

JULIE DHARMISHTAN

ICU Staff Nurse — Critical Care Nurse — DHA Eligibility Letter Holder

Dubai, UAE

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Professional Summary

Compassionate and highly skilled **ICU Staff Nurse with DHA Eligibility Letter** and over **14 years of international nursing experience** across UAE, Saudi Arabia, and India. Specialized in **Intensive Care Unit (ICU), Surgical ICU, Critical Care Nursing, Emergency Care, and Gynecology Nursing**. Strong expertise in **critical patient monitoring, ventilator management, emergency response, medication administration, infection prevention, post-operative care, and multidisciplinary patient management**. Experienced in handling critically ill patients using advanced medical equipment while ensuring high standards of patient safety and healthcare compliance. Certified in **Basic Life Support (BLS)** with excellent communication, clinical assessment, and patient care coordination skills.

Core Competencies

- Critical Care Nursing
- Labour & Delivery Care
- Medication Administration
- Patient Assessment
- Post-Operative Care
- Patient Monitoring
- Clinical Documentation
- Patient Safety
- ICU Patient Management
- Surgical ICU Nursing
- Ventilator Management
- Nursing Care Planning
- Medical-Surgical Nursing
- Electronic Medical Records
- Biomedical Equipment Handling
- Healthcare Compliance
- Emergency Nursing
- Pediatric ICU Care
- Infection Control
- BLS Certified
- Cardiac Care
- HIS Software
- Team Collaboration
- Communication Skills

Licenses & Certifications

- DHA Eligibility Letter – Staff Nurse, UAE
- Basic Life Support (BLS) Certification – American Heart Association
- eLearning Certificate – Nurse Interdisciplinary Plan of Care IPOC (Wareed)
- WHO Occupational Health Safety for Healthcare Workers – COVID-19
- Skin Integrity Protocol – Nursing 2021 (Wareed)

Professional Experience

Staff Nurse

May 2021 – Mar 2026

Indian Senior Secondary School, Ras Al Khaimah, UAE

- Delivered comprehensive nursing care and first aid support to students and staff.
- Performed health assessments, medication administration, and emergency response procedures.
- Maintained accurate medical records and coordinated with healthcare providers and parents.
- Promoted infection prevention and health awareness programs within the institution.

ICU Staff Nurse

Feb 2021 – May 2021

Ibrahim Bin Hamad Obaidullah Hospital (MOH), Ras Al Khaimah, UAE

- Monitored critically ill patients in ICU and provided high-quality intensive care support.
- Assisted in ventilator management, medication administration, and emergency interventions.
- Coordinated with multidisciplinary teams for effective patient treatment and recovery.
- Maintained infection control and patient safety standards according to MOH protocols.

Staff Nurse – Delivery Room

Feb 2019 – Dec 2020

Al Lith General Hospital (MOH), Saudi Arabia

- Assisted obstetricians and gynecologists during labour and delivery procedures.
- Monitored maternal and fetal conditions before, during, and after childbirth.
- Provided postnatal care and patient education for mothers and newborns.
- Received recognition with the **Best Nurse Award** for excellent patient care.

ICU Staff Nurse
Asian Institute of Medical Science, Mumbai, India

Dec 2015 – Dec 2016

- Managed critically ill patients requiring continuous monitoring and advanced nursing care.
- Assisted in respiratory therapy, ventilator support, and emergency care procedures.
- Administered medications and maintained detailed nursing documentation.

Surgical ICU Staff Nurse
K.J. Hospital, Coimbatore, India

Jul 2012 – Aug 2015

- Delivered post-operative nursing care for surgical and critical care patients.
- Assisted in handling cardiac, nephrectomy, hepatectomy, TURP, CABG, and orthopedic cases.
- Monitored patient vitals, prepared care plans, and ensured medication safety.
- Supervised junior staff and maintained hospital equipment and supplies.

Clinical Expertise

- ICU, CCU, NICU, Pediatric ICU, Emergency Room, General Ward, Oncology, OT
- Ventilator Support and Respiratory Care
- Tracheostomy Care and Chest Physiotherapy
- Cardiopulmonary Resuscitation (CPR)
- Infection Prevention and Control
- Post-Surgical and Critical Care Monitoring
- Administration of IV Medication and Infusion Therapy

Medical Equipment Handled

- Ventilators, Defibrillator, ECG Machine, Cardiac Monitor
- ABG Machine, Syringe Pump, Infusion Pump
- NIV & BIPAP Machines
- Suction Apparatus, Nebulizer, Glucometer
- Pulse Oximeter, Laryngoscope, Echo Machine

Education

Bachelor of Science in Nursing (B.Sc Nursing)
Annai Meenakshi College of Nursing, Coimbatore, India

2007 – 2012

Awards & Achievements

- Best Nurse Award – Al Lith General Hospital (MOH), Saudi Arabia
- Recognized for excellence in patient care and compassionate nursing service

Additional Details

- Nationality: Indian
- Languages: English, Hindi, Malayalam
- Date of Birth: 02 August 1988
- Passport: Valid Indian Passport