

RESHMA RAJU, BSc Nursing

Dubai, UAE | +971 50 865 7177 | reshmaraju660@gmail.com

LinkedIn: [linkedin.com/in/reshma-raju-317883250](https://www.linkedin.com/in/reshma-raju-317883250) | DHA Registered Nurse (Reg. ID: 22522143)

PROFESSIONAL SUMMARY

Dedicated and compassionate DHA-registered nurse with over 2 years of professional experience in Medical-Surgical, Gynecology, and Cardiology units. Proven ability to deliver high-quality patient care, ensure infection prevention, and collaborate effectively with multidisciplinary teams. Seeking to contribute nursing expertise to a reputed healthcare organization, providing world-class care and patient satisfaction.

PROFESSIONAL EXPERIENCE

KIMS Health Hospital, Kerala, India

Staff Nurse Grade II – Medical Surgical | Gynaecology

- Initiated patient assessment, care planning, implementation, and evaluation in coordination with physicians and multidisciplinary teams.
- Delivered comprehensive nursing care to patients recovering from surgeries, acute illnesses, and chronic conditions.
- Created individualized treatment plans and coordinated follow-up medical care to support recovery.
- Conducted physical examinations, recorded vital signs, and maintained accurate health documentation.
- Ensured strict compliance with infection control and hospital safety protocols, reducing hospital-acquired infections.
- Assisted in developing and implementing patient care protocols to enhance overall clinical performance.
- Provided holistic care to patients in long-term acute settings, focusing on medical and surgical needs.
- Administered medications and supported physicians during invasive and non-invasive procedures and examinations.
- Conducted and evaluated fetal monitoring to determine fetal well-being and identify complications early.
- Monitored high-risk pregnancy cases, contributing to a reduction in pre-term deliveries.
- Performed over 150 prenatal assessments, monitored fetal development, and supported patients through labor and delivery.
- Mentored and trained junior nurses, strengthening team collaboration and improving patient outcomes.
- Administered injections and treatments as prescribed, and delivered discharge education to patients and families with empathy and clarity.

Aster Medcity, Kerala, India

Trainee Nurse – Cardiology Department

- Supported the prevention, diagnosis, and management of cardiovascular diseases under senior supervision.
- Conducted cardiac health assessments and reviewed patients' medical histories to assist in clinical decision-making.
- Monitored patients' vital signs, ECG rhythms, and symptom changes, ensuring timely escalation of abnormalities.
- Assisted in cardiac diagnostic procedures, including ECGs and stress tests.
- Maintained accurate, detailed patient documentation and ensured compliance with clinical standards.
- Collaborated with the cardiology team to deliver safe and high-quality patient care while developing advanced cardiac nursing skills.

LICENSES & CERTIFICATIONS

- Dubai Health Authority (DHA) Eligibility – Registered Nurse (Reg. ID: 22522143)
- Basic Life Support (BLS) – American Heart Association
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association

PROFESSIONAL ACHIEVEMENTS

- Contributed to reducing infection rates through improved hygiene and safety practices.
- Recognized by supervisors for compassionate care and patient engagement.
- Trained and guided junior nurses in post-operative and maternal care protocols.
- Successfully handled high-acuity cases in medical-surgical units with excellent outcomes.

EDUCATION

- Bachelor of Science in Nursing (BSc Nursing)
- Vydehi Institute of Medical Sciences and Research Centre, Rajiv Gandhi University of Health Sciences, Bengaluru, India | 2022
- Project: A Descriptive Study on Factors Affecting Exclusive Breastfeeding among Mothers at Selected Hospitals, Bengaluru.

KEY CLINICAL SKILLS

Patient Safety & Infection Control • Labour & Delivery Assistance • IV Line Insertion & Infusions • Catheterization & Ryle's Tube Feeding • Central & PICC Line Care • Medication Administration • Colostomy & Tracheostomy Care • Emergency Response • EMR Documentation • Post-Operative Care & Wound Management • Venipuncture & Blood Transfusion Monitoring • Wound Dressing Techniques • EHR/EMR Systems (Cerner, Epic Exposure) • Pain Management & Palliative Care • Maternal & Neonatal Care • Patient Teaching & Family Education

EQUIPMENT EXPERTISE

Cardiac Monitor • Defibrillator • Ventilator • Suction Apparatus • Oxygen Cylinder • Ambu Bag • ECG Machine • Glucometer • Laryngoscope • Fetal Doppler • NST Machine

LANGUAGES

English | Hindi | Malayalam | Tamil | Kannada

ADDITIONAL INFORMATION

Date of Birth: 12 Feb 2000 | Nationality: Indian | Marital Status: Single | Visa Status: Visit Visa | Passport: W7789324

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief.