

SIDAR BASHARAT

GENERAL NURSING, MIDWIFERY & POST RN

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I'm a team-oriented, competitive, and cooperative person. I'm looking forward to a dynamic environment where I have maximum chances of growth and enhancing my skills. I'm innovative and committed, using interpersonal, communicational, technical, and professional skills.

PROFESSIONAL EXPERIENCE:

- Organization:** ALEEM HOSPITAL, SIALKOT, PAKISTAN
Subject: Work as Charge Nurse in I.C.U. Assist in Patient Management and Emergency.
Tenure: Jan 2021 to Jun 2024
Designation: ICU Charge Nurse
- Organization:** GOVT. KOT KHAWAJA SAEED HOSPITAL, LAHORE, PAKISTAN
Subject: Work as Staff Nurse in General duties, Ward Management, and Patient management. Assist in I.C.U., Emergency, Gynae, Surgical Unit, Labor Room, and Operation Theater.
Tenure: Jun 2017 to Dec 2020.
Designation: Staff Nurse
- Organization:** GHURKI TEACHING TRUST HOSPITAL, LAHORE, PAKISTAN
Subject: Work as Staff Nurse in General duties, Ward Management, and Patient management. Assist in I. C. U, Emergency, Gynae, Orthopedic & Spine Center, and Operation Theater.
Tenure: Oct 2015 to Oct 2017.
Designation: Team Leader / Shift In-Charge

WORKSHOPS & TRAINING DEVELOPMENTS:

- DHA Prometric Oct 2024
DUBAI HEALTH AUTHORITY
- Dataflow [Completed] Jan 2025
DUBAI HEALTH AUTHORITY
- BLS - Basic Life Support (Training Course) Dec 2024
AMERICAN HEALTH ASSOCIATION
- KING EDWARD MEDICAL UNIVERSITY, PAKISTAN 14 October 2019
1ST Position in "BRAIN STORMING ACTIVITY"

SHALAMAR NURSING COLLEGE, LAHORE, PAKISTAN 07 July 2018
Workshop on “NURSES; A VOICE TO LEAD: HEALTH IS A HUMAN RIGHT” CNE Point: 8

SHALAMAR NURSING COLLEGE, LAHORE, PAKISTAN 06 July 2018
Workshop on “NURSING ETHICS AND LAW IN MODERN ERA” CNE Point: 5

AMERICAN HEART ASSOCIATION, PAKISTAN Aug 2015 - Aug 2017
Participant in “HEALTHCARE PROVIDER PROGRAM”

DRUG ABUSE PREVENTION PROGRAM 13, 14th Oct 2014
Training Workshop on “LIFE SKILL/PEER EDUCATION”

ACADEMIC DEVELOPMENT:

Nursing Examination Board (Punjab), Pakistan 2022 – 2023
Post-basic Specialization in ICU 282 / 400

University of Health Sciences, Lahore, (Punjab), Pakistan 2018 – 2020
Post RN 754 / 900

University of the Punjab, Lahore, (Punjab), Pakistan 2016 – 2017
Bachelor of Science 100 / 200

Nursing Examination Board (Punjab), Pakistan 2014 – 2015
Diploma in Midwifery 328 / 500

Nursing Examination Board (Punjab), Pakistan 2010 – 2014
Diploma in General Nursing 386 / 540

BISE Gujranwala, (Punjab), Pakistan 2008 - 2010
Matric in Science 771 / 1050

INTERPERSONAL SKILLS:

Pleasant Personality and Friendly Attitude
Able to Work Under Pressure
Strong Teaching and Training Abilities
Creativity
Decision-Making
Time Management

A Team Player and Have Leadership Qualities
Critical Thinking & Interpretation Skills
Outstanding Interpersonal & Communication Skills
Flexibility On Diversity
Documents Management
People Management

Extra-curricular activities:

- Debating and Presentations
- Cooking
- Reading Newspaper
- Internet surfing

AWARDS:

- 2010-14 awarded a 1st-time scholarship under “PUNJAB NURSING BOARD, LAHORE” for the 03 years.
- 2014-15 awarded a 2nd-time scholarship under “PUNJAB NURSING BOARD, LAHORE” for the 01 years.
- First Professional B.Sc. Nursing (Post RN 2-year), Annual Examination 2018, held in March-April 2019 Distinguish in “Basic & Applied Sciences, Advanced Concepts in Nursing” subjects.
- Final Professional B.Sc. Nursing (Post RN 2-year), Annual Examination 2019, held in August 2020 Distinguish in “Mental Health Nursing, Nursing Management” subjects.

AREA of INTERESTS:

- I.C.U
- C.C.U
- EMERGENCY
- OPERATION THEATER
- SURGICAL UNIT
- MEDICAL WARD
- GYNAE WARD
- NEUROSURGICAL WARD
- LABOR ROOM