



Syamily Sasidharan

Registered Nurse

PERSONAL DETAILS

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- Address: Dubai
- License: DHA - Registered Nurse

PERSONAL INFORMATION

- Date of Birth: 06/06/1996
- Marital Status: Married
- Nationality: Indian

Profile

Compassionate and dedicated **Registered Nurse** with over **5.7** years of diverse clinical experience across departments in both **India** and the **UAE**. Skilled in providing high-quality patient care, assisting in diverse procedures. Proven ability to perform in high-pressure environments with a calm, patient-focused approach.

Education

- **Bachelor of Science in Nursing — Kerala University of Health and Science, (71%)**
2014-2018

Experience

**Dubai London hospital -
October 2022 - present**



- Provide nursing care across **Internal Medicine, General Surgery, Pulmonology, Cardiology, Gastroenterology, ENT, Neurology, Plastic surgery, Pediatrics** and **Immigration** departments.
- Manage patient intake and assessments for immigration-related medical processes.
- Administer IV lines, injections, and medications for diverse clinical cases.
- Conduct spirometry and assist physicians.
- Educate and instruct patients on the procedures for TMT and other diagnostics and perform Electrocardiograms (ECG).
- Skilled in emergency response, crash cart handling, and defibrillator use.
- Certified in Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS)
- Trained to respond effectively to Code Blue emergencies.

SNM Hospital Charummoodu, Kerala, India — Oct 2021 - May 2022

- Provided direct patient care including medication administration, wound dressing, and vital sign monitoring.

CERTIFICATES

- DHA License No. 20986258
- Basic Life Support (BLS) – 22/11/2021
- Advanced Cardiovascular Life Support (ACLS) - 24/11/2022

SKILLS

- IV therapy, blood extraction, patient assessment.
- Emergency response and Code Blue management.
- Use of cardiac monitors, glucometers, defibrillators, infusion pumps, ECG.
- Documentation and infection control
- Excellent communication and interpersonal skills.
- Fluent in English, Hindi and Malayalam.

Experience

- Assisted physicians with examinations, diagnostic procedures, and minor surgical interventions.
- Monitored post-operative patients, identifying complications and reporting critical changes.
- Managed IV lines, catheterization, and feeding tubes with strict adherence to infection control protocols.

General Hospital Adoor, Kerala, India

May 2021 - Oct 2021

- Provided critical care to COVID-19 patients requiring high-flow oxygen therapy, ventilator support, and continuous monitoring.
- Administered emergency medications, anticoagulants, and IV therapies in accordance with ICU protocols.
- Monitored vital signs, ABG values, and clinical parameters using advanced ICU equipment.
- Managed intubated and unconscious patients, including tracheostomy care and suctioning.
- Practiced strict infection control measures including use of PPE and isolation protocols to prevent cross-contamination.
- Maintained detailed documentation of patient status, medication administration, and clinical progress.

Sarvodaya Hospital and Research Centre, Haryana, India

Mar 2019 - Mar 2021

- Delivered critical care to patients with life-threatening medical conditions including sepsis, multi-organ failure, and cardiac events.
- Monitored patients on ventilators, cardiac monitors, and central lines with high precision.
- Administered emergency drugs, continuous IV infusions, and titrated vasoactive medications.
- Assisted in intubation, central line insertion, and bedside procedures under physician supervision.
- Skilled in operating advanced ICU equipment including infusion pumps, defibrillators, and suction apparatus.
- Supported patient families with regular updates, counseling, and post-ICU care education.

REFERENCE

- **Dr Renjeesh S**
Dubai London Hospital,
Specialist Internal Medicine.
Ph. 0507163565
- **Dr Mustafa Saif**
Dubai London Hospital,
Specialist Internal Medicine.
Ph. 0501469760
- **Dr S Subhagan**
Superintendent of General Hospital
Adoor, Kerala ,India
Ph 04734223236
- **Dr. Hardik Ganatra**
Dubai London Hospital,
Specialist Plastic Surgeon.
Ph. 0582082387

Clinical Skills & Equipment Handled

- **Airway, Breathing, Circulation (ABC) Management:** Skilled in emergency assessment and intervention of airway, breathing, and circulation status.
- **Nasogastric Tube (NGT) and Urinary Catheter Care:** Proficient in insertion, maintenance, and monitoring of NGT and urinary catheters, ensuring patient comfort and hygiene.
- **Tracheostomy Care:** Experienced in the routine and emergency care of patients with tracheostomies, including suctioning and stoma management.
- **Central Line Management:** Competent in the care and monitoring of patients with central venous catheters, including dressing changes and infection prevention.
- **Arterial Blood Sampling & Line Care:** Skilled in blood extraction from arterial lines for ABG analysis and laboratory tests.
- **Defibrillation Support:** Proficient in preparing and assisting physicians during defibrillation procedures, including setting up and operating equipment.
- **Cardiac Monitor:** Skilled in continuous ECG monitoring, recognizing arrhythmias, and documenting cardiac activity.
- **ECG Machine:** Proficient in performing 12-lead ECGs and preparing reports for physician evaluation.
- **Glucometer:** Experienced in capillary blood glucose testing and monitoring diabetic patients.
- **Laryngoscope:** Assisted in airway visualization and intubation procedures using laryngoscopes.
- **Ambu Bag (Bag-Valve-Mask):** Proficient in manual ventilation techniques during resuscitation and transport.

Declaration

I do here by declare that the above furnished details are true and correct to the best of my knowledge and belief

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