



ASWATHY BABU SARA

Nationality: Indian Location: Sharjah, United Arab Emirates

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Languages known: English | Hindi | Malayalam | Tamil.

PROFILE

A highly skilled and dedicated Senior Staff Nurse with over 09 years of experience in critical care and OPD settings. Last Service in Advance care medical Centre, Jebal Ali, Dubai-Uae. A Department at OPD. Ensuring adherence to Clinic Policies, clinical best practices, and regulatory standards. Proficient in Multidisciplinary collaboration, Patient Safety Initiatives, Performance evaluation.

WORK EXPERIENCE

03/2019-04/2025

Registered Nurse | Advanced Care Medical Centre, Dubai-Uae.

- Implement patient safety measures, infection control, and risk management protocols.
- Oversee departmental audits, compliance checks, and emergency response protocols.
- Provide clinical leadership, critical care interventions, and patient monitoring.
- Collaborate with teams to improve patient care and clinical standards.

07/2017-08/2018

Staff Nurse | St: Thomas Hospital, Kerala-India.

- Provided preoperative and postoperative patient care, ensuring effective treatment and recovery processes.
- Assisted in medical procedures, medication administration, and patient assessments.
- Educated patients and families on discharge planning, medication Complaints and recovery protocols.
- Monitored vital signs, documented treatment plans, and ensured Adherence to KHD guidelines.

06/2015-07/2017

Staff Nurse | Travancore Medical College Hospital, Kerala-India.

- Assisted in clinical tests, medical procedures, and emergency interventions.
- Provided preoperative and postoperative care, monitored vitals, and administered medications.
- Ensured proper documentation, patient safety, and compliance with Nursing protocols.

KEY COMPETENCIES & SKILLS

Clinical Governance & Patient Safety

- Patient-Centered Care & Evidence-Based Practice
- Risk Management & Incident Reporting
- Infection Control & Healthcare Audits
- Regulatory Compliance (DHA)

Hospital & Resource Optimization

- Key Performance Indicator (KPI) Monitoring
- Bed Management & Patient Flow Optimization
- Emergency Response & Crisis Management
- Medical Equipment & Supply Chain Oversight

Advanced Clinical Expertise

- Critical Care Interventions & Rapid Response
- Multidisciplinary Team Coordination
- Electronic Medical Records (EMR) & Documentation
- Advanced Life Support (ALS) & Basic Life Support (BLS)

EDUCATION & CERTIFICATIONS

- Bachelor of Science in Nursing | Yenepoya Nursing College, Mangalore, India.
- DHA-UAE Registered Nurse (RN)
- Advanced Life Support (ALS) – Certified
- Basic Life Support (BLS) – Certified

RESEARCH & PUBLICATIONS

- IOSR Journals international Organization of Scientific Research: Knowledge Regarding Menstrual Hygiene among Adolescent Girls in selected School, Mangalore with a view to Develop an Information Booklet, Vol.3, Issue 1, January 2014.

REFERENCE

Available upon request.