

LINTU ROBY

REGISTERED NURSE



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Linked in

Lintu roby



ADDRESS

Flat No.: 111 Street 4, Building
56 Discovery Garden, Dubai



PROFILE SUMMARY

Dedicated and skilled Registered Nurse with over 8 years of experience providing high-quality patient care in Medical & Surgical Wards, Bariatric Care, and Intensive Care Units (ICU) across reputed healthcare facilities in UAE, KSA, and India. Proven expertise in patient assessment, critical care management, medication administration, pre- and post-operative care, and emergency response. Adept at working in multidisciplinary teams, maintaining infection control standards, and ensuring patient safety and comfort. Holds DHA and SCFHS licenses with valid BLS certification. Demonstrated ability to deliver compassionate care while adhering to international healthcare protocols.

EDUCATION

2014

BSC NURSING

Rajiv Gandhi University, Bangalore

2010

HIGHER SECONDARY

Board of Higher Secondary Examination

2007

SSLC

Board of Public Examinations, Kerala

SKILLS

- Clinical Assessment
- Medication Administration
- Wound Care
- Patient Documentation
- Vital Signs Monitoring
- Infusion Pump Handling
- Ventilator Management
- Infection Control
- Emergency Response
- Critical Care Nursing
- Bariatric Care
- Medical-Surgical Nursing
- ICU Care

EMPLOYMENT HISTORY

14.08.2023 - 22.08.2025

REGISTERED NURSE

SAUDI GERMAN HOSPITAL, DUBAI

Department: Medical and Surgical Ward

- Provided comprehensive nursing care to patients in the Medical and Surgical Ward, ensuring adherence to hospital protocols and international standards.
- Monitored vital signs, assessed patient conditions, and reported significant changes to the physician promptly.
- Administered medications and intravenous therapies as per physician orders, following the five rights of medication administration.
- Assisted doctors during examinations, procedures, and minor surgical interventions.
- Performed wound care, dressing changes, catheterization, and other bedside nursing procedures.
- Maintained accurate and up-to-date patient records in the hospital's EMR system.
- Educated patients and families on post-operative care, medication compliance, and health management.

29.11.2020 - 28.11.2022

REGISTERED NURSE

AL MOOSA SPECIALIST HOSPITAL, AL AHSA KSA

Department: Bariatric Medical Surgical Ward

- Delivered specialized nursing care to bariatric patients in the Medical-Surgical Ward, ensuring adherence to hospital and international care standards.
- Monitored and recorded patients' vital signs, fluid balance, and overall health status, reporting critical changes to the physician promptly.
- Administered oral, intravenous, and intramuscular medications as prescribed, ensuring safe and accurate medication administration.

REFERENCES

- **Dr. Mark**
Internal Medicine
Phone: +971 559201696
Email: mhabib@saudigerman.com

LANGUAGES KNOWN

- English
- Malayalam
- Kannada

PERSONAL DETAILS

Nationality : Indian
D.O.B : 08.09.1991
Gender : Female
Marital Status : Married
Passport No. : I0745396

HOBBIES

- Reading
- Music
- Travelling

- Assisted Doctor preoperative and postoperative Bariatric surgery and wound care
- Provided comprehensive pre-operative and post-operative care, including wound care, dressing changes, and drain management.
- Educated patients and families on lifestyle modifications, diet plans, and post-surgical care for long-term weight management.

02.02.2016 – 10.02.2019

STAFF NURSE

KIMS AL-SHIFA HOSPITAL PERINTHALMANNA

Department: Medical ICU

- Provided critical care nursing for patients in the Medical Intensive Care Unit, adhering to hospital protocols and international ICU standards.
- Monitored and interpreted vital signs, hemodynamic parameters, and neurological status of critically ill patients.
- Administered medications, IV infusions, and titrated vasoactive drugs using infusion pumps as per physician's orders.
- Assisted with intubation, ventilator management, and arterial/central line insertion procedures.

02.05.2015- 08.01.2016

STAFF NURSE

MOTHERHOOD HOSPITAL, BANGALORE

Department: ICU

- Delivered intensive care nursing for critically ill patients, ensuring adherence to hospital protocols and patient safety standards.
- Monitored vital signs, hemodynamic parameters, and patient responses to treatment, reporting changes to physicians promptly.
- Administered medications, IV fluids, and titrated infusion therapy using syringe and infusion pumps.
- Assisted with advanced procedures such as intubation, mechanical ventilation, and insertion of invasive lines (arterial/central venous lines).
- Managed patients on ventilators, including adjusting settings and performing suctioning to maintain airway clearance.

CERTIFICATIONS & LICENSES

- **DHA License** (License No: 09694463-001)
- **Saudi Commission for Health Specialties (SCFHS) Registered Nurse** – Reg No: 2492516600
- **Basic Life Support (BLS) Certification** – Valid until July 2025

DECLARATION

Hereby declare that above mentioned information is correct to the best of the knowledge and belief.

LINTU ROBY