

# NAYANA STANLEY

## Registered Nurse

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## SUMMARY

As a dedicated and compassionate Registered Nurse Consultant with extensive experience in emergency care, I am eager to bring my expertise to your esteemed team. My commitment to patient-centered care and my ability to thrive in high-pressure environments make me an ideal candidate. I am excited about the opportunity to contribute to your organization and collaborate with fellow professionals to enhance patient outcomes and drive excellence in healthcare.

## EXPERIENCE

### Registered Nurse Emergency Department

#### Doctors Diagnostic and Consultation Centre

📅 02/2024 - 03/2025 📍 Kottayam, India

- Delivered exceptional patient care in high-pressure emergency settings.
- Implemented evidence-based practices to improve care efficiency.
- Reduced patient wait times by streamlining triage processes.
- Educated patients and families on treatment plans and follow-up care.
- Maintained composure and decisiveness in critical situations.
- Achieved high patient satisfaction scores through compassionate care.
- Trained and mentored new nurses to uphold quality standards.

### Registered Nurse

#### Alleanza Healthcare LLC

📅 04/2022 - 04/2023 📍 Sharjah, United Arab Emirates

- Recording medical history and symptoms, administering medications and treatments
- Collaborating with teams for patient care, performing diagnostic tests
- Conducting physical examinations and monitoring patient's health
- Providing support and advice to patients
- Operating medical equipments, maintaining inventory
- Training and educating staff
- Providing basic bedside care and advocating for the health and well-being of patients

### Registered Nurse

#### AL HAMRIYAH PRIMARY HEALTH CENTER (MOH)

📅 08/2021 - 03/2022 📍 Sharjah, United Arab Emirates

- Provide comprehensive health assessment and care to patient
- Experienced in identifying and managing medical emergencies
- Periodically undertake mass Covid vaccination and infant immunization programs
- Active role in Covid screening area
- Provide health education to the patients and their families
- Maintain records, analysis vital statistic and reporting communicable disease
- Participating in the preparation for JCI re-accreditation in Dec 2021
- Participate in continuing educational activities

## SKILLS

registered nurse

health care assistance

Emergency Response Team

Primary Care Nursing

Clinical Care

At-risk patient care

Physical assessments

Patient Counseling

Patient Assessment

Preventive health

Infection control measures

Women's health exams

Emergency Procedures

IV setup

Patient evaluation

Case Management

Direct Patient Care

Medical evaluation

Nursing staff leadership

Critical Care Nursing

## EXPERIENCE

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### Staff Registered Nurse

#### Lifeway Specilized Medical Centre

📅 02/2019 - 08/2021 📍 Sharjah, United Arab Emirates

- Provide OB GYN nurse services to female patients
- Obtain medical history of patients and communicate to the consulting Gynecologist.
- Assist gynecologists and obstetricians in treating mothers
- Coordinate diagnostic and treatment schedule to patients about the procedures for IVF & IUI patients.
- Testing preparation and specimen collection for IVF, IUI patients.

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### Registered Nurse

#### Shree Sai Speciality Hospital

📅 10/2017 - 08/2018 📍 Bengaluru, India

- Provide more care to patients in Medical and Surgical ward
- Directing daily duties, managing schedules, answering questions, and assisting other staff, which needed.
- Built trust and working rapport with staff, patient and family members to enable effective communication of instructions and other information pertinent to the patient's well being and care.

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### Registered Nurse

#### V.G. SARAF Memorial Hospital Private Limited

📅 04/2014 - 08/2016 📍 Ernakulam, India

- Provide nursing care to Casualty care unit patients, handling multiple medical emergencies, including stroke, cardiac arrest, car accidents, head injuries, poisoning, and burns.
- Assess patients and provide necessary and prescribed treatments for stabilization.
- Represented Casualty Care Unit as compliance for safety.
- Developed and contributed strategic plans to advance standards on the unit, improve overall patient care, and outcomes.
- Performed lifesaving interventions as part of the multidisciplinary team in the Emergency Department.
- Handled intubations, defibrillations, IV's, splinting, suturing, and other necessary clinical procedures as part of patient care plan.

## EDUCATION

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Rajiv Gandhi University, Karnataka, India ,  
Bachelor of Science in Nursing

#### Mangalore College of Nursing

📅 10/2009 - 09/2013

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Higher Secondary Education, Kerala, India  
Biology/Biological Sciences General

#### SDPY Girls VHSS

📅 06/2007 - 03/2009

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Secondary School Education

#### SDPY Girls VHSS

📅 06/1996 - 03/2007

## Licenses & Certifications

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Basic Life Support for Healthcare 📅 04/2025 - 04/2027

Ministry of Health and Preventives - U.A.E 📅 01/2019 - 02/2028