

RIYA MATHEW

Dubai, UAE

+971-505363305

riyakochuparambil197@gmail.com



PROFESSIONAL SUMMARY

Registered Nurse with a total of 4 years of professional experience, including over 2 years in Saudi Arabia across ICU, general ward, and military hospital settings. Strong proficiency in critical care, patient assessment, medical-surgical nursing, and infection control. Skilled in managing high-acuity patients, responding to emergencies, and maintaining accurate clinical documentation. Known for delivering safe, compassionate, and evidence-based care in fast-paced environments. Currently seeking a nursing role in a reputable healthcare facility in the UAE.

KEY SKILLS

- ICU & Critical Care
- General Ward & Inpatient Care
- Emergency Response
- Medical-Surgical Nursing
- Patient Advocacy & Communication
- Hospital Infection Control
- Electronic Health Records (EHR)
- Ventilator and Dialysis Management.
- IV Therapy, IV Cannulation & Vital Signs Monitoring
- Central Line Handling & Infection Prevention
- Preventive Care & Health Education
- Clinical Documentation
- Cardiac Rehabilitation

PROFESSIONAL EXPERIENCE Al Kharj Hospital – Military Hospital (ICU Nurse)

Riyadh, Saudi Arabia

Nov 2023 – Nov 2025

- Delivered direct care to critically ill ICU patients.
- Administered medications, monitored vital signs, and maintained clinical documentation.
- Coordinated with military healthcare teams and adhered to strict clinical protocols.

Jose Clinic PHC – Staff Nurse (General Ward)

Kannur District, Kerala, India Apr
2023 – Sep 2023

- Managed patients with acute and chronic illnesses.
- Assisted physicians during procedures and ensured hygiene compliance.
- Conducted patient education and follow-up instruction.

Wockhardt Hospital – ICU Nurse

Mumbai, Maharashtra, India Feb
2022 – Mar 2023

- Provided intensive care in a NABH & JCI-accredited facility.
- Monitored post-operative patients and supported emergency interventions.
- Maintained adherence to critical care procedures and patient safety standards.

CERTIFICATIONS & LICENSES

- DHA Cleared (91159997)
- Advanced Cardiac Life Support (ACLS)
- Basic Life Support (BLS)
- CRRT Training

EDUCATION B.Sc. Nursing

MIMS College of Nursing, Kozhikode, Kerala, India Completed
2021

Class XII (Science)

NSS HSS Alakode, Kerala, India Completed
2016

PERSONAL DETAILS

- Date of Birth: 03 March 1997
- Nationality: Indian
- Visa Status: Visit Visa
- Languages: English, Malayalam, Arabic (Beginner)

DECLARATION

I hereby declare that the information provided is true and accurate to the best of my knowledge.

Signature

Riya Mathew