



ANAGHA VV

REGISTERED NURSE



CONTACT

☎ 0547662386

✉ anaghavvkottila99@gmail.com

📍 Al Nahda , Dubai, UAE

EDUCATION

• B. Sc Nursing

Institution: Govt. Nursing College,

1500 Bedded Hospital, Kannur

Duration: 2017 - 2022

Percentage: 65.14% (First Class)

Affiliation: Kerala University of Health Sciences

• Higher Secondary Examination

Duration: 2015 - 2017

Percentage: 92.5%

Board: Board of Higher Secondary Education,

Kerala

• SSLC

Duration: 2014 - 2015

Percentage: 95%

Board: Board of Public Examination, Kerala

CERTIFICATION

• DHA Registered Nurse and Midwife

DHA ID: 73841812

Assessment Date: 23/12/2024

• Basic Life Support (BLS)

• Advanced Cardiovascular Life Support

PROFESSIONAL REGISTRATION

- Nursing Council : Kerala Nurses and Midwives Council
- Registration Number : KL03202201094
- Date of Registration : 22-08-2022
- Valid Until : 21-08-2027

PROFILE SUMMARY

Dedicated Registered Nurse with 2 years of experience in the medical-surgical ward, skilled in post-operative care, wound management, and patient monitoring. BLS and ACLS certified, with the ability to provide high-quality care and ensure patient safety in fast-paced environments. Committed to delivering compassionate, effective care to support optimal patient recovery.

WORK EXPERIENCE

REGISTERED NURSE - MEDICAL-SURGICAL WARD

(MAR 2023 - MAR 2025)

SABA HOSPITAL, PAYYANNUR

- Delivered personalized nursing interventions in a fast-paced medical-surgical ward, ensuring optimal patient outcomes.
- Assisted in surgical recovery protocols by closely monitoring vital signs, mobility, and wound healing progression.
- Conducted post-surgical assessments and coordinated multidisciplinary care for enhanced recovery.
- Provided expert support in neonatal care, including initial newborn assessment and maternal education.
- Managed enteral and urinary procedures, including nasogastric tube feedings and indwelling catheter care.
- Initiated and regulated intravenous therapies, respiratory treatments, and emergency care responses.
- Promoted safe clinical practices through rigorous hygiene compliance and sterile technique maintenance.
- Handled high-precision clinical equipment, contributing to accurate diagnostics and patient stabilization efforts.

CLINICAL PRACTICE EXPERIENCE

I have gained comprehensive hands-on experience across various specialties, managing diverse patient conditions during clinical postings.

MEDICAL AND SURGICAL SPECIALTIES:

- **Cardiology** : Hands-on experience in managing critical cardiac patients in ICU settings.
- **Neurology**: Exposure to neurological disorders and patient care in clinical and hospital settings.

SKILLS

- Patient Care Management
- Post-operative Care
- Wound Care and Dressing
- IV Therapy and Infusion Management
- Tracheostomy and Suctioning Care
- Neonatal and Maternal Care
- BLS and ACLS Certified
- Infection Control and Sterile Techniques
- Patient Monitoring and Documentation
- Catheterization and Tube Feeding
- Team Collaboration and Multidisciplinary
- Coordination
- IV Cannulation

PASSPORT DETAILS

- Passport No : W1479046
- Place of Issue : Kozhikode
- Date of Issue : 17/06/2022
- Date of Expiry : 16/06/2032

PERSONAL DETAILS

- Date of Birth : 19/06/1999
- Gender : Female
- Marital Status : Married
- Nationality : Indian

LANGUAGES

- English
- Malayalam

REFERENCES

- **Mrs. Preetha M K**
Principal, Govt. Nursing College Kannur,
Kerala
Phone: +91 9447113078
- **Mrs. Daisy Lazar**
Head Nurse, Saba Hospital, Payyanur,
Kerala
Phone: +91 9446802515

- **Pediatrics:** Practical knowledge in treating pediatric patients and managing childhood illnesses.
- **Orthopedics:** Experience in handling musculoskeletal disorders, fractures, and rehabilitation.
- **Gastroenterology:** Practical exposure to gastrointestinal conditions and related treatments.

SPECIALIZED CARE UNITS:

- **Psychiatry:** Experience in addressing mental health issues and psychiatric care.
- **Emergency Medicine:** Skilled in handling emergency cases, trauma, and urgent medical conditions.
- **Burns ICU:** Involved in the critical care of burn patients, including wound management and recovery.

OTHER MEDICAL DISCIPLINES:

- **ENT (Ear, Nose, and Throat):** Experience in diagnosing and treating ENT-related conditions.
- **Dermatology:** Hands-on practice in diagnosing and treating various skin conditions.

EQUIPEMENTS USED

- ECG machine
- Nebulizer
- Steam inhalers
- Radiant warmer
- Portable fetal Doppler
- Ambu bag, cardiac monitor
- IR light
- NST machine
- Suction apparatus
- Oxygen concentrator

WORKSHOPS ATTENDED

- Emergency Nursing & Essentials Apex Trauma and Emergency Learning Center, Thiruvananthapuram, April 23, 2022
- Reflective Practice INSCOL, Kochi, February 16, 2022
- Nationwide Capacity Building for Nursing Professionals (COVID-19) Director General of Health Services, February 09, 2022
- Lactation Management Counselor Training Indian Academy of Paediatrics, 2021

AREAS OF INTEREST

- Medical Ward
- Surgical Ward
- OBG Ward
- Medical ICU
- Surgical ICU
- Newborn ICU

DECLARATION

I hereby declare that the above mentioned statement is correct and true to the best of my knowledge and belief.

ANAGHA VV