

VISHNUPRIYA T R

DHA QUALIFIED REGISTERED NURSE

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Dedicated and compassionate Registered Nurse with over two years of experience in the Critical Intensive Care Unit (CICU), providing exceptional patient-centered care in high-pressure environments. Skilled in cardiac monitoring, ventilator management, emergency response, and post-operative cardiac care. Seeking a challenging nursing position in a reputed healthcare facility where I can apply my clinical expertise, uphold patient safety standards, and contribute to the delivery of high-quality critical care services while continuing to advance professionally.

WORK EXPERIENCE

REGISTERED NURSE – CRITICAL INTENSIVE CARE UNIT (CICU)

Amala Institute of Medical Sciences, Amala Nagar, Thrissur, Kerala, India | Aug 2023 – Sep 2025

- Patient Monitoring & Assessment:** Continuously observe and assess vital signs, cardiac rhythms, and neurological parameters of critically ill patients to ensure early detection of complications.
- Emergency & Life Support Response:** Deliver prompt emergency interventions such as CPR, defibrillation, and airway management during life-threatening situations.
- Medication & Infusion Administration:** Administer prescribed medications, IV fluids, and inotropic agents accurately while adhering to hospital safety standards.
- Ventilator & Equipment Management:** Operate and maintain ventilators, cardiac monitors, and infusion pumps, ensuring optimal patient support and equipment functionality.
- Post-Operative & Cardiac Care:** Provide specialized nursing care for post-cardiac surgery and critically ill patients, ensuring continuous observation and stability.
- Documentation & Record Maintenance:** Maintain precise and timely documentation of patient assessments, nursing interventions, and progress in medical records.
- Infection Control Compliance:** Follow strict aseptic and infection control procedures to minimize hospital-acquired infections and promote a safe environment.
- Multidisciplinary Coordination:** Collaborate effectively with doctors, respiratory therapists, and other healthcare professionals to deliver comprehensive patient care.
- Patient & Family Support:** Educate and counsel patients and families on treatment plans, recovery processes, and post-discharge care to ensure understanding and comfort.
- Professional Development & Quality Care:** Engage in continuous learning, clinical training, and quality improvement initiatives to enhance nursing skills and patient outcomes.

EDUCATION

- Bachelor of Science in Nursing**
Amala College of Nursing, Thrissur, Kerala, India.
Kerala University of Health Sciences | 2018 - 2023

REGISTRATION

- Dubai Health Authority (DHA)** - Unique Id: 23428539 | Expiry: 03/10/2026
- Kerala Nurses and Midwives Council** - Registration Number: KL03202301045 | Expiry: 30/06/2028

PROFESSIONAL DEVELOPMENT

- Advanced Cardiac Life Support (ACLS) | AHA-Approved
- Basic Life Support (BLS) | AHA-Approved

KEY PROFESSIONAL & CLINICAL SKILLS

- Patient Care Management
- Critical Care Nursing
- Vital Signs Monitoring
- Medication Administration
- Ventilator & Equipment Handling
- Emergency & Trauma Response
- Infection Control Practices
- Post-Operative Care
- IV Cannulation & Catheterization
- Wound Dressing & Management
- Clinical Documentation & Reporting
- Multidisciplinary Team Collaboration
- Patient & Family Education
- Electronic Medical Records (EMR)

PERSONAL SKILLS

- Compassion & Empathy
- Communication Skills
- Teamwork
- Adaptability
- Attention to Detail
- Emotional Resilience
- Time Management
- Problem-Solving
- Integrity
- Decision-Making
- Stress Management
- Professionalism

CICU EQUIPMENTS USED

- **Cardiac Monitor:** For continuous ECG, heart rate, and oxygen saturation monitoring.
- **Ventilator:** To provide mechanical respiratory support for intubated patients.
- **Infusion Pump / Syringe Pump:** For precise delivery of IV fluids, medications, and inotropes.
- **Defibrillator:** Used during cardiac arrest situations for defibrillation and resuscitation.
- **Arterial Line Monitor:** For invasive blood pressure monitoring and arterial blood sampling.
- **Central Venous Pressure (CVP) Monitor:** To measure central venous pressure for fluid balance assessment.
- **Pulse Oximeter:** For continuous monitoring of oxygen saturation levels.
- **Suction Apparatus:** To clear airway secretions and maintain airway patency.
- **ECG Machine:** For diagnostic electrocardiogram recording and rhythm analysis.
- **Blood Gas Analyzer:** To assess arterial blood gases and monitor patient ventilation and oxygenation status.

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

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