

MALAVIKA C.R

registered nurse and midwife

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Summary

I am a compassionate registered nurse with a background in patient care across various medical settings, such as physical medicine, rehabilitation, and ICU. I excel in exceptional organizational skills, patient relations, and educational advocacy. Proficient in medication administration, patient monitoring, and therapeutic communication, I aim to provide innovative healthcare solutions while maintaining the highest standards of care

Experience

Staff Nurse - Medical Surgical And Rehabilitation Ward, Aster Medicity Cochin 01/2024 – 03/2025
JCI -accredited quaternary care multispeciality hospital. Kerala

- Provided holistic patient care
- Consulted and communicated with healthcare team members
- Prepared, administered, and recorded prescribed medication
- Maintained privacy to patients' data and recorded health information
- Monitored and adjusted specialized equipment used on patients, and interpreted and recorded electronic displays
- Established good interpersonal relationships
- Reported adverse reactions to medications or treatments
- Ensured care was performed in accordance with established corporate and hospital policies and procedures with international standards

Education

BSc Hons Nursing, All India Institute of Medical Sciences Bhopal 2019 – 2023
India

Higher secondary education, L.B.S.M.H.S.S Avittathur Thrissur 2016 – 2017

Certificates

- DHA Licensure exam qualified - Eligibility Id -63458871-RNT0312-1
- BLS- American Heart Association
- OET Cambridge Boxhill Language Assessment Unit candidate no -200472612
- Kerala Nurses and Midwives Council-Registration no- KL04202401659

AREAS OF EXPERTISE AND TRAINING

ICU • CCU • OBG • PSYCHIATRY • GENERAL MEDICINE AND SURGICAL WARD • OT • PMR • TRAUMA AND EMERGENCY

Languages

English

Native

Malayalam

Native

Hindi

Proficient

Strengths

Listening and Interpretation

Possesses impeccable listening and interpretation abilities essential for effective patient care

Quick Implementation

Quick to implement relevant actions based on patient assessments

Therapeutic Communication

Exhibits better therapeutic communication skills for patient interactions

Decision Making

Capable of making sound decisions in high-pressure scenarios

Leadership Quality

Demonstrates leadership qualities in managing patient care and teamwork

Additional skills

Airway Management
Tracheostomy care
Fluid and electrolyte management
Medication administration
Hot and cold applications
Wound dressings
Urinary catheterization
BLS and ACLS
Bipap and Cpap
Pre and post op care
Pain Assessment and management
Cannulation
Venipuncture
Gastric lavage
EHRs
Assisting in LP and Hemodialysis
Ryles tube insertion and feeding
Care of mechanical ventilated patients

Interests

Sports and Arts

Strong interest in sports and arts, and staying updated with the latest knowledge

Declaration

I hereby declare that the above facts given by me are true and accurate and best of my knowledge and belief.

Malavika C.R