



# MAYA THOMAS

**Address** : Dubai, United Arab Emirates  
**Phone** : +971 543739021  
**Email** : mayanithin1992@gmail.com  
**License** : Dubai Health Authority (DHA)

## PROFESSIONAL SUMMARY

DHA-licensed Registered Nurse with 7+ years of clinical experience in Emergency and Medical-Surgical units across Saudi Arabia and India. Skilled in triage, CPR, BLS, ACLS, and critical care response. Strong in patient safety, medication administration, EHR documentation, and interdisciplinary teamwork. Recognized for calm, compassionate care under pressure and commitment to quality healthcare delivery. Actively seeking opportunities in the UAE or GCC region.

## WORK EXPERIENCE

### Registered Nurse – Emergency Department

Sep 2025 – Present

Aster Hospital – UAE

- Managing emergency cases, triage, and immediate stabilization of critically ill patients.
- Performing life-saving procedures such as CPR, airway management, and emergency medication administration.
- Maintaining accurate patient records in EHR systems to support high-quality care.
- Collaborating with doctors and nurses to ensure smooth coordination in high-pressure scenarios.

### Registered Nurse – Emergency Department

Jul 2019 – Oct 2024

Huraymala General Hospital – Riyadh, Saudi Arabia

- Provided urgent care for trauma, cardiac arrest, and high-acuity patients through skilled triage and rapid interventions.
- Administered emergency medications and performed CPR, airway management, and stabilization procedures.
- Ensured timely and accurate EHR documentation for patient safety and continuity of care.
- Supported patients and families during critical situations with empathy, calm, and professional communication.

### Registered Nurse – Medical Surgical Ward

Mar 2016 – Jul 2018

Jehangir Hospital – Pune, India

- Delivered patient care including medication administration, wound care, and monitoring vital signs.
- Coordinated with physicians and multidisciplinary teams to execute care plans effectively.
- Educated patients and families on diagnoses, discharge instructions, and health maintenance.
- Maintained accurate records and ensured smooth shift handovers in a fast-paced clinical setting.

## EDUCATION

### Bachelor of Science in Nursing (B.Sc. Nursing)

Jul 2011 – Jul 2015

Holy Cross College of Nursing – Kerala, India

## CERTIFICATIONS

- Dubai Health Authority (DHA) License – License No: 84928712
- ACLS – Advanced Cardiovascular Life Support
- BLS – Basic Life Support

## CORE COMPETENCIES

- Emergency Care & Triage
- Cardiopulmonary Resuscitation (CPR)
- BLS & ACLS Procedures
- Medication Administration
- Intubation & Ventilator Support
- Electronic Health Record (EHR) Management
- Wound Dressing & Patient Hygiene
- Critical Thinking & Rapid Decision-Making
- Patient & Family Education
- Crisis Response in High-Pressure Situations
- Multidisciplinary Collaboration
- Time Management & Adaptability

## TECHNICAL SKILLS

- MS Office (Word, Excel, Outlook)
- Hospital Information Systems (HIS)
- Electronic Medical Records (EMR/EHR)
- Patient Monitoring Systems (e.g., ECG, Pulse Oximeter)
- Medication Administration Record (MAR) Software
- Clinical Decision Support Systems (CDSS)
- Digital Vital Sign Charting Tools
- Nursing Shift & Handover Documentation Platforms

## LANGUAGES

- English
- Hindi
- Arabic
- Malayalam

## ADDITIONAL INFORMATION

### REFERENCES :

Madam Rosario C. Bernardo - Nursing Director, Huraymala General Hospital, Saudi Arabia | ruh.hos.hh@moh.gov.sa | +966 532072786  
 Mrs. Nirmala Iyer - Nursing Director, Jehangir Hospital, Pune, India | info@jehangirhospital.com | +91 8888851227

- Willing to work flexible shifts, including weekends and public holidays
- Available for immediate joining within UAE or GCC region