

# TRIKSY JOB

DHA REGISTERED NURSE AND MIDWIFE  
REG.NO: 49101447



## PERSONAL DETAILS

Mobile No : +971547765168  
Email Id : trikisy3011@gmail.com  
Address : Dubai, United Arab Emirates  
Nationality : Indian  
D.O.B : 30/11/1994  
Gender : Female  
Marital Status : Married  
Passport No : C4067331  
Date of issue : 24/10/2024  
Date of expiry : 23/10/2034  
Place of issue : Cochin  
Visa Status : Visit Visa

## KEY SKILLS

Acute Care Skills

Infection Control

Documentation and record-keeping

Nursing assessment

Telemetry Skills

Clinical skills

Critical Thinking

Polite Nature

Social Care

Medical teamwork

Physiological knowledge

## PROFILE

Dedicated and skilled Registered Nurse with over 5 years of experience in ICU, transplant care and infection control across India and the UAE. Proven ability to deliver high-quality care in Surgical ICU, COVID-19 ICU and Liver/Kidney Transplant Units. Certified in Infection Control, IV Therapy, Influenza Vaccination and PCR Swab Collection. Strong background in emergency response, patient monitoring, ventilator and defibrillator use and multidisciplinary team collaboration. Experienced in staff supervision, EMR documentation, and maintaining high standards of clinical safety and compliance.

## WORK EXPERIENCE

- **REGISTERED NURSE / TEAM LEADER / INFECTION CONTROL NURSE**  
EMIRATES HOSPITAL & ICARE CLINICS, UAE | Jan 2022 – Oct 2023
  - Delivered patient-centered care in OPD departments, including monitoring vital signs, administering medications, and assisting with clinical procedures.
  - Led and managed a team of nurses, created and monitored duty rosters, delegated tasks efficiently, and supervised day-to-day clinical operations.
  - Oversaw infection prevention and control protocols, conducted audits, surveillance, and staff training on IPC guidelines and hand hygiene compliance.
  - Responded to medical emergencies, managed crash carts, activated code blue protocols, and stabilized patients until physician arrival.
  - Collaborated with a multidisciplinary team to develop individualized care plans, improving patient safety and care continuity.
  - Conducted comprehensive patient assessments, verified medication orders, evaluated lab and coagulation reports, and documented interventions accurately in EMR.
  - Spearheaded patient and family education on disease conditions, postoperative care, and infection control measures.
- **REGISTERED NURSE | July-2020 - Oct-2021**  
ASTER RV HOSPITAL, BANGALORE, INDIA
  - Provided patient-centered care in OPD departments, monitoring vitals, administering medications, and supporting post-op recovery.
  - Collaborated with physicians to update care plans based on real-time assessments and patient responses.
  - Maintained accurate patient records and ensured seamless shift handovers.
  - Educated patients on post-discharge care, medication adherence, and follow-up schedules.
  - Prepared ICU beds and equipment for critical admissions, maintained aseptic techniques, and assisted with invasive procedures like central line insertions and tracheostomies.
  - Participated in quality improvement initiatives by reporting patient safety incidents and contributing to root cause analysis and corrective action plans.

## ACADEMIC CREDENTIALS

---

Jan 2021 – Jun 2022 (6 months)

### DIPLOMA IN INFECTION CONTROL & PREVENTION MANAGEMENT

Sacred Heart College of Nursing  
Tamilnadu, India

2012 – 2016

### BACHELOR OF SCIENCE IN NURSING (B.SC NURSING)

St. Joseph College of Nursing, Guntur,  
Andhra Pradesh, India

2010 – 2012

### HIGHER SECONDARY SCHOOL CERTIFICATE (SCIENCE STREAM)

St. Antony's Higher Secondary School,  
Ammadam, Thrissur District, Kerala, India

## LANGUAGES

---

- English
- Hindi
- Malayalam
- Telugu
- Kannada

## COMPUTER SKILLS

---

- Ms Word
- MS Excel
- MS PowerPoint

## HOBBIES

---

- Exploring global cuisines and local street food
- Cooking and recipe development
- Dancing

- **REGISTERED NURSE | Sept-2017 to Oct-2019**

JUPITER HOSPITAL, THANE–MUMBAI, INDIA

- Delivered holistic nursing care in CTVS ICU and General ICU, assisting in cardiac procedures, ventilator management, and post-op recovery for critical care patients.
- Monitored and reported changes in patient condition, ensuring immediate interventions and escalation of care when necessary.
- Supported infection control initiatives and participated in hospital-wide hygiene audits.
- Provided pre- and post-operative care for cardiovascular and thoracic surgical patients, including chest drain management, ECG monitoring, and wound care.
- Trained and mentored junior nurses on ICU protocols, emergency drug administration, and documentation standards.
- Maintained accurate nursing documentation and adhered to protocols for patient safety, privacy and confidentiality.

## CERTIFICATIONS

---

- Infection Control & Prevention Management Diploma – National Healthcare Certification Academy (NHCA), Singapore
- Basic Life Support (BLS) – American Heart Association (AHA)
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association (AHA)

## CONFERENCE AND WORKSHOP

---

CPR Workshop – AHA Guidelines | 2017

- Attended hands-on CPR training workshop aligned with American Heart Association (AHA) standards.
- Covered BLS techniques, AED use, and CPR for adults, children, and infants.

## REFERENCE

---

### Mr. BETSY BOBEN VARUGHESE

Team Leader  
Icare clinic, Dubai  
Phone: +971 567726082  
Email: betsy.varughese@icare-clinics.com

### DR R CHINNADURAI

MD, DNB, EDIC  
Lead Intensivist  
Reg No: KMC - 80986  
Aster RV Hospital, JP Nagar,  
Bengaluru-560078  
Email: chinna1604@gmail.com

## DECLARATION

---

Hereby declared that the above particulars of facts and information stated are true, correct and complete to the best of the belief and knowledge.

**TRIKSY JOB**