

# KARTHIKA MT

DHA PHARMACIST ID: 05267271

## Summary

Dedicated and detail-oriented Registered Pharmacist with over **3 years** of experience in hospital and community pharmacy settings. Proven expertise in prescription dispensing, patient counseling, pharmacovigilance, and clinical research support. Skilled in inventory management, medication safety, and ensuring full regulatory compliance with national health standards. Holds valid DHA license and Kerala State Pharmacy Council registration. Known for strong ethical standards, teamwork, and effective communication. Committed to delivering high-quality, patient-centered pharmaceutical care.

## Work Experience

### REGISTERED PHARMACIST & INCHARGE

2025

URBAN HEALTH & WELLNESS CENTRE UNDER NHM, PALAKKAD, KERALA, INDIA

- Managed daily pharmacy operations, ensuring regulatory compliance and smooth workflow.
- Coordinated with medical staff to support effective patient care.
- Implemented SOPs to enhance safety, efficiency, and service quality.
- Advised patients on medication usage, side effects, and drug interactions.
- Ensured accurate and timely dispensing and inventory management.
- Maintained detailed and compliant pharmacy records.
- Participated in health awareness campaigns and supported NHM community outreach initiatives.
- Collaborated with healthcare teams—including medical officers and nurses—for integrated patient care.

### REGISTERED PHARMACIST

2022 - 2024

SANTHI MEDICALS, KARIMBA, PALAKKAD, KERALA, INDIA

- Dispensed prescribed medications accurately, ensuring compliance with dosage, usage, and safety protocols.
- Managed procurement, inventory, and proper storage of medicines and medical supplies to avoid shortages or expiration.
- Supervised daily pharmacy operations, ensuring adherence to regulatory and hygiene standards.
- Provided patient counseling regarding medication usage, side effects, storage, and therapy compliance.
- Ensured correct labeling, handling, and disposal of expired or unused pharmaceuticals.
- Prepared and submitted regular documentation and reports for audits and program evaluations.
- Monitored and reported adverse drug reactions (ADRs) in accordance with pharmacovigilance protocols.

### TRAINEE PHARMACIST

2021 - 2022

DISTRICT CO-OPERATIVE HOSPITAL, PALAKKAD, KERALA, INDIA

- Assisted in the preparation and dispensing of medications under the supervision of senior pharmacists.
- Maintained accurate records of prescriptions, inventory, and stock management.
- Supported the procurement and storage of pharmaceuticals according to hospital standards.



## Contact Me

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AL Karama, UAE

## Education

### BACHELOR OF PHARMACY | 2021

- Kerala University of Health Sciences
- Ahalia School of Pharmacy, Palakkad, Kerala, India

### HIGHER SECONDARY | 2016

- Board of Higher Secondary Examination, Kerala, India
- PMG HSS, Palakkad

### SSLC | 2014

- Board of Public Examination, Kerala, India
- MES EM HSS, Olavakkode

## Licenses & Registrations

- **Dubai Health Authority**  
DHA License Number: 05267271
- **Kerala State Pharmacy Council**  
Registration Number: 78263

## Soft Skills

- Leadership
- Critical Thinking
- Time Management
- Problem Solving
- Decision Making
- Attention to Detail

## Software Proficiency

- MS Office  
Word | Excel | PowerPoint

## Professional Skills

- Prescription Dispensing & Validation
- Patient Counseling & Medication Adherence
- Pharmacovigilance & Adverse Drug Reaction Monitoring
- Clinical Pharmacy Practices
- Drug Interaction & Contraindication Analysis
- Inventory & Stock Management
- Controlled Drug Handling & Compliance
- Pharmaceutical Documentation & Record Keeping
- Knowledge of National Health Mission (NHM) Protocols
- Hospital Pharmacy Operations
- Good Manufacturing Practice (GMP) & Good Pharmacy Practice (GPP)
- Medication Reconciliation & Therapy Optimization
- Regulatory Compliance (DHA, Pharmacy Council Registration)
- Pharmacy Software & Management Systems

## Languages Known

English	<div style="width: 100%;"></div>
Hindi	<div style="width: 90%;"></div>
Tamil	<div style="width: 85%;"></div>
Malayalam	<div style="width: 80%;"></div>

## Achievements & Certification

- Poster Presentation**  
Presented a poster titled "Metformin: A New Drug for Complex Disease" at the State-Level Seminar on "Multitarget Drugs – A Future Promise for Complex Diseases", November 2018.
- Seminar Participation**  
Participated as a delegate in the International Seminar on Herbal and Natural Products for Liver and Pancreatic Disorders, November 2017.
- Advanced Program in Clinical Research & Management**  
**Successfully completed in June 2022.**
- Certificate of Training in SAS (BASE)**  
Awarded by The Council of Research & Training, SAS Institute, March 2022.

## Strengths & Qualities

- STRONG ETHICS & INTEGRITY** – Committed to ethical practices in handling prescriptions and patient confidentiality.
- ADAPTABILITY** – Quickly adjusted to different work environments and healthcare protocols.
- TEAM PLAYER** – Collaborated effectively with healthcare professionals to provide optimal patient care.
- COMMUNICATION SKILLS** – Explained medication instructions clearly to patients and communicated well with colleagues.
- CONTINUOUS LEARNER** – Proactively updated knowledge in clinical research, SAS, and pharmaceutical practices.

## Passport Details

Passport Number : V1847475  
Date of Issue : 14/06/2021  
Date of Expiry : 13/06/2031

## Declaration

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

**KARTHIKA MT**