

# ASWATHY BABU SARA

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Nationality: Indian | Languages: English, Hindi, Malayalam, Tamil

## Professional Summary

Dedicated and compassionate Registered Nurse with 9+ years of experience in critical care and OPD settings across the UAE and India. Skilled in patient safety initiatives, infection control, regulatory compliance (DHA), and multidisciplinary collaboration. Proven ability in clinical leadership, emergency response, and performance evaluation.

## Work Experience

**Registered Nurse | Advanced Care Medical Centre – Dubai, UAE** (Mar 2019 – Apr 2025)

- Implemented patient safety measures, infection control, and risk management protocols.
- Led departmental audits, compliance checks, and emergency response initiatives.
- Provided critical care interventions, patient monitoring, and clinical leadership.
- Collaborated with multidisciplinary teams to enhance clinical standards.

**Staff Nurse | St. Thomas Hospital – Kerala, India** (Jul 2017 – Aug 2018)

- Delivered pre- and post-operative care, ensuring patient safety and effective recovery.
- Assisted in medical procedures, medication administration, and patient assessments.
- Educated patients and families on discharge planning and recovery protocols.
- Monitored vital signs and ensured adherence to KHD nursing standards.

**Staff Nurse | Travancore Medical College Hospital – Kerala, India** (Jun 2015 – Jul 2017)

- Supported clinical tests, emergency interventions, and medical procedures.
- Managed pre- and post-operative patient care, including medication administration.
- Maintained accurate documentation and compliance with nursing protocols.

## Key Skills & Competencies

- Patient-Centered Care & Evidence-Based Practice
- Infection Control & Healthcare Audits
- Risk Management & Incident Reporting
- Regulatory Compliance (DHA)
- Emergency Response & Crisis Management
- Critical Care Interventions & Rapid Response
- Electronic Medical Records (EMR) Management
- KPI Monitoring & Performance Evaluation
- Advanced Life Support (ALS) & Basic Life Support (BLS)

## Education & Certifications

- Bachelor of Science in Nursing – Yenepoya Nursing College, Mangalore, India
- DHA Registered Nurse (RN) – UAE
- Advanced Life Support (ALS) – Certified
- Basic Life Support (BLS) – Certified

## **Research & Publications**

- IOSR Journal of Scientific Research: "Knowledge Regarding Menstrual Hygiene among Adolescent Girls in Selected Schools, Mangalore" – Vol.3, Issue 1, Jan 2014

## **References**

Available upon request