



Anjana K

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Profile

Clinically trained Registered Nurse with structured experience across labour room services, obstetrics and gynecology operation theatre functions, emergency department workflows, and post-operative patient management. Seeking a Registered Nurse position in labour room and obstetrics & gynecology operation theatre settings where maternal and neonatal care protocols, intrapartum monitoring, perioperative nursing support, surgical asepsis, infection prevention and control, medication administration, patient safety standards, clinical documentation, and multidisciplinary team coordination align with hospital quality frameworks, regulatory compliance requirements, and evidence-based nursing practice standards.

Professional Experience

Registered Nurse | Govt. Women and Children Hospital, Ponnani, Kerala | Aug 2024 – Oct 2025 **Midwifery – Labour Room, Delivery Unit, Obstetrics & Gynecology Operation Theatre, Post-Operative Ward**

- Executed labour room nursing care including antenatal assessment, intrapartum monitoring, and immediate postnatal care in alignment with obstetric protocols.
- Assisted obstetricians during normal and assisted deliveries, cesarean sections, and gynecological surgical procedures.
- Managed operation theatre preparation, sterile field maintenance, instrument handling, and perioperative patient safety practices.
- Delivered post-operative monitoring, pain assessment, wound care, and recovery support for obstetric and gynecological patients.
- Maintained clinical documentation, nursing notes, and handover records in compliance with hospital SOPs.

Registered Nurse, Emergency Department | Govt. Women and Children Hospital, Ponnani, Kerala | Nov 2022 – Dec 2023

- Provided emergency nursing care including patient triage, vital signs monitoring, and stabilization support.
- Assisted in emergency procedures, medication administration, and rapid response coordination.
- Ensured infection prevention practices and adherence to emergency department clinical guidelines.
- Coordinated with physicians and support staff to manage patient flow and emergency case documentation.

Registered Nurse, Emergency Department | Imbichibava Memorial Co-operative Hospital, Kerala | Sep 2021 – Oct 2022

- Delivered frontline emergency nursing services including patient assessment, monitoring, and clinical assistance.
- Supported emergency interventions, IV therapy, wound care, and basic life support measures.
- Maintained patient records, admission documentation, and shift handover reports.
- Followed hospital infection control policies and safety standards in high-acuity settings.

Education

- **Bachelor of Science in Nursing (BSc Nursing)** | Karuna College of Nursing, Chittur, Kerala University of Health Sciences, Kerala | 2016 – 2021
- **Higher Secondary Examination (HSC)** | GHSS Edappal, Kerala | 2014 – 2016
- **Secondary School Leaving Certificate (SSLC)** | PGHS Ponnani, Kerala | 2012 – 2014

Core Competencies And Technical Skills

- **Labour Room Nursing Operations** – Antenatal assessment, intrapartum monitoring, delivery assistance, and postnatal care as per obstetric protocols.
- **Obstetrics And Gynecology Operation Theatre** – Surgical assistance, sterile technique maintenance, and perioperative nursing support.
- **Midwifery And Maternal Care** – Newborn assessment, maternal monitoring, and breastfeeding support.
- **Emergency Nursing Services** – Patient triage, stabilization support, and emergency care coordination.
- **Post-Operative Nursing Care** – Vital signs monitoring, pain management, and wound care.
- **Infection Control And Patient Safety** – Aseptic practices, PPE compliance, and hygiene standards adherence.
- **Medication Administration** – Accurate dosage administration, IV therapy, and medication documentation.
- **Clinical Documentation** – Nursing notes, patient records, and shift handover reporting.
- **Patient Assessment And Monitoring** – Ongoing clinical assessment and early condition change identification.
- **Perioperative Patient Preparation** – Preoperative readiness support and post-procedure transition coordination.

Certifications And Licensure

- **Registered Nurse** – Kerala Nursing Council
- **DHA Eligibility ID:** 79501502
- **Basic Life Support (BLS)** – American Heart Association
- **Advanced Cardiovascular Life Support (ACLS)** – American Heart Association
- **Neonatal Resuscitation Program (NRP)** – Certified training in neonatal resuscitation protocols and emergency response procedures.
- **Kerala Nurses And Midwives Council (KNMC)** – Registered member with professional regulatory compliance.

Medical Equipment Proficiency

- **Fetal monitor and CTG machine**
- **Infusion and syringe pumps**
- **Patient vital signs monitoring systems**
- **Suction apparatus and oxygen delivery systems**
- **Operation theatre surgical instruments**
- **Emergency resuscitation equipment**

Languages

- **English | Malayalam | Hindi | Tamil**

References

- **Available upon request.**