



DILANI MUNASINGHA

OPERATION THEATRE NURSE

35 YEARS | FEMALE | SRI LANKAN

 Dubai

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PROFESSIONAL SUMMARY

A compassionate and detail-oriented registered nurse with 07 years of experience at University Hospital KDU-Sri Lanka, who is passionate about continuous learning and professional growth while constantly seeking out opportunities to expand knowledge and skills, ensuring to remain at the forefront of modern nursing practices with a passion for mentoring, knowledge sharing and training junior nurses and other colleagues. Adept at working in high-acuity surgical environments with a proven ability to thrive in fast-paced operating theatres where my experience spans various surgical specialties while collaborating effectively and efficiently with multidisciplinary teams including surgeons, anaesthesiologists and other healthcare professionals.

EDUCATION

Bachelor of Science (Hons) in Nursing

General Sir John Kotelawala Defence University, Sri Lanka | 2013-2017

MSc. in Occupational Safety and Health Management (awaiting award)

University of Moratuwa, Sri Lanka | 2021-2025

PROFESSIONAL EXPERIENCE

Operation Theatre Nurse | University Hospital – KDU, Sri Lanka | 2018-2025

Well experienced and dedicated operation theatre nurse with over 06 years of hands-on experience in pre-operative, intra-operative and post-operative phases. Competent in handling a high volume of surgical procedures, having assisted in over 1,000 surgeries across specialties including neuro, gynaecology and obstetrics, laparoscopic and general surgeries. A brief overview of my experience is as follows,

- **Comprehensive Preoperative Assessment and Patient Preparation:** Conduct thorough preoperative assessments by reviewing patient medical histories, obtaining informed consent and addressing patient concerns to mentally and physically prepare patients for surgery. Ensured all required preoperative investigations, medications and anesthesia planning are completed according to established protocols.
- **Sterile Environment Maintenance and Operating Room Setup:** Prepare and maintain a sterile environment within the operating theatre ensuring that all surgical instruments and supplies are arranged according to surgeon preferences and specific procedural requirements. Operate state-of-art operating room technologies, anticipating team needs to facilitate smooth and efficient procedures.
- **Intraoperative Monitoring and Emergency Response:** Continuously monitor patients during surgery using advanced monitoring equipment to track vital signs respond swiftly to emergencies in real-time, taking appropriate actions to ensure patient safety and surgical success. Adhere to infection control protocols ensuring strict sterilization procedures and surgical safety standards are maintained to minimize the risk of postoperative infections.
- **Postoperative Care and Pain Management:** Provide immediate postoperative care including monitoring recovery from anesthesia, managing patient pain and ensuring safe transfer to recovery rooms or critical care units. Maintain accurate patient records, including operative notes, post-anesthesia care documentation and any changes in patient condition during recovery.
- **Patient Education and Postoperative Support:** Provide detailed postoperative instructions to patients and families on wound care, medications and follow-up care while offering emotional support. Ensure that patients and their families understand the recovery process through clear and friendly communication.
- **High-Pressure Environment Management and Team Work:** Work effectively in high-pressure environments, adapting to rapidly changing situations, coordinating with surgical teams ensuring optimal operating room efficiency. Maintain a good collaboration with surgeons, anesthetists and other medical professionals to enhance patient outcomes and overall team performance.
- **Compliance with Safety Regulations and Hospital Policies:** Ensure full compliance with all safety regulations and hospital policies/standards, including proper handling of medications and controlled substances. Conduct regular safety audits and quality assurance checks to ensure adherence to hospital protocols reducing surgical risks and enhancing patient safety.
- **Mentorship, Training and Staff Development:** Supervise, mentor and train new and junior staff including nurses and surgical assistants in surgical environment protocols, patient monitoring and emergency response techniques. Foster an environment of continuous learning and professional growth to enhance team competency and patient care.
- **Collaboration in Developing Patient Care Plans:** Collaborate with surgeons, anesthetists and other medical staff to develop individualized patient care plans ensuring coordinated and optimal perioperative care.
- **Active Participation in Safety and Operational Efficiency Initiatives:** Actively engage in hospital safety meetings, offering ideas and suggestions to improve operational efficiency and patient care within the surgical department. Contribute to the continuous improvement of hospital protocols and procedures, aiming to enhance patient outcomes and minimize surgical risks.

PROFESSIONAL REGISTRATIONS

* Registered Nurse at Sri Lanka Nursing Council - Reg. No. 27374

* Dubai Health Authority (DHA) eligibility
Date Obtained: 19 August 2025

LANGUAGE COMPETENCY

Occupational English Test (OET)

Speaking - (B) Listening - (B)
Writing - (C+) Reading - (C)

REFERENCES

Dr. Charith Nanayakkara

MBBS (Colombo), MRCS (England),
MRCS(Glasgow), MD (Surgery) (Colombo)
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Dr. Dulantha De Silva

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Accident & Emergency (A&E) Nurse | University Hospital – KDU, Sri Lanka | 2021

Experienced Accident & Emergency (A&E) Nurse with 06 months of hands-on experience in providing urgent and critical care in a high-pressure environment. Skilled in triage assessment, rapid response and stabilisation of acutely injured patients. Proficient in working collaboratively with multidisciplinary teams to ensure timely and effective treatment. Competent in handling a high volume of emergency cases including trauma, cardiac arrests, respiratory distress and paediatric emergencies. A brief overview of my experience is as follows,

- Conducted triage assessments to prioritise patients, ensuring prompt treatment.
- Assisted in resuscitation, stabilisation and emergency interventions for critical patients.
- Administered medications, IV fluids and emergency treatments accordingly.
- Monitored patients' vital signs and responded swiftly to any deterioration condition.
- Provided education to patients and families regarding treatment plans, instructions and follow-up care.
- Maintained accurate and detailed patient records in compliance with relevant documentation standards.

CERTIFICATION/ COURSES/ TRAINING

- **Immediate Life Support (ILS)** | European Resuscitation Council (ERC-327-992553) – 2025
- **Basic Life Support (BLS)** | European Resuscitation Council (ERC-865-055777) – 2025
- **Initial Trauma Care for Nurses** | College of Surgeons of Sri Lanka - 2025
- **Incident Reporting and Medico Legal Aspects of Nursing Care** | Sri Lanka Intensive Care Nurses Association - 2025
- **Pre-Congress Workshop on Acute Kidney Injury & CRRT for Nurses** | Sri Lanka Medical Association - 2025
- **Updates in General Medicine for Nurses** | Department of Medicine at KDU Sri Lanka - 2025
- **Nutrition Management in Critical Illness Patients** | Sri Lanka Intensive Care Nurses Association - 2025
- **International Nephrology, Dialysis, Transplant Medicine and Oncology Conference** in KDU by Mayo Clinic USA - 2018

SKILLS

- Expertise in perioperative care
- Strong adaptability in dynamic healthcare environments
- Excellent interpersonal and communication skills
- Proficient in documentation and computer applications
- Technologically proficient and precise handling of advanced medical equipment
- Anesthesia Support and Monitoring
- Surgical Instrument Setup and handling
- Infection prevention and control
- Leadership and team coordination
- Commitment to continuous professional development
- Critical thinking and problem-solving abilities
- Patient care with empathy and compassion
- High physical and emotional stamina
- Effective collaboration with multidisciplinary teams
- Excellent computer literacy