

# MINNUMOL THOMAS

## REGISTERED NURSE

ELIGIBILITY MOH LICENSE ID: 326021

### EDUCATION

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#### **Bachelor of Science in Nursing (2015)**

Dr. N.T.R University of Health Sciences  
Sri Venkata Sai College of Nursing, Mahaboobnagar - India

#### **Higher Secondary Education (H.S.E 2011)**

Board of Higher Secondary Examination  
Government of Kerala.

### PROFESSIONAL EXPERIENCE

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#### **Registered Staff Nurse (19-06-2018 – 11-05-2024)**

**Al Bukayriah General Hospital KSA**

**Department: Hemodialysis Unit**

- Provide comprehensive nursing care to Dialysis patients, ensuring safety, comfort, and well-being.
- Administer medications and treatment plans as prescribed by healthcare providers.
- Collaborate with multidisciplinary teams to assess patient needs and develop personalized care plans.
- Educate patients and their families on health management, treatment options, and preventive care.
- Maintain accurate and timely medical records and documentation in accordance with hospital policies.
- Patient triage and initiating hemodialysis.
- Assessing central venous catheters (CVC), arteriovenous (AV) fistula and grafts.
- IV connection to artificial kidney.
- Monitoring patients for severe hypotension and hypertension.
- Assess and evaluate patients before and after dialysis treatment.



### PROFESSIONAL SUMMARY

Compassionate registered Nurse with 8 years of experience in various types of long-term and health care. Proven ability to provide individualized care plans and help patients meet goals by delivering direct and effective patient care. Committed to increasing patient satisfaction and streamlining organization.

### TECHNICAL SKILLS

- Administering medications and injections as per order.
- Urgent care experience
- Medical records management
- Confidentiality
- IV cannulation
- Insertion of NG tube & tube feeding.
- Cannulation of Av fistula & graft.

### CONTACT

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minnumolthomas74@gmail.com

**Registered Staff Nurse (01-03-2016 to 28-02-2018),**

**VPS Rockland Hospital-Delhi**

**Department of ICU**

- Deliver direct nursing care to the patients according to established protocols and guidelines.
- Monitor and assess patients' conditions, including vital signs, and report significant changes to the healthcare team.
- Coordinate with the other internal departments and customers to keep operations running smoothly and solve both routine and complex problems.
- Administer medications and treatments as prescribed by healthcare providers while ensuring patient safety.
- Responsible for primary care, case management and medication management.
- Respond to cardiac arrests and code blue situations.
- Perform CPR and assist with resuscitation efforts.
- Assist with intubation and extubating.
- Assess neurological status, respiratory function & hemodynamic stability.
- Maintain fluid and electrolyte balance.
- Document all patient care activities accurately and timely in compliance with hospital policies.
- Ensure all devices are functioning properly.
- Follow isolation protocols and a sterile environment to prevent infections.
- Respect patient confidentiality and adhere to hospital protocols and health care regulations.

## **CERTIFICATIONS**

- BLS in American Heart Association National CPR Committee (valid up to Jan-2027)
- Saudi commission for health specialties.
- Kerala Nursing Council.
- Data flow case references M006-2412-2226552

## **COMPUTER SKILLS**

- Microsoft Word, Excel, Internet & Emails.

## **BEHAVIORAL / LEADERSHIP COMPETENCIES**

- Empathetic, Caring attitude, Time management, Team spirit.

## PERSONAL DETAILS

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Date of Birth : 23-12-1993  
Sex : Female  
Marital Status : Married  
Nationality : Indian  
Languages Known : English (Fluent)  
Telugu(Conversational)  
Malayalam (Native)  
Hindi (Fluent)  
Arabic (Conversational)

### Passport Details:

Passport No : R1446794  
Date of Expiry : 27-06-2027

## DECLARATION

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I hereby declare that all the information is true and accurate to the best of my knowledge and belief.

Date : 01-04-2025

**Minumol Thomas**