

ASHAHAR B

REGISTERED NURSE

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PROFESSIONAL SUMMARY

Experienced and dedicated DHA Licensed Registered Nurse with 4+ years of expertise in ICU, emergency care, COVID-19 management, and primary healthcare. Skilled in-patient monitoring, critical care procedures, triage, and first aid. Proficient in medical documentation, infection control, and clinical workflow coordination. Strong ability to educate patients, support recovery, and collaborate with multidisciplinary healthcare teams. Committed to delivering high-quality care while ensuring patient safety and satisfaction.

KEY SKILLS

- Patient Care & Monitoring (ICU & Emergency)
- Triage & Emergency Response
- Critical Care & Medical Procedures
- COVID-19 Patient Management & Isolation Protocols
- First Aid & Basic Life Support (BLS)
- Infection Control & Hospital Safety Protocols
- Patient Transport & Mobilization
- Medical Documentation & Record-Keeping
- Clinical Workflow & Healthcare Coordination
- Health Education & Patient Counseling
- Primary Healthcare & Preventive Services
- Team Collaboration & Multidisciplinary Support

WORK EXPERIENCE

STAFF NURSE [MEDICAL ICU] (MAR 2023 - JUL 2025)

LINK NURSE (JUL 2023 - JUL 2025)

ALMAS HOSPITAL, KOTTAKKAL, MALAPPURAM, KERALA

- Provided critical care to ICU patients, monitoring vital signs and administering medications.
- Assisted in advanced medical procedures and supported multidisciplinary healthcare teams.
- Maintained accurate patient records, reports, and medical documentation.
- Educated patients and families on care plans, treatments, and recovery processes.
- Ensured strict adherence to infection control and hospital safety protocols.
- Coordinated between departments for patient care continuity.

NURSING OFFICER (DEC 2021 - JAN 2022 & NOV 2022 - JAN 2023)

EMERGENCY MEDICAL CENTER, SABARIMALA HEALTH, NILAKKAL

- Provided first aid and emergency care to patients with illness or injury.
- Assisted in mobilizing and transporting critically ill or injured persons safely.
- Performed triage to prioritize care based on patient condition.
- Monitored patient status and provided initial stabilization during emergencies.
- Maintained emergency medical equipment and supplies in readiness.
- Coordinated with doctors and paramedics for effective patient care delivery.

STAFF NURSE - COVID ISOLATION WARD (JUL 2021 - OCT 2021)

KINFRA COVID HOSPITAL, KANJIKODE

- Provided care to COVID-19 positive patients, monitoring symptoms and vital signs.
- Administered medications and oxygen therapy as prescribed by physicians.

- Implemented strict infection prevention and control protocols to reduce transmission.
- Assisted in patient documentation, reports, and discharge planning.
- Supported medical staff in emergency interventions and patient monitoring.
- Ensured patient hygiene, comfort, and mental well-being during isolation.

STAFF NURSE [PRIMARY HEALTH CENTRE] (FEB 2019 - MAY 2021)

PHC SEETHATHODE, PATHANAMTHITTA, KERALA

- Delivered primary healthcare services including vaccinations, wound care, and health check-ups.
- Monitored patient conditions and maintained comprehensive medical records.
- Assisted in minor procedures and preventive healthcare programs.
- Educated community members on hygiene, nutrition, and disease prevention.
- Managed medical supplies and ensured proper storage and usage.

EDUCATION

- **BSc. NURSING** (2014 - 2018)
Institute of Nursing Education, School of Medical Education, Chuttipara, Pathanamthitta (Dt) Kerala
- **HIGHER SECONDARY** (2012 - 2014)
GHSS Chittar, Pathanamthitta (DT)
Kerala State Board
- **SSLC** (2012)
GHSS Chittar, Pathanamthitta (DT)
Kerala State Board

CERTIFICATION

- **BSc Nursing Certified**
REGNO: KLO3202206179
Date of Reg: 28/12/2022
- **ACLS & BLS Certified**
- **Infection Control Department-Link Nurse**

LICENSE

- DHA unique ID: 91363888 - DHA Expiry: 25/06/2026

SOFTWARES & TOOLS

- MS office - Word • Basic operations • Internet & Email

LANGUAGES

English | Malayalam | Hindi | Tamil

ADDITIONAL INFORMATION

- Date of Birth : 17/05/1996
- Nationality : Indian
- Passport No : V7935062
- Date of Expiry : 08/03/2032