

SARIMOL BABU

Registered nurse

Dedicated and experienced Registered nurse with a strong background in Intensive Care Units (ICU and MICU). Proven expertise in providing high-quality patient care in critical care settings, including comprehensive patient assessment, monitoring, and treatment. Skilled in managing complex medical conditions, collaborating with multidisciplinary teams, and utilizing advanced medical technologies to ensure optimal patient outcomes. Committed to maintaining a compassionate and patient-focused approach while adhering to the highest standards of healthcare and safety protocols.



CONTACT INFORMATION

+971506017948
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Kerala, India

EDUCATION

B.SC NURSING | 2015

- Care College of Nursing, Hyderabad
- Dr NTR University of Nursing and Health science, Andhra Pradesh

COMPUTER PROFICIENCY

MS Office ★ ★ ★ ★ ★
Basic operations ★ ★ ★ ★ ★
Internet & Email ★ ★ ★ ★ ★

PROFESSIONAL REGISTRATION

- DHA Cleared (DHA ID-54646066)
- Telangana State Nurses, Midwives Auxiliary Nurse Midwives and Health Visitors Council, Hyderabad
Registration No: 3010
Date of Reg: 25/04/2016
- Saudi Council | 25/04/2025
- BCLS | April 2027
- ACLS | July 2027

LANGUAGES

English 100 %
Malayalam 100 %
Tamil 50 %
Arabic 50 %

SKILLS

Team Work Work Ethic Analytical skills Leadership Quality
Decision-making Time Management Patient service
Problem Solving Ability Hardworking Positive Attitude Honesty

WORK EXPERIENCE

- REGISTERED NURSE | 30 Sep 2018 – 25 Apr 2024**
NORTH MEDICAL TOWER HOSPITAL, ARAR, SAUDI ARABIA
(CIBAH ACCREDITED) (300 BEDDED)
Department: ICU- Intensive Care Unit
Nurse Patient Ratio: 1:2
- REGISTERED NURSE | 01 June 2016 – 02 June 2018**
CARE HOSPITAL, HYDERABAD, INDIA
(NABH ACCREDITED) (500 BEDDED)
Department: Medical Intensive Care Unit (MICU)
Nurse Patient Ratio: 1:2

KEY RESPONSIBILITIES

- Provide direct nursing care to critically ill patients, including assessment, planning, and evaluation.
- Collaborate with the healthcare team to develop and implement patient care plans.
- Administer pre- and post-operative care, ensuring patient safety and comfort.
- Participate in emergency response situations (Code Blue, Rapid Response) and provide critical care.
- Educate patients and families on conditions, treatments, and recovery processes.
- Monitor specialized equipment, including ventilators and CRRT, and adjust as necessary.
- Maintain accurate patient documentation and comply with hospital policies and regulations.
- Manage medication and supply inventories, ensuring compliance with regulatory requirements.

NURSING PROCEDURES & SKILLS

- Administration of Medicines
- Oxygen Therapy
- Transfusion & Infusion Therapy
- Venous Puncture
- Bladder Irrigation
- ABG Sampling
- Cardioversion
- ECG
- Cardiopulmonary Resuscitation
- Vital Signs Monitoring
- Hemodialysis, CRRT
- BLS and ACLS

EQUIPMENTS HANDLED

- ECG machine
- Cardiac monitors
- Pulse oximeter
- Defibrillators
- Infusion & Syringe pumps
- Ventilators
- Suction apparatus
- Computerized central monitor
- IABP
- Hemodialysis & CRRT machine
- C-PAP & Bi-PAP
- SCD
- Sphygmomanometer
- Glucometer

INTERESTS



Music



Reading



Travelling

REFERENCES

- SINDHU THOMAS**
North Medical Tower, Arar,
Saudi Arabia
Nursing Supervisor
sindhuthomas74@gmail.com
- EBIN SABU**
Care Hospital, Hyderabad
MICU Incharge
ebin5191674@gmail.com

ASSISTED ICU PROCEDURES

- Endo tracheal intubations
- Central venous catheter placement
- Intercostal drainage
- Hemodialysis sheath placement
- Jugular venous catheterization
- Pulmonary artery Catheterization
- Bone marrow aspiration/Biopsy
- Urinary catheterization (Male & Female)
- Naso gastric tube insertion
- Percutaneous tracheostomy
- Arterial cannulation
- Lumbar puncturing
- Bronchoscopy
- Endoscopy

ASSISTED CARE OF PATIENTS

- CAD, Pericardial effusion, Arrhythmia
- Haemothorax, Pneumothorax
- Cardiac and Respiratory Arrest
- Epilepsy, Stroke, Neuropathy, Encephalitis, Meningitis
- Sepsis
- Poisoning
- Road Traffic Accidents and Multiple Injuries
- Shock (Cardiogenic Shock, Hypovolemic Shock, Anaphylactic Shock)
- Renal Failure, ESRD
- Head Injury
- Burns
- Cirrhosis of Liver, Jaundice, and other GI diseases
- Hyper Pyrexia / Hypothermia, UTI
- Hyperkalemia / Hypokalemia
- Hyperglycemia / Hypoglycemia
- Hypertension / Hypotension
- Bronchitis, Asthma, ARDS, COPD, Pleural effusion
- Pulmonary Edema

PERSONAL DOSSIER

Gender : Female
Date of Birth : 11-05-1994
Nationality : Indian
Permanent Address : Kachalimalayil (H), Kothanalloor P O
Kottayam, Kerala, India, Pin: 686632

PASSPORT DETAILS

Passport Number : W5384577
Date of issue : 10/10/2022
Date of Expiry : 09/10/2032
Place of Issue : Cochin

VISA DETAILS

Visa Type : Residence
Date of issue : 20/08/2025
Date of Expiry : 19/08/2027

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

SARIMOL BABU