

MELIN BABY P

Registered Nurse – Outpatient Department

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Profile

Experienced Registered Nurse with over **6 years of hospital experience**, currently serving in the **Pediatric, Medical, and Surgical Outpatient Departments** at **Aster Hospital, Dubai**. Previously worked for **2 years in Medical and Surgical Wards**, gaining a strong foundation in acute care. In the current role, deliver expert care to a diverse patient population, focusing on **clinical assessments, care coordination, minor procedures, and pediatric support**. Recognized for providing **compassionate, patient-centered care** and collaborating effectively with interdisciplinary teams to enhance outcomes and maintain high standards in a **fast-paced outpatient environment**.

Professional Experience

Aster Hospital - Dubai-UAE

08/2023 – 08/2025

Registered Nurse-Out Patient Department

- Conducted **venipuncture and capillary blood collection** for **pediatric and adult patients**, ensuring adherence to infection control and patient safety standards.
- Performed **pediatric immunization administration**, following national vaccine schedules and providing post-vaccine monitoring and education.
- Assisted with **suture removal** and **surgical staple removal**, promoting effective wound healing and minimizing complications.
- Performed **wound care and dressing changes**, including acute, post-operative, and chronic wounds, in compliance with wound management protocols.
- Administered **medications via oral, intramuscular (IM), and subcutaneous (SC) routes**, observing patients for side effects or adverse reactions.
- Supported physicians during **minor surgical procedures** including **incision and drainage (I&D)**, maintaining sterile technique and assisting with patient positioning and comfort.
- Performed **peripheral IV cannulation** and managed **intravenous fluid and medication administration**, ensuring correct dosage, rate, and patient monitoring.
- Monitored patient response to **IV therapy**, recognizing and reporting any signs of adverse reactions or complications to ensure safe and timely intervention.
- Streamlined patient scheduling and appointment flow by implementing efficient coordination strategies, minimizing delays, and enhancing continuity of care across outpatient services.

- Educated patients and caregivers on disease prevention, medication regimens, and follow-up care, fostering improved health literacy and encouraging adherence to prescribed treatment plans.

Dallah Hospital - Riyadh- Saudi Arabia

01/2021 – 01/2023

Registered Nurse-Medical & Surgical Department

- Operated and maintained medical equipment and monitors to ensure accurate patient data and safety.
- Administered oxygen therapy and nebulizations; monitored and documented patient responses.
- Handled narcotic medications per hospital protocols, including secure storage and accurate logging.
- Developed and updated individualized care plans based on patient needs and clinical goals.
- Collaborated in discharge planning to support smooth transitions and ongoing care.
- Conducted regular patient assessments; identified and escalated critical changes.
- Provided complete tracheostomy care including suctioning, dressing, and airway management.
- Prepared patients for surgery with pre-op assessments, education, and documentation.
- Performed and monitored blood transfusions; ensured accurate identification and prompt reaction management.

Education

BSC Nursing

05/2013 – 06/2017

MES College of Nursing - Kerala - India

Plus Two

07/2011 – 06/2013

Catholicate Higher Secondary School • Kerala-India

Certificates

- ACLS
- BLS
- PALS

Skills

Patient Care	Clinical Assessment
Infection Control	Mental Health Support
Life Support Management	Emergency Response
Electronic Health Records	Rehabilitation

Languages

English	Arabic
Malayalam	Tamil