

ASWATHY P.H

DHA Registered Nurse

CAREER OBJECTIVE

3 Year's UAE Experience in **PACU Recovery Nurse**, **Total 7 Years's** Experience in Recovery and Operation Theatre a reputed organization. To obtain a position in a Health Care Facility where I can utilize my skills, knowledge, and experience to provide quality health care. Seeking a Registered nurse position which will give me an opportunity to expand my practical experience at the same time as providing quality health care to residents.

WORKING EXPERIENCE

STAFF NURSE

18-10-2022 to Still

Medeor 24X7 Hospital Dubai UAE is a multi-specialty hospital with MICU, SICU, CCU, NICU, PICU, major minor OT etc.

- Documenting and recording controlled and semi controlled drugs as per DHA Rules.
- Monitoring Post Operative patients' levels of recovery and consciousness from Anesthesia and providing updates to the treatment team as needed.
- Check Vital Signs, Clean wounds monitor progress and administer medication.

STAFF NURSE

20-08-2020 to 30-08-2022

PI hospital Ltd is a multi-specialty hospital with MICU, SICU, CCU, NICU, PICU, major minor OT etc.

- Staff Nurse in Operation Theatre
- Assisting operation laparoscopic, laser and gynecology
- Assisting minor OT procedure.

STAFF NURSE

04-01-2019 to 12-11-2019

JJ IVF Gynae Center Pvt Ltd is a IVF Specialist Center, IUI, ICSI, IMSI, TESA, PESA and Andrology etc.

- Staff Nurse in Operation Theatre.
- Assisting Operation Laparoscopic, ivf and tesa.
- Staff Nurse in ICU.

STAFF NURSE

Feb 15 To Mar 16

Divine Medical Center Ltd is a Multispecialty Hospital with Modern Trauma Center, I.C.U, Theatre Complex, Labour room and N.I.C.U etc.

- Staff Nurse in Operation Theatre.
- Assisting Operation Orthopaedic and gynaecology.
- Assisting Minor OT and Dental procedures.

STAFF NURSE

Oct 14 To Dec 14

Doctor's Medical Center is Multispecialty Hospital

- Staff Nurse in Operation Theatre.
- Assisting Operation Gastro intestinal tract.
- Assisting Operation Orthopaedic and gynaecology.
- Assisting Minor OT procedures.



Mobile

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Email

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Address

Al karama, Dubai, UAE

- **DHA LICENCE NO:64635588-001**
- **KNMC Reg: No: KL0420502142**
- **DHA passed**
- **PALS Valid Up To : May 2027**
- **BLS Valid Up To : February 2027**
- **ACLS Valid Up To : March 2027**

PERSONAL INFORMATION'S

- Date of Birth : 26-02-1993
- Marital Status : Married
- Nationality : Indian
- Visa Status : Employment Visa
- Passport No : V8223370

LANGUAGES

- English.
- Hindi.
- Malayalam
- Tamil

COMPUTER SKILLS

- MS Office (Word, Excel, Power point)

SKILLS

- Computer proficiency.
- Leadership experience.
- Communication skills.
- Organizational know-how.
- People skills.
- Collaboration talent.
- Problem-solving abilities

EDUCATION

- **B.Sc. Nursing** from Gem Institute of Nursing Education and Research.Tamil Nadu Dr. M.G.R. Medical University, Chennai, India in 2014.
- **+2 C.B.S.E**, Arafa English School, Trissur

Additional Qualification

- **PALS** issued date: 08 May,2025
Health tech training center Dubai,UAE. (American Heart Association)
- **BLS** issued date: 07 Feb,2025
Health tech training center Dubai,UAE. (American Heart Association)
- **ACLS** issued date: 04 Mar,2025
Health tech training center Dubai,UAE. (American Heart Association)

Courses Undertaken

Successfully completed the following certifications to enrich the knowledge base:
BACHELOR OF SCIENCE IN NURSING (B.Sc. Nursing)

PROFESSIONAL SKILLS ACQUIRED

- A dedicated professional with 2 years of experience in operation theater gynecologylaser in PI hospital, Calicut, Kerala, India.
- A dedicated Professional with 1 year of experience in Operation Theatre IVF andLaparoscopic in JJ ivf gyneac Centre , Pottamal Calicut. Kerala, India
- A dedicated Professional with 1 year of experience in Operation Theatre ortho andgyneac in divine hospital. Trissur, Kerala, India.
- Used the Knowledge and ability of Nursing process to provide nursing care making fullphysical assessment, planning, implementing nursing action and evaluating the effects.
- Checked equipment / Machine available are in good condition. Checked emergencydrugs.
- Prepared cardiac monitor, suction machine, emergency drugs, transducers and other necessary equipment's before emergency has come.
- Connected/attached and monitor patient to cardiac monitor and other monitoringdevices/parameters (Temperature, BP etc.) as appropriate to their respective modules.
- Taking blood sample from arterial /peripheral line for laboratory investigation andcollected specimens as necessary.
- Performed 12 leads ECG as per Doctor's order.
- Maintenance of ABCDs of basic life support.
- Immediate management cardio vascular emergencies and shock.
- Initiate and maintain cardio pulmonary resuscitation.
- Performed intra vascular, intra muscular, intradermal, subcutaneous and oral drug therapy as per the Doctor's order.
- Assessed and identified the needs and complications of bedridden patient and initiated adequate interventions to prevent bed sore.
- Followed strict aseptic techniques and isolation precautions to prevent nosocomial infection.
- Instructed and evacuated patient and family understanding about health maintenanceand illness prevention. disease process diagnostic procedures use of equipment relatedto disease and possible advanced reaction into medication.
- Participated in
 - Assisting Operations Laparoscopic, I V F and Gyneac. laser
 - Patient care conferences/work shop
 - Nursing rounds

- Workshop in reflective practice in paediatric nursing C/O Chronically ill child. (Gemcollege of Nursing Education and Research, Coimbatore, Tamilnadu, India)
- Workshop on emerging trends in nursing practice (Gem college of Nursing Education and Research, Coimbatore, Tamilnadu, India)
- Geriatric nursing (International Conference in Ganga college nursing, Coimbatore, Tamilnadu, India)
- Paediatric nursing and critical care nursing (Kongunad college of Nursing Coimbatore, Tamilnadu, India)
- Research conducted on the topic "A study to assess the knowledge about the breast feeding in primigravida mothers "

DECLARATION

I hereby declare that the above statements are true and current as best of my knowledge and belief, I hope that above written will suit to your requirement.

ASWATHY P.H