

# SUVEDHA PETER

## Infection Control Nurse, Clinical Instructor, Head Nurse

Dedicated and compassionate Registered Nurse with hands-on experience in Neonatal Intensive Care Unit (NICU) settings, seeking to contribute clinical expertise and patient-centered care to a reputed healthcare organization. Adept at monitoring critically ill neonates, administering specialized care, and collaborating with multidisciplinary teams to ensure the highest quality outcomes. Committed to maintaining safety, compassion, and excellence in neonatal nursing, with a strong focus on continuous learning and professional growth.

## Experience

2024-04 -  
2024-10

### Head Nurse - PICU

*Dr Mehtas Hospital, Chennai, India*

- Supervised daily clinical operations of the Pediatric Intensive Care Unit (PICU), ensuring adherence to evidence-based nursing protocols and hospital standards.
- Managed and led a multidisciplinary team of nurses, allocating duties based on patient acuity, staff skill level, and PICU census.
- Oversaw the care of critically ill pediatric patients, ensuring timely intervention, accurate medication administration, and continuous monitoring.
- Coordinated with pediatric intensivists, consultants, and other healthcare professionals to implement patient-centered care plans.
- Conducted staff training on advanced pediatric life support (PALS), infection control, ventilator management, and emergency response.
- Monitored staff performance and provided constructive feedback through evaluations, audits, and continuous professional development programs.
- Ensured accurate documentation of patient records, treatment plans, and incident reports in compliance with hospital and legal requirements.
- Maintained optimal inventory of medical supplies, emergency drugs, and equipment, ensuring readiness for critical situations.
- Participated in family counseling and supported parents/guardians through emotionally challenging ICU admissions and discharges.
- Implemented and monitored infection prevention protocols, achieving reduced hospital-acquired infection rates within the PICU.

2018-02 -  
2022-06

### Nursing Tutor

*Dr Mgr Educational and Research Institute, Chennai, India*

- Delivered theoretical and practical instruction in subjects such as Medical-Surgical Nursing, Community Health Nursing, Pediatric Nursing, and Nursing Foundation.
- Prepared and implemented lesson plans, instructional materials, and evaluation methods aligned with Indian Nursing Council (INC) guidelines.
- Supervised students during clinical postings in affiliated hospitals, ensuring adherence to clinical protocols and ethical standards.
- Assessed student performance through classroom tests, assignments, OSCEs, and clinical evaluations to ensure academic progress.
- Conducted simulation-based teaching using mannequins



## Contact

### Address

Sharjah, UAE

### Phone

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### E-mail

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## Skills

Compassionate care  
Nursing expertise  
Clinical leadership  
Medical record auditing  
Patient care planning  
Mental health support  
Ethical practice  
Clinical training  
Patient care standards  
Staff training  
Resource allocation  
Supply management  
Staff education  
Infection control monitoring  
Healthcare technology  
Patient counseling  
Ward management  
Direct patient care  
Clinical supervision  
Treatment Planning  
Case management  
Task delegation  
Quality assurance

and skill labs to enhance students' clinical competencies and critical thinking.

- Mentored nursing students in research projects, seminars, and case study presentations to promote evidence-based practice.
- Participated in curriculum development, revision, and academic planning in coordination with the Head of Department and university committees.
- Maintained accurate student records including attendance, internal marks, and clinical performance logs.

2017-01 -  
2018-01

## Clinical Instructor / Tutor

### *JV Institute of Nursing, Chennai, India*

- Delivered classroom and bedside teaching for nursing subjects such as Medical-Surgical Nursing, Community Health Nursing, and Fundamentals of Nursing.
- Supervised and evaluated nursing students during clinical postings in hospitals and community health centers.
- Prepared and executed lesson plans, demonstrations, and clinical procedures in alignment with INC guidelines.
- Facilitated skill development through lab demonstrations, return demonstrations, and clinical simulations.
- Assisted the Principal in academic and administrative operations, ensuring adherence to INC and university norms.
- Supervised faculty performance, allocated subjects and schedules, and monitored teaching effectiveness.
- Oversaw curriculum planning, examination coordination, student discipline, and academic progress reviews.
- Conducted faculty meetings, academic audits, and documentation related to accreditation and inspections.
- Played a key role in staff recruitment, student admission processes, orientation programs, and mentorship activities.
- Coordinated with university authorities and regulatory bodies for smooth conduct of academic activities

