Day-Gulf Medical University. Ajman,UAE|2021
- Participant-Stroke awareness day-Gulf Medical University Online Ajman,UAE |2023
- Participant Dubai Athletics Grand Prix (Sports Medicine Workshop) Dubai, UAE | 2024