



SHREYA NAYAK

STAFF NURSE

DHA ID : 24044201

PROFESSIONAL SUMMARY

Compassionate and dedicated Registered Nurse with over 4 years of experience in delivering high-quality patient care in hospital settings. Skilled in clinical procedures, medication administration, post-operative care, and emergency response. Adept at working in fast-paced environments with strong attention to detail, teamwork, and patient-centered care. Committed to maintaining safety, empathy, and professionalism in every aspect of nursing practice.

WORK EXPERIENCE

STAFF NURSE | 26 December 2020 – 03 February 2025

INDIANA HOSPITAL AND HEART INSTITUTE, MANGALORE, INDIA

KEY RESPONSIBILITIES

- Delivered comprehensive and compassionate nursing care to patients in a high-acuity hospital environment.
- Accurately monitored, recorded, and interpreted patients' vital signs, ensuring timely interventions when necessary.
- Administered medications and treatments as prescribed, adhering to safety protocols and best nursing practices.
- Collaborated with multidisciplinary healthcare teams to develop and implement individualized patient care plans.
- Maintained detailed and accurate patient medical records, reports, and documentation in compliance with hospital standards.
- Assisted in various clinical procedures and ensured aseptic techniques to prevent infection.
- Provided pre-operative and post-operative care, including monitoring patient recovery and pain management.
- Actively participated in emergency response and critical care situations, demonstrating sound judgment and quick decision-making.

KEY SKILLS

- Invasive Cardiac monitors
- Defibrillator
- Infusion Pump
- Syringe Pump
- ECG machine
- Abg machine
- Cpap and bipap machine.
- Ventilator
- ABP, CVP, PAP monitoring
- TPI MACHINE
- Incubator
- Suction apparatus
- Oxygen cylinder
- Warmer
- Pulse oxymeter
- Crash cart.
- Laryngoscope.
- labp machine.
- DVT PUMPS
- Portable Ventilator
- Air mattress

CONTACT



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Email:

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Location:

Russia Cluster – V07,
International City, Dubai,
UAE

EDUCATION

POST BASIC B.SC. NURSING | 2020

- Masood College of Nursing,
Bikarnakatte, Mangalore, India

GENERAL NURSING AND MIDWIFERY (GNM) | August 2018

- Manipal School of Nursing,
Manipal, India

PRE-UNIVERSITY COURSE (PUC) 2015

- St. Lawrence PU College,
Moodubelle, Udipi, India

SSLC | April 2013

- St. Lawrence Junior College,
Moodubelle, Udipi, India

REGISTRATION

REGISTERED NURSE

DHA ID : 24044201

Case No. : D001-2503-2347190

COMPUTER PROFICIENCY

MS Office ★★★★★

Basic Operation ★★★★★


Internet & E- Mail ★★★★★

AREA OF EXPERTISE


- General Nursing
- Medical-Surgical Nursing
- Patient Assessment
- Post-Operative Care
- Emergency Care
- Health Education
- Infection Prevention
- Wound Care Management
- Medication Management
- Hospital Protocols
- Nursing Ethics
- Clinical Documentation

LANGUAGES KNOWN

English  100 %

Malayalam  100 %

Hindi  50 %

Kannada  50 %

PERSONAL DETAILS

Gender : Female
Date of Birth : 18/11/1997
Nationality : Indian
Marital Status : Married
Passport No. : V6513922
Date of Expiry : 30/01/2032
Place of Issue : Bengaluru

Permanent Address

Nalkuru Belanjale House, Kattingeri
Post, Shirva Village, Udupi Taluk,
Dist- 574116- Karnataka, India

CORE COMPETENCIES

- Provide holistic and patient-centered nursing care in accordance with hospital protocols and ethical standards.
- Accurately assess, monitor, and document patients vital signs and overall health status.
- Administer medications and intravenous therapies safely and effectively.
- Coordinate with physicians and healthcare teams to implement individualized care plans.
- Deliver effective pre-operative and post-operative care to enhance recovery outcomes.
- Respond promptly and efficiently to medical emergencies, demonstrating sound clinical judgment.

PERSONAL STRENGTHS

- **COMPASSIONATE** – Genuinely empathetic towards patients, ensuring emotional and physical comfort throughout their care journey.
- **ADAPTABLE** – Quickly adjusts to dynamic clinical environments and changing patient needs.
- **DETAIL-ORIENTED** – Pays close attention to accuracy in medication, documentation, and patient monitoring.
- **TEAM PLAYER** – Collaborates effectively with doctors, nurses, and support staff to provide cohesive patient care.

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

SHREYA NAYAK