

# ALEENA JAMES



**Registered Nurse (BSc Nursing) – DHA Eligible**

✉ **aleenapallathatty@gmail.com**    **DOB: 12/09/2000**

**Visa Status: Visit Visa**

☎ **+971 556630507**    📞 **+91 9544009235**    **Availability: Immediate**    📍 **Dubai, UAE**

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## PROFESSIONAL SUMMARY

Dedicated and patient-focused **BSc-qualified Registered Nurse with 2 years of hands-on hospital experience in Kerala, India**. DHA eligibility letter holder and currently in the UAE on a visit visa. Proven ability to deliver safe, high-quality nursing care in fast-paced hospital environments while adhering to international healthcare standards. Strong clinical, communication, and documentation skills, and willing to relocate anywhere in the UAE.

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## PROFESSIONAL EXPERIENCE

Staff Nurse – ALMAS Hospital, Kottakkal, Kerala, India  
Nov 2023 – Dec 2025    **Medical Surgical Department**

Delivered patient care in medical-surgical wards, monitoring vital signs and clinical conditions. Administered medications, IV fluids, and performed wound care and nursing procedures. Supported patients for hygiene, mobility, nutrition and prepared for diagnostic procedures and interventions.

Maintained accurate clinical documentation and educated patients and families on treatments and post-discharge care.

Ensured infection control, patient safety, and collaborated with doctors, nurses, and allied health teams.

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## LICENSE & CERTIFICATION

**DHA** : Eligibility Letter holder

**Kerala Nurses and Midwives Council (KNMC):** Registered

**BLS Certification**

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## EDUCATIONAL QUALIFICATIONS

Bachelor of Science in Nursing (BSc Nursing)

West Fort College of Nursing, Thrissur, Kerala, India (2018–2023)

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## CORE COMPETENCIES & SKILLS

Patient assessment and monitoring		IV cannulation and infusion therapy
Ryles tube insertion and management		ET tube and oral suctioning
Non-invasive ventilation (BiPAP/CPAP)		Catheterization (Foley/urinary catheter)
Wound care and sterile dressing		Infection control and safety protocols
Pre- and post-operative care		Mobility support for bedridden patients
Medication administration via different routes		Nursing documentation and reporting
Multidisciplinary team coordination		Effective communication skills
Time management and prioritization		Ability to work under pressure

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## CLINICAL EXPERIENCE / ROTATIONS

Medical-Surgical Nursing		Emergency & Trauma Care
Critical Care / ICU Exposure		Obstetrics & Gynecology
Pediatric Nursing		Community Health Nursing
Oncology Nursing		Psychiatry Nursing

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## Languages Known

English | Malayalam | Tamil | Hindi

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## Additional Information

Nationality: Indian | Passport No: Y5572853

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