

SANDRA JOY

REGISTERED NURSE | DHA CERTIFIED

Dedicated and compassionate Registered Nurse with over 3 years of experience in Medical ICU and Medical Ward settings. Skilled in critical care, patient assessment, emergency response and medication administration. Proven ability to work effectively in high-pressure environments while maintaining high standards of patient care and safety. Proficient in EHR documentation, infection control protocols and interdisciplinary teamwork. Committed to delivering holistic and evidence-based nursing care with strong clinical judgment and attention to detail.

🏠 1181 building number, Muwailah, Sharjah, United Arab Emirates

✉ sandrajoy229@gmail.com

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PROFESSIONAL EXPERIENCE

STAFF NURSE - MEDICAL ICU SANJOE HOSPITAL, PERUMBAVOOR Jul 2024 – Jul 2025

- Provide direct patient care in a 10-bed Medical ICU, managing critical cases including sepsis, multi-organ failure, and post-operative complications.
- Monitor vital signs and respond promptly to emergency situations, ensuring patient stability and safety.
- Administer IV medications, infusions, and manage ventilators and central lines as per physician orders.
- Collaborate with a multidisciplinary team including intensivists, physiotherapists, and dietitians to deliver comprehensive patient care.
- Maintain accurate electronic health records (EHR) and ensure compliance with hospital protocols and infection control practices.
- Educate patients and families on post-ICU care plans and recovery processes, improving patient satisfaction scores by 15%.

STAFF NURSE - MEDICAL WARD M.G.M HOSPITAL, VANNAPPURAM, KERALA, INDIA Mar 2023 – Mar 2024

- Delivered bedside nursing care for up to 25 patients per shift with acute and chronic medical conditions.
- Administered prescribed medications, performed wound care, catheterization, and NG tube insertions.
- Participated in daily physician rounds and contributed to developing patient care plans.
- Ensured timely documentation and reporting of patient conditions, reducing clinical errors by 10%.
- Trained two newly joined nurses on ward protocols and clinical procedures, enhancing team efficiency.
- Actively involved in infection prevention initiatives, contributing to a 20% decrease in ward-acquired infections.

STAFF NURSE - MEDICAL ICU MAR BASELIOS MEDICAL MISSION HOSPITAL, KOTHAMANGALAM, KERALA, INDIA Nov 2021 – Nov 2022

- Managed critically ill patients requiring continuous cardiac monitoring, ventilator support, and emergency interventions.
- Assisted in procedures such as intubation, central line insertions, and CPR during code blue situations.
- Maintained aseptic techniques and adhered to strict infection control protocols.
- Accurately documented nursing assessments, interventions, and patient progress in EMR systems.
- Played a key role in achieving zero medication administration errors during the tenure.
- Participated in quality improvement audits and contributed to ICU protocol updates.

AREAS OF EXPERTISE

- Critical Care
- IV Therapy
- Emergency Care
- Patient Monitoring
- Wound Care Management
- Patient Education
- Ventilator Management
- Team Collaboration
- Vital Signs Monitoring
- EHR Documentation
- Medication Safety
- Clinical Judgment

EDUCATION

2017 - 2021

B.SC NURSING | 75%

Kerala University of Health Sciences, Kerala, India

PROFESSIONAL REGISTRATION

- Registered Nurse & Registered Midwife
Kerala Nurses & Midwives Council
Registration Number: KL03202104049
- DHA Registered Nurse

CERTIFICATIONS

- Basic Life Support (BLS) – American Heart Association
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association

AWARDS & ACHIEVEMENTS

- Academic Excellence Award – Mar Baselios College of Nursing (2016–2021)
- Medical-Surgical Nursing Excellence Award – Mar Baselios College of Nursing (2016–2021)

COMPUTER SKILLS

- MS Excel
- MS Word
- MS PowerPoint

LANGUAGES

- English
- Malayalam
- Hindi
- Tamil

REFERENCES

Mrs. Dr. Selliamma Kuruvila

Principal

Mar Baselios College of Nursing

Kothamangalam

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Mrs. Bobby Varghese

Nursing Superintendent

Mar Baselios Medical Mission Hospital

Kothamangalam

Mob: 9656751241

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Ms. Naseera Mohammed

Nursing Supervisor

M.G.M Hospital, Vannappuram

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E-mail: nursingsupervisormgm45@gmail.com

DECLARATION

Hereby declare that all the details mentioned above are in accordance with the truth and fact as per the knowledge.

SANDRA JOY