



# REETHU THOMAS | DHA QUALIFIED PHARMACIST



+971 505859496

thomasreethu1996@gmail.com



Dubai

[www.linkedin.com/in/reethu-thomas-](https://www.linkedin.com/in/reethu-thomas-)

## PROFILE

Dedicated and detail-oriented Pharmacist with over 8 years of experience in hospital and retail pharmacy settings across India and the Gulf region. DHA Pharmacist Exam Qualified, with strong skills in prescription dispensing, patient counseling, medication safety, inventory management and clinical pharmacy support. Adapt at collaborating with healthcare teams to optimize patient care and ensure compliance with regulatory standards. Experienced in managing high-volume pharmacy operations, training staff and maintaining accurate documentation. Committed to continuous professional development, staying updated on pharmaceutical practices and delivering high-quality healthcare services with accuracy, efficiency and patient-focused care.

## EDUCATION

### B. PHARM | 2013 - 2017

Kerala University of Health Science  
Kerala, India

Clinical Training at LISIE Hospital, Kerala, India

### HSC | 2013

Board of Higher Secondary Examination, Kerala

### SSLC | 2011

Board of Public Examination, Kerala

## SKILLS

- Prescription dispensing
- Patient counseling
- Medication safety & compliance
- Inventory and stock management
- Drug storage and cold-chain handling
- Hospital pharmacy operations
- Attention to detail
- Communication skills
- Team collaboration
- Medication reconciliation

## LANGUAGES

- English
- Hindi
- Malayalam
- Arabic

## EXPERIENCES

### PHARMACIST | Feb 2022 – Nov 2025

ASTER HOSPITALS & POLYCLINIC, MUSCAT

- Dispensed prescriptions accurately in compliance with MOH regulations and clinic policies.
- Counseled patients on medication usage, dosage, side effects, and drug interactions.
- Coordinated with physicians and nursing staff to clarify prescriptions and optimize patient care.
- Managed pharmacy inventory, including stock ordering, storage, and expiry monitoring.
- Maintained 100% compliance with documentation requirements while adhering to safety, quality, and infection control standards.
- Reduced medication dispensing errors by 30% through improved verification and double-check procedures.
- Controlled and monitored narcotic medicines in compliance with MOH regulations, ensuring secure storage, accurate documentation, and proper stock reconciliation.

### PHARMACIST | Sep 2020 – Jan 2022

ASTER MEDCITY, KOCHI, KERALA, INDIA

- Involved in the preparation of medicine kits for various categories of patients, including those undergoing liver and heart transplants.
- Demonstrated excellence in handling narcotic drugs and emergency medications, ensuring adherence to safety and legal guidelines.
- Managed inventory of surgical items and medicines, maintaining 100% availability while reducing stock expiry and shortages through effective stock rotation.
- Maintained accurate and up-to-date pharmacy records, including patient profiles, charge systems, inventories, and controlled drug registries.
- Worked across inpatient, outpatient, and theatre pharmacy units, ensuring accurate dispensing, medication availability, and compliance with hospital and health regulatory standards.
- Improved medication turnaround time for inpatient wards by 15% through workflow coordination.

## COMPUTER SKILLS

- Email Management
- MS Word
- MS Excel
- MS PowerPoint

## PERSONAL DETAILS

|                |             |
|----------------|-------------|
| Nationality    | Indian      |
| D.O. B         | 08/01/1996  |
| Gender         | Female      |
| Marital Status | Married     |
| Passport No    | T4850545    |
| Date of Expiry | 24/03/2029  |
| Visa Status    | Spouse Visa |

## PHARMACIST | Oct 2017 – Apr 2020

KIMS HOSPITAL, KOTTAYAM, KERALA, INDIA

- Prepared and issued inpatient and outpatient medications as per hospital protocols and physician orders.
- Supported clinical pharmacy activities including medication reconciliation and ward supply management.
- Ensured 100% compliance with storage requirements for high-risk, refrigerated, and controlled medications, preventing temperature deviations and regulatory non-conformities.
- Assisted in maintaining pharmacy records, audits, and compliance with NABH standards.
- Handled narcotic and controlled drugs in accordance with hospital policies, statutory regulations, and documentation requirements.
- Supported smooth pharmacy operations during high patient volumes, contributing to improved turnaround time by 20%.
- Played a key role in inventory audits, helping achieve 100% compliance with internal quality and documentation standards.
- Coordinated with physicians, nursing staff, and theatre teams to ensure timely medication supply and safe pharmaceutical support for inpatient, outpatient, and surgical services.

## ADDITIONAL INFORMATIONS

- Attended Dale Carnegie training on “Connect to Collaborate – Managing Customer Expectations”.
- Completed project work titled “A Review on Pimavanserin (Nuplazid)”, focusing on its use in the treatment of Parkinson’s disease psychosis.

## DECLARATION

Hereby declare that all the details mentioned above are in accordance with the truth and fact as per the knowledge.

**REETHU THOMAS**