



# SEENA THOMAS

## REGISTERED NURSE

### EXPERIENCE

#### REGISTERED NURSE | 25.7.2022 - 03.12.2024

PD Hinduja National Hospital and Research Centre, Mahim, Mumbai  
Department: MEDICAL SURGICAL WARD (In Patient)

- Deliver personalized and comprehensive care to individuals admitted to the unit.
- Maintain a safe and supportive environment for patients throughout their stay.
- Coordinate with team members to ensure seamless and efficient operations.
- Monitor changes in patient conditions and provide timely updates to relevant staff.
- Prepare and administer prescribed treatments, ensuring accuracy and compliance.
- Assist individuals in their recovery journey by addressing physical and emotional needs.
- Organize and document care plans and activities with precision and clarity.

### INTERNSHIP

- Internship- Government Hospital Chittoor, Andhra Pradesh.
- Participated- Free multispecialty mega health camp (Indian Red Cross Society)
- Covid-19 Duties May 2021

### EDUCATION

#### BSc NURSING | 2021

Dr. NTR University of Health Sciences: A P Vijayawada  
The Apollo College of Nursing, Chittoor

#### PLUS TWO | 2017

Board of Higher Secondary Examination, Kerala, India

#### SSLC | 2015

Board of Public Examination, Kerala, India

### SKILLS & EXPERTIZE

Patient Care	<div style="width: 80%;"></div>	Documentation	<div style="width: 85%;"></div>
Health Assessment	<div style="width: 75%;"></div>	Intravenous Therapy	<div style="width: 90%;"></div>
Care Planning	<div style="width: 70%;"></div>	Health Counseling	<div style="width: 95%;"></div>
Team Collaboration	<div style="width: 85%;"></div>	Diagnostic Support	<div style="width: 90%;"></div>
Patient Education	<div style="width: 80%;"></div>	Safety Compliance	<div style="width: 95%;"></div>
Vital Signs Monitoring	<div style="width: 85%;"></div>	Infection Control	<div style="width: 90%;"></div>
Emergency Response	<div style="width: 80%;"></div>	Communication	<div style="width: 95%;"></div>

### DECLARATION

All the information provided above is accurate and true to the best of the knowledge and belief.

SEENA THOMAS

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Dubai

### PROFILE

Compassionate and detail-oriented Registered Nurse with extensive experience in providing exceptional care in adult inpatient settings. Proficient in health assessment, medication administration, care planning, and clinical documentation. Skilled in collaborating with interdisciplinary teams to ensure patient-centric outcomes. Adept at educating patients and families, managing emergency situations, and maintaining compliance with healthcare standards and safety protocols. Strong organizational, communication, and critical-thinking abilities to deliver high-quality care and improve patient well-being.

### PROFESSIONAL LICENSE

- DHA - 24322820

### CERTIFICATIONS

- ACLS
- BLS

### LANGUAGES KNOWN

- English
- Malayalam
- Telugu
- Hindi

### PERSONAL DETAILS

Nationality : Indian  
Gender : Female  
DOB : 17.12.1999  
Marital Status : Married  
Passport No : W0258094  
Date of Expiry : 25.05.2032

### REFERENCE

Dr. T Jayanti  
Principal, Apollo College of Nursing, Chittoor