



# •Vidhya Alexander

( Registered Nurse )

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## Education

**Dr. MGR University** 2015-2019  
Bachelor of Science in Nursing

**Board of Higher Secondary Kerala** 2013-2015  
Biology science

## Summary

Dedicated and compassionate registered nurse with 1.5 years of expertise in plastic reconstructive and aesthetic departments and 2.3 years of medical-surgical ward experience. Proven skills in surgical assistance, wound care, medication administration, PRP, hair transplant assistance, and cosmetic procedures. Holding a valid DHA Unique ID (52964970) and Basic Life Support certification. I am committed to delivering safe, high-quality patient care in multidisciplinary healthcare teams.

## Language

- English
- Hindi
- Tamil
- Telugu

## Key Achievements

Customized Patient-Centered Treatment Protocols

Played a key role in improving treatment outcomes by customizing protocols based on individual skin types and responses.

## Experience

**Aster medcity** 2024 - 2025  
Staff nurse

- Assisted surgeons in reconstructive and aesthetic procedures flap surgeries, Burns treatments, breast reduction, rhinoplasty, gender surgery, abdominoplasty, Botox, PRP, hair transplant, microneedling, and micropigmentation

- Managed pre- and post-operative patient care, including wound dressing and recovery monitoring
- Maintained sterile techniques and assisted in OT procedures
- Provided patient counseling for cosmetic and reconstructive procedure
- Offered post-transplantation care, including monitoring flap and graft site care

**Continental hospital** 2020 - 2023  
Team leader

- Monitored vital signs and managed IV therapy, including medication administration, Chemotherapy, Blood and blood products transfusion
- Supplied direct nursing care to patients with medical and surgical conditions
- Assisted doctors during procedures and emergency interventions
- Performed clinical procedures including Catheterization, IV cannulation nad Ryles tube insertion

**Gs polyclinic** October 2025 - Till  
Registered nurse

Received consistent positive feedback from patients for professionalism, care, and clear communication during laser and nursing procedures.

Botox  
Filler  
PRP  
Microneedling  
Face therapy

## Reference

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**Dr paul George**

*Aster medcity*

HOD of Plastic, Reconstructive and aesthetic surgery +91 95443 90178

## Certification

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DHA Unique ID (52964970) and Basic Life Support certification(BLS)

## Skills

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•Clinical & Nursing Skill: Patient assessment and care planning Basic life support (BLS) and emergency response Medication administration and IV therapy Accurate medical documentation

•Plastic reconstructive and aesthetic skills Skin graft meshing Jackson and Romovac application Scar revision Harvesting hair follicles Extracting hair follicles from donor areas Botox injection Vampire facial Micro needling Scar revision Suturing

•Technical & communication skills: Patient counseling and rapport building Documentation and record-keeping (manual and digital) Basic computer proficiency (Microsoft Office, email, EMR systems) Strong interpersonal and teamwork abilities