



CINCIYA JOSE (RN)

DHA ID: 44342251

CONTACT

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- Thoban Building, Flat- 310, Al Nahda, Dubai, UAE

EDUCATION

2016 - 2021

BSC.NURSING

- St. Ann's College of Nursing, Telangana, India.

2014 - 2016

PLUSTWO

- Little Flower Convent Higher Secondary School, Thrissur, Kerala, India

2013 - 2014

SSLC

- Government Girls Higher Secondary School, Thrissur, Kerala, India

KEY SKILLS

- Patient Care & Assessment
- Care Planning & Coordination
- Teamwork
- Time Management
- Leadership
- Effective Communication
- Adaptability

LANGUAGES

- English
- Malayalam
- Telugu

PROFILE

I am a compassionate and dedicated registered nurse with two years of experience. I take pride in delivering patient-centered care, working collaboratively with healthcare teams, and staying calm under pressure. I'm passionate about making a meaningful difference in my patients' lives and continually expanding my knowledge to provide the best care possible.

I bring strong clinical skills, empathy, and a commitment to safety and excellence in every aspect of my work.

WORK EXPERIENCE

Staff Nurse in Out-Patient Department (OPD) American Hospital, Dubai, UAE

15/May/2024 -
09/Sep/2025

- JCI Accredited Hospital.
- American Hospital: 254 bedded, Tertiary Care Hospital with modern Facilities.

Staff Nurse in NEURO ICU Apollo Hospital Jubilee Hills, Hyderabad

June 2021 -
September 2022

- JCI and NABH Accredited Hospital.
- Worked as a registered Nurse in Neuro Intensive Care Unit from 9th June 2021 to 20th September 2022 on full-time basis covering 48 working hours per week.
- About Apollo Hospital: 550 bedded, Tertiary Care Hospital with modern Facilities.

REFERENCE

Ms. Roscell Roldan Clinic Manager American Hospital, Dubai

Phone: +971 503951076

Email: rroldan@ahdubai.com

DUTIES AND RESPONSIBILITIES

- Assess the needs of the patients.
- Monitor vital-signs.
- Administrated medications (Pre OP & Post OP).
- Prevent the spread of infections.
- Care of unconscious patient.

INTERNSHIP

- St. Ann's College of Nursing
- November 2016 – April 2021
- Successfully Completed Six Months Internship during BSC. Nursing

CERTIFICATIONS

- BLS and ACLS (AHA CERTIFIED)

HIGHLIGHTS

- Basic IT knowledge
- MS Office
- Diploma In Office Automation

HOBBIES AND INTERESTS

- Volunteering in community health programs
- Mental health and mindfulness practices
- Reading
- Cooking healthy meals and nutrition planning
- Arts and crafts

- Admission and discharge procedure.
- Receiving and transfer of out patients.
- Collecting of blood samples.
- Ensuring advanced life support.
- Patient Education.
- Monitor blood pressure.
- Medication Administration.
- Patient assessment.
- Implementing and assessing care plans.
- Changing dressings.
- Excellent clinical documentation skills.

HANDLED SPECIFIC EQUIPMENTS

- Pulse Oximetry
- Venturi Mask
- Syringe Pump
- Suction Apparatus
- BP Apparatus
- Glucometer
- Nebulizer
- Steam Inhaler
- Invasive BP Monitor
- Feeding Machine

PROCEDURES

- Introduction of IV Canula
- Wound Care
- Tube Feeding
- Foleys Cath
- Care of central line Cath
- Pre and Post OP care
- Blood Transfusion
- Administrate Medication and Injection
- Care of TT tube patient
- ECG Taking
- ET tube suction
- Death care
- P/C Enema

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief. I take full responsibility for the authenticity of the details and will provide supporting documents if required.