



# Athira S

**Date of birth:** 25/06/1997 **Nationality:** Indian

**Address:** Alqouz 2 Alkhail Gate Community Building no: 1-7 Room no:705, Dubai

**Phone number:** +971 522120395

**Email address:** athirasurendran729@gmail.com

---

## Profile

A dedicated and DHA-certified **Registered Nurse** with **over 3 years of experience** in patient care, emergency response, and medical-surgical nursing. Adept at providing **high-quality patient care, administering medications, monitoring vitals, and handling emergency situations** in fast-paced hospital settings. Seeking to leverage my expertise in **critical care, perioperative nursing, and patient safety** to contribute effectively in a reputed healthcare organization. Passionate about improving patient outcomes through **evidence-based nursing practices** and ensuring **compliance with healthcare protocols and safety regulations**.

---

## Work Experience

12/2022 – 03/2025  
India

**Registered Nurse | National Health Mission | Pathanamthitta | Kerala**

- Providing **comprehensive patient care** in various healthcare settings under the National Health Mission.
- Assisting in **maternal and child healthcare services, immunization programs, and communicable disease prevention** initiatives.
- Collaborating with **physicians and specialists** to implement **effective treatment plans** for patients.
- Performing **emergency medical interventions, including intubation, resuscitation, and trauma care**.
- Educating communities on **disease prevention, nutrition, and hygiene practices** as part of public health initiatives.
- Ensuring **adherence to infection control, safety regulations, and government healthcare policies**.

07/2020 – 09/2020  
India

**Registered Nurse | Medical Ward, Taluk Headquarters Hospital | Pathanamthitta | Kerala**

- Delivered **comprehensive patient care** in a **173-bed government hospital** with multiple specialty units.
- Assisted in the management of **medical, surgical, pediatric, orthopedic, and gynecological cases**.
- Performed **emergency nursing interventions, medication administration, and pre- / post-operative care**.
- Collaborated with **healthcare teams** to develop and implement **effective patient care plans**.

09/2020 – 04/2021  
India

**Registered Nurse | General Hospital Adoor | Pathanamthitta | Kerala**

- Provided nursing care in a **300-bed government hospital** with advanced **medical and surgical specialties**.
- Monitored **ICU and CCU patients**, performed **critical care procedures**, and assisted in **ventilator management**.
- Conducted **IV cannulation, catheterization, wound dressing, and post-operative care** for surgical patients.
- Responded to **medical emergencies, cardiac arrests, and trauma cases** with precision and efficiency.

---

## Key Competencies & Skills

---

- **Patient Care & Assessment** – Skilled in conducting **comprehensive patient assessments, monitoring vital signs**, and ensuring optimal patient care.
- **Critical Care & Emergency Nursing** – Proficient in **emergency response, resuscitation, intubation, ventilator management, and cardiac monitoring**.
- **Medical & Surgical Nursing** – Expertise in **preoperative and postoperative care, wound management, IV cannulation, catheterization, and Ryle's tube insertion**.
- **Medication Administration & Compliance** – Experienced in **safe drug administration, dosage calculations, and adherence to pharmacological guidelines**.
- **Equipment Handling** – Hands-on experience with **cardiac monitors, infusion pumps, defibrillators, pulse oximeters, syringe pumps, and nebulizers**.
- **Infection Control & Patient Safety** – Ensures **strict adherence to infection control protocols, aseptic techniques, and hospital hygiene standards**.
- **Health Education & Patient Counseling** – Provides **patient education on disease prevention, post-treatment care, and lifestyle modifications**.
- **Medical Documentation & Record-Keeping** – Proficient in **electronic health records (EHR), medical charting, and maintaining accurate patient histories**.
- **Interdisciplinary Team Collaboration** – Works closely with **physicians, specialists, and healthcare teams** to develop patient-centered care plans.

---

## Education

---

- **BSc Nursing** | Chithra College of Nursing, Pandalam, Pathanamthitta, Kerala | 2019
- Higher Secondary Education | Govt. Boys HSS, Adoor, Pathanamthitta, Kerala | 2015
- SSLC | St. Mary's MMHS for Girls, Adoor, Pathanamthitta, Kerala | 2013

---

## Certifications & Licenses

---

- **DHA Registered Nurse & Midwife** (Dubai Health Authority, Dubai, UAE) – **DHA ID: 88014146**
- **Basic Life Support (BLS) Certification**
- **Advanced Cardiac Life Support (ACLS) Certification**

---

## Technical Skills

---

- **Electronic Health Records (EHR) & Medical Charting**
- **Microsoft Office Suite (Word, Excel, PowerPoint)**
- **Healthcare Compliance & Documentation**
- **Hospital Management Systems (HMS) & Patient Information Systems**

---

## Medical Equipment Expertise

---

- **Defibrillator**
- **Cardiac Monitor**
- **Infusion Pump & Syringe Pump**
- **Pulse Oximeter & Glucometer**
- **Suction Apparatus & Nebulizer**

---

## Languages

---

- **English** – Proficient
- **Malayalam** – Native
- **Hindi** – Conversational