

# ELVISHA MONTEIRO A.

Operating Room Registered Nurse | BLS and DHA License : 99665628

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## EXPERIENCE

### Registered Nurse

#### Malnad Lifeline Hospital

03/2024 - 05/2025 Shimoga, India

### Registered Nurse

#### Father Muller Medical College Hospital

09/2022 - 03/2024 Mangalore, India

### Registered Nurse

#### Sakra World Hospital

01/2017 - 03/2018 Bangalore, India

### Responsibilities

- Prepare operating rooms, equipment, and instruments for surgical procedures.
- Provide patient care during the pre-operative, intraoperative, and post-operative phases.
- Maintain strict aseptic and sterile techniques to minimize infection risk.
- Function effectively as both a scrub nurse and circulating nurse in various surgical specialties. Including general, hand and micro, Neuro, Paediatric, orthopedic and emergency cases.
- Assist surgical teams with instrumentation, suturing, specimen collection, and documentation.
- Ensure compliance with hospital infection control policies and international safety standards.
- Maintain accurate surgical documentation and manage electronic medical records (EMR)
- Coordinate with surgical teams and support staff for efficient workflow and patient care.
- Managing and ensuring proper inventory control and supplies.

## EDUCATION

### Post Basic Bachelor of Science in Nursing

#### Laxmi Memorial College of Nursing

2016 Mangalore, India

### General Nursing and Midwifery

#### Laxmi Memorial College of Nursing

2012 Mangalore, India

## PROJECT

### Assessment of stress symptoms and coping strategies among senior citizens in Urban Area at Mangalore

2016 Mangalore, India

## WORKSHOPS AND CONFERENCES

- Zonal Workshop on "Facets in Critical Care Nursing" in collaboration with Trained Nurses Association in India - Karnataka State Branch in 2016.
- The Conference on "World Autism Day" conducted by Department of mental health Nursing in 2016.
- Laxmi Memorial College of Nursing Conducted inservice education programme on "Quality Nursing Care through appraisal and patient care assignment" in 2016.

## SUMMARY

3 years 8 months of experience with maintaining sterile environments and Surgical assistance. Utilizing effective communication and team work to support surgical teams. Knowledge of perioperative procedures and patient care, ensuring high-quality outcomes.

### PERSONAL DETAILS

Date of Birth : 26 September 1989  
Gender : Female  
Nationality : Indian  
Passport No. : P7179838  
Visa Status : Visit Visa

## CERTIFICATION

BLS Certification - AHA accredited valid till March 2027

## EQUIPMENTS HANDLED

Sphygmomanometer

Thermometer

Glucometer

Weighing Machine

Pulse Oximeter

ECG Machine

Infusion and Syringe Pump

Fetal Monitor

Cautery Machine

Laparoscopic Tower

Pneumatic Drill

Electric Drill

Battery Drill

Oscillating Saw

Defibrillators and Resuscitation Equipment

Suction Machine

Craniotome

## LANGUAGES

### English

Proficient



### Hindi

Native



### Kannada

Native



### Konkani

Native



### Tulu

Native



### Malayalam

Intermediate

