

FIRANA HILAL

Registered Nurse (DHA Passed)

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PROFESSIONAL SUMMARY

Dedicated and compassionate **Registered Nurse** with hands-on experience in **medical-surgical wards**, delivering safe, evidence-based, and patient-centered care. Proficient in **patient assessment, medication administration, wound care, and emergency response**, with strong clinical judgment and adherence to international nursing standards. Successfully **passed the UAE DHA licensing exam** (Eligibility ID: 83809816-RNT0312-1), demonstrating readiness to practice in fast-paced GCC healthcare environments. Known for excellent communication, teamwork, and the ability to remain calm and efficient in high-pressure situations while ensuring high-quality patient outcomes.

CORE COMPETENCIES

- Patient Assessment & Vital Signs Monitoring
- Medication Administration & IV Therapy
- Wound Care, Drain Care, Tracheostomy, Suctioning, BiPAP Management
- Basic and Advanced Nursing Procedures
- Infection Control & WHO Hand Hygiene Protocols
- Care Plan Development & Implementation
- Emergency Response & Critical Care Support
- Team Leadership & Staff Supervision
- Patient Education & Therapeutic Communication
- Healthcare Documentation & Record Management

PROFESSIONAL EXPERIENCE

Registered Staff Nurse – Medical Surgical Ward

KIMS Alshifa Hospital, Perinthalmanna, Kerala, India

Nov 2024 – Nov 2025

- Lead a team of nurses to deliver high-quality, evidence-based patient care while ensuring compliance with hospital policies and nursing protocols.
- Provided holistic nursing care to patients in medical-surgical and general inpatient units, supporting recovery and rehabilitation.
- Monitored and assessed patients' vital signs, fluid balance, intake/output, nutritional status, and laboratory parameters, reporting abnormalities promptly to physicians.
- Administered prescribed medications, IV infusions, blood transfusions, and performed wound care, ensuring accurate documentation and patient safety.
- Assisted physicians during procedures and delivered comprehensive post-operative and critical care support.
- Performed specialized procedures including tracheostomy care, suctioning, BiPAP therapy, drain care, and respiratory airway management.
- Assisted patients with feeding, bathing, mobilization, and early ambulation to promote comfort and reduce complications.
- Collaborated with multidisciplinary teams to develop, implement, and revise individualized care plans according to patient needs.

Registered Staff Nurse – Medical Surgical Ward

General Hospital, Kanjirapally, Kerala, India

Nov 2023 – Nov 2024

- Delivered compassionate nursing care to patients with acute and chronic conditions.
- Maintained accurate records of patient progress, medications, and nursing interventions.
- Ensured compliance with infection control and safety protocols.

EDUCATION

- **Bachelor of Science in Nursing (BSc Nursing)**, INE, SME, GNR Kerala University of Health Sciences, India — 2023

PROFESSIONAL REGISTRATION

- **Kerala Nurses and Midwives Council, India**
Registration No.: KL 03202303837 — Date of Registration: 24 July 2023

CERTIFICATIONS

- **Basic Life Support (BLS) Provider**, American Heart Association – Successfully completed cognitive and skills evaluations (CPR & AED), Pionova Health Care Private Limited, Hyderabad, India — Issue Date: 10 Dec 2025 — Renew by Dec 2027 — Instructor: Linda PS
- **Advanced Cardiovascular Life Support (ACLS) Provider**, American Heart Association – Successfully completed cognitive and skills evaluations, Pionova Health Care Private Limited, Hyderabad, India — Issue Date: 10 Dec 2025 — Renew by Dec 2027 — Instructor: Linda PS
- **British Healthcare, Communication & Professional Skills for Nurses**, Lamrin Tech Skills University, Punjab, India — Completed: 22 Jul 2024 — QAI Certified
- **Workshop on Therapeutic Communication**, School of Medical Education, Kottayam, India — Conducted by Anandu Reghu, Nurse Educator — 27 Jan 2023

EQUIPMENT HANDLING / PROFICIENCY

- Cardiac monitors, ECG machines, sphygmomanometer, pulse oximeter, fetal monitor
- Centralized oxygen and suction systems
- Suction machines, Ambu bags, infusion pumps, syringe pumps, rapid infuser
- Nebuliser, steam inhaler, venturi mask, NRBM mask
- Glucometer, catheterization kits, NG tube, endotracheal tubes, tracheostomy tube
- Incentive spirometry, central line kits
- Computer systems for EMR documentation and healthcare record management

SKILLS

- Calm, professional, and efficient under pressure with strong stress management
- Excellent communication, teamwork, and collaboration abilities
- Empathy, compassion, adaptability, and patient-centered care approach
- Leadership, responsibility, professional integrity, and attention to detail
- Languages known : English, Malayalam

DECLARATION

I hereby declare that the information provided above is true and accurate to the best of my knowledge.

Firana Hilal