



# Shyama Thekkum Kattil

## Registered Nurse



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Dubai

### Education

#### **B.Sc Nursing, 2013**

- PPG College of Nursing, Dr. MGR university, Tamil Nadu, India

### Registrations

- DHA Licensed RN
- Dubai Health Authority Approved  
License No: 00182816-001
- Kerala Nurses and Midwives council
- Reg No: KL04201502226

### Appreciation Received

- Certificate of Appreciation on 2019 for patient service Excellence at Aster Hospital Mankhool.

### Computer Skills

- Hospital Information System (HIS) Software,
- Windows, MS- Office

### Personal Attributes

- Compassionate and careful nurse giving highest priority to patient welfare
- Interacting with and helping patients as required
- Self-confident and motivated to take up challenging assignments

### ➤ Introduction

Compassionate and reliable Registered Nurse with over 9 years of rich experience in Medical Surgical Units and Oncology Units of reputed hospitals in UAE and India. Holds a B.Sc Nursing degree.

### ➤ Skills Summary

- **Patient Care:** Experienced in providing comprehensive care to medical-surgical patients, including medication administration and wound management.
- **Critical Thinking:** Skilled at assessing patient conditions and implementing timely interventions for optimal outcomes.
- **Collaboration:** Effective in working with interdisciplinary teams to develop individualized care plans.
- **Emergency Response:** Quick to respond to medical emergencies and provide necessary support.
- **Patient Education:** Proficient in educating patients and families on post-operative care and medication management.
- **Documentation:** Accurate in maintaining detailed medical records for continuity of care and legal compliance.

### ➤ Clinical Experience

#### **Charme Day Surgery, Dubai**

- Staff Nurse - Dermatology department, May 2021 – Apr 2023
- Charme Day Surgery Center is the best Beauty & Healthcare Hospital in Dubai with services from surgical to non-surgical Plastic surgery, Dermatology etc



#### **Aster Hospital Mankhool, Dubai**

- Registered Nurse - Medical Surgical department
- June 2017 - January 2021
- Aster Hospital Mankhool is a premium 100+ bed facility with Canadian accreditation



#### **Aster MIMS Hospital, Kerala, India**

- Staff Nurse, September 2015 – October 2016
- Aster MIMS Hospital is a 673 bed, and first NABH Accredited Super Speciality Hospital in Kerala



#### **PSG Hospital, Coimbatore, India**

- Staff Nurse in Gastroenterology ward, October 2013 – March 2015
- PSG Hospital is a 1000 bed, Hospital



### ➤ Responsibilities

- Receiving and admission of patients.
- Do Initial Assessment, documenting in brief, accurate & complete manner.
- Monitored vital signs closely the patient & reported developments.
- Prepare, monitor and evaluate Nursing care plan.

### Passport Details

- Valid Indian Passport
- Passport No: Y3175943
- Expiry Date: 04/06/2034

### Personal Details

- Date of Birth: 03/08/1991
- Languages: English, Hindi, Malayalam, Tamil

### Personal Details

- Ms Reena Jacob  
Head Nurse  
Aster Hospital Mankhool  
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- Checking all equipment in the ward.
- Checking vital signs– temperature, pulse respiration & blood pressure.
- Administration of ordered medications.
- Monitor and evaluate nursing care plan.
- Provide physical, mental, psychological support to the patients.
- Orientation and supervision of new staff.
- Hand over and take over the patients and equipment supply.
- Maintenance and safety of biomedical equipment.
- Maintain patient records and respect patient privacy and confidentiality.
- Assessment of patients physically and psychological needs.
- Prepare and monitoring patient's diet records.

## Cases Handled

**Dermatology Cases:** Different cosmetic procedures

### **Medical Cases:**

- Cardiac: CAD, MI, pulmonary edema, Hypertension, Arrhythmia-SVT & Heart failure.
- Pulmo: COPD, Asthma, Pneumothorax and Pneumonia.
- Neuro: Stroke-Infarct, hemorrhage, Seizure, Meningitis, GBS, Aneurysm, Bells palsy.
- Gastro: Liver transplant workup, Hepatitis, Esophageal varices, Pancreatitis.
- Renal: CKD- dialysis, Renal transplant workup, Renal calculi, pyelonephritis.
- General Medicine: Pulmonary Embolism, Fever (Malaria, Chicken pox, Dengue)
- Oncology cases: Leukemia (Chemotherapy)
- Endocrine: Diabetes Mellitus, Hypothyroidism & Hyperthyroidism.
- Vascular Disease: DVT (Deep Vein Thrombosis),
- Others: Infectious Disease and experienced in different types of Isolation.

### **Surgical Cases:**

- Neuro and spine: Laminectomy, VP shunt, Craniotomy, Micro vascular Decompression, ACDF (Anterior Cervical Discectomy and Fusion), Cerebral Angioplasty.
- Cardiac: CABG, valve Repair/ Replacement, Angioplasty.
- Orthopedic: TKR (Total Knee Replacement), THR (Total Hip Replacement), ORIF (Open Reduction Internal Fixation), Amputation. Gastro: Liver Transplant, Whipple's procedures. ENT: Tracheostomy, FESS, Thyroidectomy. Plastic surgery: Grafting
- Nephro: Renal Transplant, Nephrectomy, AV fistula.
- Pulmo: Lobectomy, pneumonectomy.
- General surgery: Hernioplasty, Appendectomy.

## ➤ Equipment Handled

- Cardiac Monitor
- Defibrillator
- Ambu Bag
- Laryngoscope
- Suction Apparatus
- ECG Machine
- Glucometer
- Syringe Pump
- B.P Apparatus
- Thermometer
- Stethoscope
- Oxygen Cylinder
- Infusomat
- Bipap
- Crash trolley