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Sharjah

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SKILLS

- Care Plan Development
- Health and Wellness Awareness
- Mentor ship and Training
- Symptom Assessment
- Medication Administration
- Effective Communication
- Leadership
- Adaptability
- Able to Multitask
- Organization and Prioritization
- Time Management
- Critical care
- Bedside Monitoring
- Handling pressure
- Documentation
- Patient/ Family Education
- PC proficiency (MS Office)

NEETHU VARGHESE

PROFESSIONAL SUMMARY

A highly skilled and committed Registered Nurse with 10 years of professional experience in delivering personalized nursing care. Proficient in Obstetrics and Gynecology, Pediatrics, Medical & Gastroenterology ICU, and Medical & Surgical Inpatient Departments, with hands-on expertise in managing various medical conditions and procedures. Dedicated to providing exceptional patient care through education and counseling while also excelling in leadership roles to enhance patient satisfaction and safety protocols. Certified in BLS & ACLS.

EXPERIENCE

JMP MEDICAL CENTRE PIRAVOM / INDIA (KERALA)

Staff Nurse 01/04/2025 - 15/10/2025

- Worked in the nursing service as a Staff Nurse, in the Medical and Surgical In Patient Department.

MEDCARE HOSPITAL / UAE (SHARJAH)

Registered Nurse 05/02/2020 - 05/02/2024

- Worked in the nursing service as a Registered Nurse in the Medical and Surgical In Patient Department and Pediatrics Department.

LISIE HOSPITAL / INDIA (KERALA)

Registered Nurse 13/07/2018-26/10/2019

- Worked in the nursing service as a Registered Nurse in the Gastroenterology Medical ICU.

LISIE HOSPITAL / INDIA (KERALA)

Staff Nurse 16/11/2012-17/03/2016

- Worked in the nursing service as a Staff Nurse, in the Obstetrics and Gynaecology In Patient Department.

KOVAI MEDICAL CENTER AND HOSPITALS / INDIA (TAMIL NADU)

Staff Nurse 20/10/2011 - 26/09/2012

Worked in the nursing service as a Staff Nurse in the Medical ICU

PERSONAL INFORMATION

- Passport No : C9922693
- Visa status : Golden Visa(UAE)
- Nationality : Indian
- DOB: 14/12/1989
- Marriage status : Married

LANGUAGE KNOWN

- English
- Hindi
- Malayalam
- Tamil

REGISTRATIONS

- The Tamil Nadu Nurses And Midwives Council Registration till 11/11/2029
- The Kerala Nurses And Midwives Council Registration till 27/12/2027
- MOH Licence validity till 2027 (#261325)

DUTIES AND RESPONSIBILITIES

- Maintained accurate and up-to-date patient records, ensuring compliance with regulatory standards and facilitating effective communication among care team members.
- Delivered high-quality patient care in a fast-paced medical and surgical unit, managing a diverse patient population with varying diagnoses and surgical needs.
- Administered medications, IV therapies, parental nutrition, pre & post-operative care, ensuring adherence to safety protocols and guidelines.
- Managed wound care and dressing changes, monitoring for signs of infection and promoting optimal healing.
- Collaborated with healthcare teams to develop and implement individualized care plans, promoting optimal recovery and health outcomes for children.
- Worked under the authority of the Neo-natologist or pediatric attending to provide quality patient care.
- Evaluated and implemented a plan of care according to the newborn's or child's needs.
- Monitored and promptly attended to any signs of negative reactions to drugs and allergies.
- Contributed to quality improvement initiatives aimed at enhancing patient safety and care processes within the ICU setting.
- Assisted in managing ventilator settings and airway management, ensuring optimal respiratory support for patients.
- Provided specialized nursing care to critically ill patients with acute and chronic gastrointestinal disorders, including liver failure, pancreatitis, and gastrointestinal bleeding.
- Assisted with diagnostic procedures Upper and Lower GI endoscopy, Capsule endoscopy, ERCP, EUS, Liver biopsy, and POEM.
- Collaborated with obstetricians, midwives, and other health professionals to develop individualized care plans for patients with high-risk pregnancies.
- Provided care and support to gynecological patients undergoing surgical procedures such as Laparotomy, Myomectomy, LAVH, TAH, VH, D&C, including pre-operative assessment and post-operative monitoring.

Education

- B.Sc. Nursing 29/09/2007 - 30/09/2011
K.M.C.H College of Nursing, Coimbatore, Tamil Nadu, India
- Board of Higher Secondary Examination (XII) March 2007
Govt. H.S. School, Kadayirippu, Kerala, India
- SSLC (X Board exam) March 2005
ST. George's H S Vennikulam, Kokkappilly P O, Kerala, India

Declaration

I hereby declare that the above information's are true and correct to the best of my knowledge and brief.

