

ANUSREE MATHAMANGALATH

Registered Nurse | DHA License Holder | Medical-Surgical, Pediatric & critical Care Specialist

Phone: +971 568195585 | Email : manusree243@gmail.com | Location: Dubai, United Arab Emirates,

NATIONALITY Indian

LINKS [LinkedIn](#)

PROFILE Dynamic and compassionate Registered Nurse (DHA licensed) with 4+ years of clinical excellence in pediatrics, medical-surgical, and intensive care (ICU) units within multi-specialty hospitals. Adept in evidence-based nursing, emergency response, and comprehensive patient management, with proven success in promoting patient safety, comfort, and rapid recovery. Demonstrated expertise in critical care procedures, medication administration, and multidisciplinary collaboration to ensure continuity of care. Recognized for professionalism, empathy, and consistent adherence to JCI, DHA, and infection control standards. Currently based in Dubai and available for immediate deployment in hospital or clinic settings.

PROFESSIONAL EXPERIENCE Staff Nurse – Pediatrics & Medical Ward - 3 Years 6 Months, (Oct 2021 - Apr 2025)
Cooperative Hospital (300 Bedded) Thalassery, India

- Delivered comprehensive nursing care to pediatric and adult patients in medical and surgical wards, ensuring adherence to hospital protocols and evidence-based nursing standards.
- Conducted thorough patient assessments, monitored vital signs and developmental milestones, and promptly reported clinical abnormalities to physicians for timely intervention.
- Administered oral, IV, and intramuscular medications accurately in line with the five rights of medication safety and maintained precise documentation in EMR systems.
- Implemented infection control and hygiene protocols, ensuring a sterile environment and reducing healthcare-associated risks among vulnerable patients.
- Supported physicians during diagnostic procedures, minor treatments, and emergency interventions, demonstrating calmness and efficiency under pressure.
- Provided age-appropriate education and emotional support to patients and their families, promoting treatment compliance and smooth recovery post-discharge.
- Collaborated effectively with multidisciplinary healthcare teams to coordinate individualized care plans and enhance overall patient outcomes.

Staff Nurse – Medical Ward & Medical Intensive Care Unit (ICU) , 1 Year 4 Months
(Jun 2020 - Oct 2021), Government District Hospital (616 Bedded) Kannur, India

- Delivered round-the-clock, evidence-based care for critically ill medical patients within a high-acuity ICU environment.
- Operated and monitored ventilators, infusion pumps, cardiac monitors, and defibrillators, ensuring device functionality and patient safety.
- Administered IV infusions, medications, and emergency drugs, adhering to international safety protocols.
- Performed comprehensive nursing assessments and care planning, ensuring continuity of patient management.
- Supported physicians during diagnostic procedures, resuscitations, and invasive interventions.
- Conducted BLS and ACLS interventions during code blue situations with accuracy and confidence.
- Maintained accurate clinical documentation in both paper-based and electronic health record (EHR/EMR) systems.

SKILLS	Patient Assessment & Monitoring	Patient & Family Education
	Medical-Surgical Nursing	Clinical Documentation (EHR/EMR)
	Pediatric Nursing	Care Planning & Implementation
	Critical Care & ICU Procedures	Multidisciplinary Team Collaboration
	Emergency & Trauma Response	Quality Assurance & Auditing
	IV Insertion & Medication Administration	Communication & Empathy
	Ventilator & Oxygen Therapy	Problem Solving
	Pre- & Post-Operative Care	Adaptability & Flexibility,
	Wound Dressing & Management	Time Management,
	Infection Prevention & Control (IPC)	Cultural Sensitivity

KEY ACHIEVEMENTS

- Provided high-quality nursing care to critically ill and pediatric patients, ensuring safe clinical outcomes and family-centered support.
- Played a vital role in emergency interventions and ICU resuscitations, maintaining composure and precision under pressure.
- Implemented infection prevention protocols and medication safety practices, contributing to improved patient safety indicators.
- Actively participated in departmental audits and quality improvement initiatives, enhancing patient care efficiency and compliance.

CERTIFICATIONS

- Dubai Health Authority (DHA) License: 19010147
- Advanced Cardiovascular Life Support (ACLS)
- Basic Life Support (BLS)

EDUCATION**Nov 2019**

Bachelor of Science in Nursing (B.Sc. Nursing), Kerala
University of Health Sciences, Thrissur, Kerala, India

Mar 2015

Higher Secondary Education, Kerala Higher Secondary Education
Board

LANGUAGES

English

Malayalam

Hindi

Tamil

REFERENCES

References available upon request