



RINCY MARY A

DHA REGISTERED NURSE

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Visa status : Family Visa(Residence), **Marital status** : Married

PROFESSIONAL SUMMARY

Dedicated and DHA-licensed Staff Nurse with hands-on clinical experience in emergency and ward care. Proficient in acute patient care, assessment, life-saving interventions, and multi-disciplinary coordination. Certified in Basic Life Support (valid through 2026) and registered with the Kerala Nursing Council (valid through 2029). Strong communicator and team collaborator with excellent command of emergency equipment and patient education. Passionate about delivering high-quality, compassionate, and evidence-based nursing care in fast-paced, high-pressure environments.

PROFESSIONAL EXPERIENCE

REGISTERD NURSE

13th Aug 2025 - percent

Jupiter Specialty medical Centre
Karama, Dubai (United Arab Emirates)

- Administer medications and injections.
- Perform wound care, dressings, and suture removal.
- Coordinate with physicians and other healthcare providers.
- Refer patients to specialists or for further tests as needed.
- Assist with minor procedures (e.g., pap smears, biopsies).
- Conduct initial patient assessments (vitals, history, symptoms).
- Provide education on medications, treatments, and lifestyle changes.
- Teach chronic disease management (e.g., diabetes, hypertension).
- Accurately document patient information in electronic health records (EHR).
- Maintain confidentiality and compliance with HIPAA standards.
- Follow proper protocols for infection prevention.
- Ensure cleanliness and safety of exam rooms and equipment.
- Monitor patients post-treatment or post-procedure.
- Arrange follow-up visits and provide discharge instructions.
- Conduct routine screenings (blood pressure, glucose, etc.).
- Work closely with clinic staff (doctors, medical assistants, front desk).
- Participate in team meetings and contribute to clinic improvements.
- Respond to medical emergencies appropriately.
- Initiate CPR or emergency protocols when needed.
- Take vital signs and review medical history before dental procedures.
- Identify any risks (e.g., heart conditions, diabetes, medications)

STAFF NURSE

30th Dec 2024 –10th July 2025

Moni Hospital, Kollam, Kerala, India

- Delivered direct patient care in Emergency and General Ward, including assessment, medication administration, IV therapy, and vital sign monitoring.
- Managed CPR and emergency response duties, contributing to life-saving interventions in critical cases.
- Maintained accurate documentation of patient care, treatment, and progress to support continuity of care.
- Provided emotional support and health education to patients and families, enhancing treatment adherence.
- Collaborated closely with physicians and multi-disciplinary teams for effective treatment planning and discharge readiness.
- Operated and maintained essential clinical equipment, ensuring safety and preparedness.
- Complied strictly with infection control practices, PPE use, and hospital safety protocols.

EDUCATION

Bachelor of Science in Nursing (B.Sc Nursing)

V.N.S.S College of Nursing, Kerala University of Health Sciences , Kollam, Kerala, India

2024

LICENSES & CERTIFICATIONS

- Registered Nurse - DHA License (Dubai Health Authority) ID : 86382116 (Valid until 24-06-2026)
- Basic Life Support (BLS) - American Heart Association (Valid until 18-11-2026)
- Registered Nurse & Midwife - Kerala Nurses and Midwives Council, Reg. No: KL03202406770 (Valid until Feb 2029)

CORE COMPETENCIES

- Emergency Nursing & Critical Care
- Patient Assessment & Triage
- Intravenous Therapy & Injections
- Medication Administration & Monitoring
- BLS | CPR | Emergency First Aid
- Infection Control & Hygiene Compliance
- Post-Operative Care & Recovery Monitoring
- Ward Management & Documentation
- Team Coordination & Shift Handover
- Medical Equipment Handling

EQUIPMENT KNOWLEDGE

- Clinical Equipment Handling: Ventilators, Infusion Pumps, Defibrillators, Patient Monitors
- Medical Software: Electronic Health Records (EHR), Patient Data Entry
- Basic IT Tools: MS Word, Excel for documentation and reporting
- Sterilization Tools: Autoclaves, PPE, and ward hygiene tools
- Medical Procedures: IV Cannulation, Catheterization, Wound Dressing
- Emergency Protocols: CPR, BLS, AED use

PROFESSIONAL SKILLS

- Strong patient communication and interpersonal care
- Ability to work under pressure and respond to medical emergencies
- Compassionate and empathetic bedside manner
- Critical thinking and clinical judgment
- Excellent coordination with physicians, nurses, and allied staff
- Time management and shift prioritization
- Ethical compliance and confidentiality maintenance
- Clear and concise medical documentation
- Positive attitude and team collaboration

LANGUAGES

- English
- Malayalam