2014-01 -  
2014-08

## Registered Nurse

### *MIOT Hospital, Chennai, Chennai*

- Provided specialized nursing care to immunocompromised patients undergoing bone marrow and stem cell transplantation in a high-dependency ICU setting.
- Monitored patients for post-transplant complications including GVHD (Graft Versus Host Disease), infections, sepsis, and organ rejection, ensuring early intervention.
- Administered chemotherapy, immunosuppressants, antibiotics, blood transfusions, and TPN (Total Parenteral Nutrition) as per oncologist's orders.
- Maintained strict isolation precautions and aseptic techniques to minimize risk of infection in neutropenic patients.
- Operated and monitored advanced life-support equipment such as infusion pumps, cardiac monitors, ventilators, and central line catheters.
- Performed regular assessments of vital signs, fluid balance, and lab parameters including CBC, CRP, and HLA typing.
- Provided central line care (PICC/CVC), handled port-a-caths, and assisted in procedures like bone marrow aspiration and biopsy.
- Collaborated closely with transplant coordinators, hematologists, intensivists, and multidisciplinary teams to ensure continuity of care.
- Documented all nursing interventions, medication administration, progress notes, and patient responses in EMR systems accurately.
- Offered emotional and psychological support to patients

Deadline management

Care monitoring

Utilization review

Budget planning

Workload management

Emergency response

Strong clinical judgment

Performance improvement

Department management

Crisis intervention

Patient education and advocacy

Conflict management

Staff assignments

Budget management

Care delivery

Utilization management

Compliance oversight

Hiring and terminations

Medical administration

Medication and IV administration

Vitals monitoring

Emergency care

Pain management

## Personal Details

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**Date of Birth:** 16/07/1985

**Nationality:** Indian

**Marital Status:** Married

**Visa Status:** Spouse Visa

**Gender:** Female

## Languages

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English

Tamil

Telugu

and families during critical phases of transplant treatment.

- Participated in code blue situations and responded to medical emergencies with proficiency in BLS and ACLS protocols.

2008-07 -  
2011-07

## Registered Nurse

### *MMM Hospital, Chennai, Chennai*

- Provided specialized nursing care to critically ill neonates, including premature infants and those with congenital anomalies or respiratory distress.
- Monitored vital signs, oxygen saturation, and neurological status of newborns using NICU-specific equipment such as ventilators, CPAP, and pulse oximeters.
- Administered IV fluids, TPN, medications, and tube feedings as per neonatologist's orders, maintaining strict aseptic techniques.
- Assisted with neonatal resuscitation, intubation, and emergency procedures during code blue or high-risk deliveries.
- Maintained thermoregulation of neonates using incubators, radiant warmers, and specialized neonatal care techniques.
- Performed routine neonatal procedures such as heel pricks, umbilical catheter care, NG tube insertion, and phototherapy management.

2006-10 -  
2008-11

## Registered Nurse

### *Vijaya Health Center, Chennai, Chennai*

- Delivered comprehensive nursing care to critically ill and premature neonates in a Level II/III NICU, adhering to established clinical protocols.
- Monitored vital signs, respiratory status, and neurological responses of neonates using NICU-specific equipment such as ventilators, CPAP, and multi-parameter monitors.
- Administered intravenous fluids, antibiotics, TPN, and enteral feedings through NG/OG tubes, ensuring accurate dosage and timely delivery.
- Assisted neonatologists in emergency procedures including neonatal resuscitation, intubation, and surfactant administration.
- Maintained thermoregulation using incubators, radiant warmers, and skin-to-skin (kangaroo) care practices.

## Education

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2023-2024

### **Infection Control Nursing**

*NHCA*

GPA: A Grade

2014-2016

### **M.Sc: Nurse**

*Dr Mgr Educational and Research Institute*

GPA: A Grade

2011-2013

### **Post B,sc Nursing**

*Savitha university*

GPA: A Grade

2003-2006

### **General Nursing and Midwifery**

*Sathiya Lakshmi School of Nursing*

GPA: A Grade