

NIMISHA SABU

REGISTERED NURSE (DHA RN LICENSE 74004337)

nimishasabu725@gmail.com | +971 566509077 | Al qusais, Dubai

www.linkedin.com/in/nimisha-sabu-43b420312



PROFESSIONAL SUMMARY

Dedicated and patient-focused Registered Nurse with 2 years of experience in providing multifaceted healthcare specialities to adverse group of patients. Armed with solid knowledge and expertise in administering standard treatment protocols in intensive care, primary care and chronic care disease management. Committed to enhancing patient satisfaction and fostering a culture of safety and professionalism in healthcare settings.

CAREER PROFILE

Registered Nurse (Medical ICU)

Government, District Hospital Palakkad, Kerala (July 2024 - November 2025)

- Provided specialized nursing care to critically ill patients by maintaining patient to nurse ratio to ensure quality care is being delivered
- Monitored and documented patient vital signs and change in condition that may indicate deterioration
- Managed IV medications, blood transfusion, ventilators and other life supporting equipments
- Managed emergency situation by initiating CPR, assisting in intubation and performing stabilizing interventions during resuscitation.
- Collaborated with multidisciplinary teams to develop and implement individualized care
- Ensured equipment functionality by conducting daily safety checks of defibrillators, infusion pumps, and suction apparatus.
- Assisted in end-of-life care, including family communication, psychological support, and palliative management.

Registered Nurse (medical and surgical ward)

Taluk Headquarters Hospital, Alathur (November 2023 - June 2024)

- Provided comprehensive care to patients recovering from surgery, acute illness and chronic disease.
- Educated patient and family members about treatment plans, post-op care, medications and procedures to improve home based care.
- Assisted in surgical wound dressing, bladder irrigation, iv therapy and other routine nursing procedures.
- Ensured timely patient assessments, implemented nursing interventions and evaluated patient response during every shift.
- Managed patient admissions, discharges, inter-departmental transfers while updating accurate records and clinical notes.
- Conducted inventory checks, replenished nursing station supplies and reported discrepancies to the nursing supervisor.

EDUCATION

Bachelor of science in Nursing

M.O.S.C College of Nursing, Kolenchery, Ernakulam

October 2018- June 2023

CERTIFICATION

- **Kerala Nurses and Midwife council**

Reg.no : KL03202302743

- **Basic Life support (BLS)**

AHA Certified | valid till August 2027

- **Advanced Cardiac Life support (ACLS)**

AHA Certified | valid till August 2027

KEY SKILLS

- Clinical Assessment
- Effective communication
- Multidisciplinary Coordination
- Evidence Based practices
- Patient Safety & Infection Control
- Patient assessment and monitoring
- Intravenous therapy
- Ventilator & Oxygen Therapy Management
- Electronic Medical Records
- Critical thinking and Time management

PERSONAL DETAILS

Date of Birth : 25/10/2000

Nationality : Indian

Passport No : Y7587564

Languages : English(Fluent),Hindi(Proficient),Malayalam(Native),Tamil(Conversational)

Visa Status : Visit Visa