



SREESHMA PULIKKAL

BSC NURSE

CONTACT

+966 54 668 3161 ,
+91 7034410585
sreeshmap16@gmail.com

SKILLS

- Patient-centered care
- Team collaboration
- Medical administration, including BD PYXIS, blood transfusion, and IV therapy
- Wound care
- Critical thinking
- Maintaining patient electronic health records

REGISTRATION

- Department of health - Abudhabi (DOH): Passed Eligibility letter
- Saudi Nursing Licence Examination Specialist - Nursing Nursing & Midwifery Profile No : 23581457
- Kerala Nurses & Midwives Council Reg No : KL03202103753

CERTIFICATION

- Basic Life Support (BLS)
- Advanced Cardiovascular Life Support (ACLS)
- Basic Infection Control Skills Licence (BICSL)

LANGUAGES

- Arabic
- English
- Malayalam

PROFESSIONAL SUMMARY

Patient-oriented, highly motivated, and compassionate registered nurse with 3 years of experience providing care in OB-GYN settings. Skilled in patient assessments, medication administration, care coordination, and maintaining strong interpersonal communication skills.

WORK EXPERIENCE

Al-Mouwasat Hospital, Jubail, Kingdom of Saudi Arabia 22.06.2023 - ONGOING

Registered Nurse

- Obtain medical history, conduct physical assessments, and perform routine antenatal and obstetrical examinations.
- Correctly interpret CTG readings, assess and monitor maternal and fetal conditions, and escalate care in cases of deterioration or emergencies.
- Provide core support to parents coping with miscarriage, pregnancy termination, stillbirth, or neonatal death.
- Deliver care to antepartum and postpartum patients.
- Document all assessments and care concisely, accurately, and completely in the patient's electronic health records.

Daya General Hospital, Thrissur, Kerala 28.11.2022 - 10.05.2023

Staff Nurse

- Evaluated medical needs and provided direct, individualized bedside care to 5 patients per shift.
- Provided comprehensive care to preoperative and postoperative patients.
- Coordinated healthcare plans with medical professionals, administered medications, and educated patients about surgical procedures.
- Changed dressings, inserted catheters, and started IVs.
- Collaborated with healthcare teams on discharge planning.

Armc Aegis Hospital, Perinthalmanna 22.11.2021 - 26.11.2022

Staff Nurse Trainee

- Assisted the physician during delivery, treatment, examination, and surgical procedures.
- Administered prescribed medications and monitored the patient's vital signs.
- Monitored fetal heart rates for abnormalities and reported findings to the physician on duty.
- Modified the treatment plan based on the patient's responses and condition.
- Provided pre-, intra-, and post-operative care to patients undergoing C- Section and laparoscopic gynecological procedures.

EDUCATION

Bachelor of Science in Nursing (BSN) Year of Passing : 2021
Kerala University of Health and Science (KUHS)