

APARNA K

Dubai United Arab Emirates
0503736859 - aparnak070@gmail.com

WEBSITES, PORTFOLIOS, PROFILES

- <https://www.linkedin.com/in/aparna-kani-65392b300>

PROFESSIONAL SUMMARY

Accomplished registered nurse with over eight years of diverse experience in hospital and clinical settings, specializing in infection control and outbreak management. Proven expertise in implementing rigorous infection control protocols, identifying and reporting infectious diseases, and collaborating with multidisciplinary teams to ensure optimal patient outcomes. A comprehensive background across various ICU and OPD environments has honed skills in patient care, policy development, and emergency response. Dedicated to delivering high-quality healthcare and enhancing patient safety through proactive measures and continuous improvement initiatives.

KEY ACHIEVEMENTS

- Excellence In Patient Care: Achieved 95% patient satisfaction rate in ICU care.
- Emergency Response Lead: Led emergency response team achieving 98% patient survival rate.
- Infection Control Success: Reduced hospital-acquired infections through stringent protocol enforcement.

STRENGTHS

- Understanding of organizational policies
- Understanding of common health disorders
- Medication administration
- Documentation and charting
- IV setup
- Patient assessments
- Understanding of nursing theory and principles
- Medication and IV administration
- Direct patient care
- Wound care
- Critical care

WORK HISTORY

05/2024 to Current

Registered Nurse

Iranian Hospital – Dubai

- Implemented infection control protocols to enhance patient safety.
- Identified and reported all infectious diseases to DHA promptly.
- Managed emergency situations effectively, maintaining calm under pressure.
- Worked closely with fellow nurses, doctors, and clinicians for consistent communication and continued best care practices.
- Delivered life support with updated first aid and CPR training.

- 05/2021 to 12/2023 **Staff Nurse**
Raslock Hospital – Kerala
- Staff nurse in medical ICU
 - Assisted patients with healing and recovery after surgery.
 - Coordinated discharge planning for seamless transitioning into home care.
 - Ensured cleanliness and hygiene in wards, creating a sterile environment for recovery.
 - Compiled strictly with infection control protocols, preventing cross-contamination in the ward.
- 01/2021 to 03/2021 **Staff Nurse**
MOH Temporary Contract – Ras Al-Khaimah & Fujairah
- Staff Nurse in Corona ICU & Vaccination.
 - Performed daily responsibilities in Corona ICU and vaccination efficiently.
 - Achieved timely completion of tasks despite tight deadlines.
 - Adjusted work schedule to accommodate nights, weekends, and bank holidays.
- 07/2019 to 01/2021 **Staff Nurse**
Thumbay Clinic L.L.C – Dubai & Sharjah
- Staff Nurse in OPD
 - Recorded patient data for accurate medical records.
 - Monitored patient vitals and necessary signs.
 - Used Microsoft Word and other software tools to create documents and clear communications.
 - Managed wound dressing changes and promoted healing.
 - Assisted doctors during examinations and procedures, enhancing efficiency.
- 09/2017 to 04/2019 **Staff Nurse**
AKG Memorial Co-Operative Hospital – Kerala
- Staff Nurse in OPD and Medical ICU
 - Managed wound dressing changes and promoted healing.
 - Assisted doctors during examinations and procedures, enhancing efficiency.
 - Responded to emergency situations quickly within appropriate procedures.
 - Monitored patient vitals and necessary signs.
- 06/2016 to 07/2017 **Staff Nurse**
Poonoor Hospital & Research Centre – Kerala
- Staff Nurse in Medical Surgical Ward
 - Monitored patient vitals and necessary signs.

EDUCATION

- 12/2014 **B.Sc. Nursing: Post Basic**
Rajiv Gandhi University of Health Science/ Indira Gandhi College of Nursing - Mangalore, Karnataka
- 12/2012 **Diploma: Gen. Nursing & Midwifery**
Kerala Nurses & Midwives Council/AKG Memorial Co-Operative School of Nursing - Kannur, Kerala