



RONY SARA GEORGE

Registered Nurse

CAREER SUMMARY

Experienced Staff Nurse with a strong background in General Operation Theatre, skilled in pre- and post-operative care, surgical assistance, and maintaining patient safety under pressure. Known for critical thinking, teamwork, and delivering patient-centered care. Committed to ongoing professional growth and seeking a challenging role to contribute to quality healthcare.

WORK EXPERIENCE

Staff Nurse : General Operation Theatre

- 5th July 2024 - 5th April 2025

Mangala Hospital & Mangala Kidney Foundation
(Karnataka, India)

- 1st Oct 2021 - 30th June 2024

A J Hospital and Research Centre (Karnataka, India)

- Patient Assessment**: Conduct thorough assessments of patients prior to surgery, including vital signs and medical history.
- Preparation**: Ensure the operating room is prepared, sterile, and equipped with necessary instruments and supplies.
- Patient Education**: Provide information to patients and their families about the procedure, what to expect, and post-operative care.
- Documentation**: Complete all necessary documentation by verifying consent forms and accurately recording the surgical procedure, patient status, and care provided.
- Assisting Surgeons**: Support the surgical team by passing instruments, maintaining a sterile field, and anticipating the needs of the surgeon.
- Infection Control**: Ensure strict adherence to aseptic techniques and prevent the risk of infections. Educate and motivate staffs to adopt optimal infection control practices in the operation theatre and worked as a link nurse in the hospital infection control team.
- Communication**: Maintain clear communication with the surgical team regarding patient status and any concerns that arise.
- Collaboration**: Work collaboratively with surgeons, anaesthesiologists, and other healthcare professionals to ensure high-quality patient care.
- Continuing Education**: Stay updated with the latest surgical techniques, equipment, and nursing practices through ongoing education and training.
- Patient Transport**: Safely transport patients to and from the operating room, ensuring their comfort and security.
- Ethical Practice**: Uphold ethical standards in patient care, respecting patient confidentiality and rights.
- Quality Assurance**: Participate in quality improvement initiatives and adhere to hospital policies and procedures.

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Buteena, Sharjah

Visa Status: Visiting Visa

Passport No. : V1125974

QUALIFICATION

B.Sc Nursing

Rajiv Gandhi University of Health Sciences

Kanachur College of Nursing Sciences,
Deralakatte, Mangalore
Karnataka, India

REGISTRATIONS

- DHA : Eligibility ID - 8847888**
- Karnataka State Nursing Council**
Registration No: 113118

CERTIFICATION

- Basic Life Support (BLS)**

AREA OF EXPERTISE

- Conducting comprehensive patient assessments and pre-operative evaluations while ensuring sterile environments.
- Preparing the surgical instruments and equipments required for the surgery.
- Assisting surgeon during the procedure by strictly following the aseptic techniques.
- Educating patient and family regarding surgical procedures and recovery.
- Adhering to infection control protocols.
- Maintaining accurate documentation.
- Collaborating with multidisciplinary teams to ensure optimal patient outcomes.

KEY SKILLS

- Patient Care
- Cardiopulmonary Resuscitation
- Health Care Management
- Electronic Health Records (EHR)
- Attention to Detail
- Emergency Management
- Patient Education
- Team Collaboration
- Quality Improvement
- Critical Thinking & Problem Solving
- Time Management & Prioritisation
- Patient Advocacy
- Clinical Assessment Skills
- Infection Control Practices
- Cultural Competence in Patient Care
- Compassionate Patient Interaction
- Leadership and Mentoring
- Effective Communication Skills
- Stress Management
- Adaptability
- Intra Operative Care

TYPES OF SURGERIES ASSISTED

General & Laparoscopic

- Lap/Open Cholecystectomy
- Lap/Open Appendectomy
- Lap/Open Hernioplasty
- Laprotomy–Stapler Anastomosis
- Stapler Hemorrhoidectomy
- Total Thyroidectomy
- Lap/Open Adrenalectomy
- Gastrectomy, Mastectomy
- Sigmoidectomy
- Hemi Colectomy
- Lap Sleeve Gastrectomy
- Hernia Repairs
- Exploratory Laparotomy
- Pancreatectomy
- Lap/Open Splenectomy

Oncology

- Modified Radical Neck
- Dissection with Glossectomy
- Low Anterior Resection
- Hyperthermic Intraperitoneal
- Chemotherapy
- Modified Radical Mastectomy
- Abdominoperineal Resection

Gastroenterology

- Whipple Procedure
- Gastrectomy

Obstetrics & Gynaecology

- Lower Segment Caesarean section
- Lap C ystectomy
- Hysterectomy
- Oophorectomy
- Myomectomy

ENT

- Adenotonsillectomy
- Septoplasty
- Turbinectomy
- Tympanoplasty
- Functional Endoscopic Sinus Surgery

Ophthalmology

- Cataract
- Keratoplasty
- Pterygium excision
- Enucleation
- Squint surgery
- Evisceration
- Retina surgery

Dental

- Orthognathic Surgery
- Dental Open Reduction and Internal Fixation Surgery.

EQUIPMENTS HANDLED

- Telescopes & Microscopes.
- Defibrillator & ECG machine.
- Laparoscopic Monitors, Instruments & Accessories.
- Harmonic Scalpels & Diathermy machines.
- Ligasure Machines & Speculums.
- Laser Lithoclast & Hemostatic Agents.
- Electrocautery Units & Suction Pumps
- Endoscopes, Trocar & Cannula.
- Surgical Drapes, Covers, Tables & Lights